

Parul Institute of Ayurved &  
Parul Institute of Ayurved & Research

# **KEY ACTIVITIES REPORT**

**AUGUST/SEPTEMBER-2021**



Consistency is the fruit of success. The more you do something effectively and with a goal in mind, the better you will get at it and the more you will feel fulfilled. The road to success comes through hard work, determination and sacrifice. With such a high spirit faculty of Ayurveda has tirelessly worked in the month of August-September for betterment of health and knowledge seekers. During these Month's Camps, Webinars, Podcast series, Seminar, Guest lectures, Various workshop and also Inauguration of Azadi ka Amrit Mahotsav which was centred on incentivizing innovation and empowering start-ups towards building the Atmanirbhar Bharat was conducted.



In the month of August-September PIA and PIAR have conducted more than 20 webinars on topics like Haemorrhoids and its current management, Cupping therapy and its clinical application, Rationality of Ashtavidha shastrakarma in clinical practices, Management of Ardhavabhedaka with special reference to Migraine, Clinical Utility of Shashti Upakrama, Role of Jalaukavacharana in Netra roga, Shoulder dislocation overview, Understanding of pathogenesis, treatment of Anantavata and Shankhaka Shiroroga with contemporary science, Gastro Intestinal Endoscopy etc

**SAMSIDDHI**  
International Conference  
**2021** From August 15  
to September 12

21+ Days | 42+ Sessions | In English  
45+ Speakers | 100+ Learning Hours  
Paper, Poster & Quiz Competitions  
Certificate for all Reg. Participants

Organized by  
Ayurveda College  
Coimbatore

Priority Sponsored by  
DIKSHA E-Learning

**Surgical  
Anatomical  
Concept of  
Marma**

Dr Bhagavan Kulkarni

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6:00 PM | Aug 18, 2021

<https://bit.ly/samsiddhi2021>

www.samsiddhi2021.com  
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Parul University, Faculty of Ayurved &  
**The Association of Shalakya Tantra**  
Jointly organizing  
**WEBINAR SERIES ON SHALAKYA TANTRA**  
Theme - Clinical Aspects in Shalakya Tantra  
Topic- Understanding of pathogenesis, treatment of Anuraktava and Shukhshuka Shiroanga with contemporary science.

**Guest Speaker**  
**Dr. Munna Kumar**  
Assistant Professor,  
Department of Shalakya Tantra,  
Govt AYUSH Ayurved College Hospital,  
Begusarai, Bihar.

**Regards**

**Dr. Hemant Pathak**  
Dean,  
Faculty of Ayurved,  
Parul University.

**Dr. Harishwar Rao**  
President,  
TAD India

**Dr. Manish Kumar**  
General Secretary,  
TAD India

**STAY TUNED :**  
**08 SEPTEMBER | 7:00 PM TO 8:00 PM** <https://meet.google.com/ojk-hyba-qnh>  
[www.paruluniversity.ac.in](http://www.paruluniversity.ac.in)

Volunteers are the only human beings on the face of the earth who reflect this nation's compassion, unselfish caring, patience, and just plain loving one another. There is incredible value in being of service to others. Parul Ayurveda Hospital & Khemdas Ayurveda Hospital organised more than 20 Health Camps with special Cardiac Camp which have benefitted many patients.



## Achievements and Awards:

**Parul®**  
Ayurved Hospital

### Congratulations

Dr. Hemant Sir for  
All India Surgeons  
Encyclopedia Advisory  
Committee for Ayurveda  
surgeons from Gujarat state



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It is very fortunate to have a leader who works very hard and encourages others to do so. Our Dean, Dr. Hemant D Toshikhane has been selected as a member of All Indian Surgeons Encyclopedia Advisory committee for Ayurveda surgeons from Gujarat state.

The price of success is hard work, dedication to the job at hand and the determination that whether we win or lose, we have applied the best of ourselves to the task at hand. Dr Satej Banne, Associate Professor, Dept. of Dravya Guna, awarded with the "Best PhD Thesis Award" from Ayurved Teachers Association, Dept.of Shalakya Tantra, PIA, Parul University for being awarded with the "National Best Teacher Award-Shalakya Tantra" by Ayurveda Teachers Association, Dr Nimesh. P. Sangode, Associate Professor, Dept. of Rachana Shareera,PIAR, Parul University awarded with Faculty Coordinator of the Week for his hard work and determination for the smooth conduction of an offline event organised by the Faculty of Ayurved, Dr Prasanna Mathad received Indian Glory Award 2021 in the field of Research and innovation. Dr. Amit Upasani- Associate Professor & HOD, Dept. of Samhita-Siddhanta, Parul Institute of Ayurved and Dr. Shivkant Sharma- Assistant Professor, Dept. of Shalakya Tantra, Parul Institute of Ayurved bagged the prestigious "Best Teacher Award" on the occasion of Teacher's Day Celebration.

**Parul®**  
Ayurved Hospital

### Congratulations

Dr Satej Banne Sir  
for getting  
Best PhD Thesis Award  
by Ayurved Teachers  
Association



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**Parul®**  
University | Technical  
Events Cell

### Congratulations

#### FACULTY COORDINATOR OF THE WEEK

(26<sup>th</sup> JULY - 1<sup>st</sup> AUGUST 2021)



**Dr. Nimesh P Sangode**

Parul Institute of Ayurved and Research

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## CONGRATULATIONS

Dr. Manjari Keskar for being awarded with the National Best Teacher- Shalakya Tantra by Ayurved Teachers Association



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Congratulating

Dr. Prasanna Mathad

Professor and HOD department of  
Rasashastra and bhaishajya kalpana,  
Parul institute of Ayurved and research



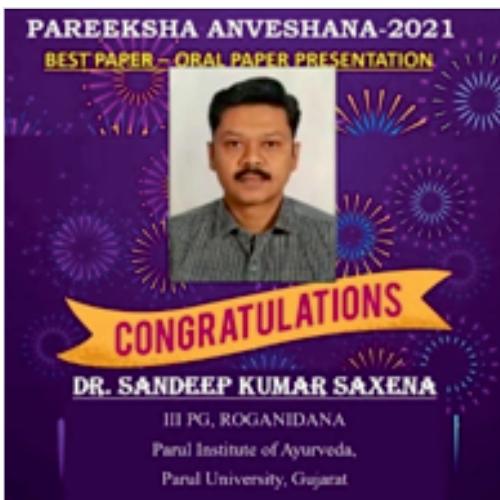
For receiving INDIAN GLORY AWARD 2021  
in the field of Research and Innovation.

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Dr. J.K. Patel Memorial Academic and Research Performance Award- 2021 were given to the faculties of Ayurveda. Congratulations to our Teaching Faculties for bagging the prestigious award 1) Dr Sachin Deva 2) Dr Divya Deva 3) Dr Shailesh Deshpande 4) Dr Vaishali Deshpande 5) Dr Vaidehi Raole 6) Dr Ajith Wahane 7) Dr Prasanna Mathad 8) Krishna Rathod 9) Dr Ashokan 10) Dr Manjiri Keskar 11) Dr Mauli Vaishnav 12) Dr Khemchandra Mahajan 13) Dr Aparna Bagul 13) Dr Arjun Mohan 14) Dr Nirmala S 15) Dr. Satej B 16) Dr. Arun M



Dr. Sandeep Kumar Saxena, Final Year P.G Scholar, Dept of Roga Nidana, Parul Institute of Ayurved, Parul University awarded with the "Best Paper Presenter" in Pareeksha Anveshana-2021, organized by JSS Ayurveda Medical College, Mysuru, Karnataka.



Dr. Sonam Rohilla, Final Year P.G Scholar, Dept. of PTSR, Parul Institute of Ayurved, Parul University secured 2nd position in Best P.G Thesis Presentation at 3rd National Conference at Pune, Maharashtra- ATACON-21



Dr Jinal Patel 1st year PG Scholar from the Dept. of Roga Nidana evum Vikriti Vigyana Received 1st price in Paper presentation competition In National Level Paper presentation in Stanyamritam seminar arranged by the Dept. of Kaumarbhritya, PIA

Shruti Oza (Parul Institute of Ayurved & Research) bagged 2nd place for the solo song competition. Khushali Trivedi (Parul Institute of Ayurved & Research) bagged 2nd place in poetry competition at National Service Scheme Day-2021 organised at Kutch University.



12 teams were selected from the faculty of Ayurveda for M2M (Mind 2 Market) Research Projects which is a part of Gujarat students start up and innovation hubs funded by Govt. of Gujarat.



Innovation Expo was organised by the Faculty of Ayurveda, Parul University to bring out the innovative and new ideas of the young scholars for the development of Ayurveda.



**18 PU teams bag state govt grant**

TIMES NEWS NETWORK

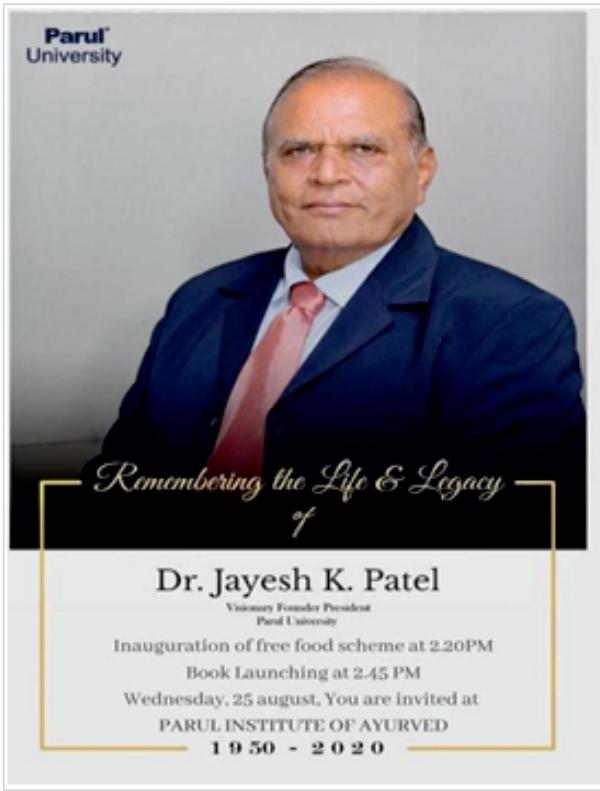
**Vadodara:** As many as 18 teams of students of city-based Parul University (PU) have bagged a total amount of Rs 11.30 lakh towards identifying key startups and supporting the students till they are successful. The students bagged the grant during the recently held inauguration of 'azadi ka amrit mahotsav' and the expo focused on 'incentivizing innovations and empowering startups. Towards the building of Atmanirbhar Bharat' organized at the Knowledge City of Gujarat (KCG).

The gathering was part of Gujarat student start-up and innovation hub's mission to market (M2M) innovation, a spurring innovation challenge and the M2M toy innovation challenge.

The awarded teams received the grants across two major streams of the M2M initiative, including the M2M innovation challenge, innovation challenge and the M2M toy innovation challenge.

A total of 12 teams were awarded the grant under the M2M herbal ayurveda innovation challenge, while six teams were awarded under the M2M toy innovation challenge. The awarded projects will be proceeding further with the intent to support PU's entrepreneurship development centre.

"We are proud to make many of our students making strides in the entrepreneurship and innovation," said PU president Dr Devanahru Patel.



Leadership is not about titles, positions or flow charts. It is about one life influencing another. In the Loving Memory of Late Dr. Jayesh K. Patel, Founder President of Parul University- Free Food Scheme was inaugurated for the IPD patients at Parul Ayurved Hospital on his 1st Punyatithi. With this university has also organised J.K. Patel Memorial Mega Blood check-up camp, Health Check-up camps, J.K. Patel Memorial Research Award and Published a book written by the late President J.K. Patel.

If you can't feed a hundred people, then feed just one. Food is a basic thing that every living being must have. The life is more meaningful if you live not only for yourself, but helping others.



Mega Blood Pressure & Body Constitution Check Up Camp was organised by the Faculty of Ayurved from 16th August to 23rd August 2021 at different institutes of Parul University in which more than 5000 people participated.



Many inhouse Ayurveda faculties were invited as guest speakers for delivering lectures by different Universities and colleges across India.

**Ayurved Seva Sangha's  
Ayurved Mahavidyalaya, Nashik**  
Ganeshnath, Panchavati, Nashik-422003  
(Email ID : [asangha@gmail.com](mailto:asangha@gmail.com))

**National Webinar on "Update in Marma Chikitsa"**  
Organized by - Department of Shalyatana

Date : Thursday, 5 Aug 2021      Time : 3 to 5 pm  
Resource Persons

Time	Presenter	Topic
3.00 pm to 4.00 pm	Dr. Virendra Kulkarni M.D. (Ayurved) Consultant Marma Chikitsa	Marma & Application of Marma Chikitsa
4.00 pm to 5.00 pm	Dr. Hemant Patilkar M.D. (Ayurved) Professor & Head, Faculty, Marma, Parul University	Marma as Diagnostic Points & Management

**Guests of Honour**

Dr. Ambadekar Mukund Professor, Ayurved Seva Sangha Hospital	Dr. Atul Kulkarni Secretary, Ayurved Seva Sangha Hospital	Dr. S. S. Desai M.S. Ayurved Marma Chikitsa Hospital
Dr. Vinay Sambarkar M.D. (Ayurved) Dept. of Marma Chikitsa Dept. of Ayurved, Parul University	Dr. Pandit Joshi Associate Professor Dept. of Marma Chikitsa Dept. of Ayurved, Parul University	Dr. Ravindra Patilkar Associate Professor Dept. of Marma Chikitsa Dept. of Ayurved, Parul University

Registration is Free! but mandatory For E-Certificate  
E-Certificate will be sent on the Email ID of the registered participants  
Registration Link : <https://forms.gle/WiH0Dp0qKmzvLw>  
Invitation Link of webinar : <https://www.youtube.com/watch?v=UdI-Wm9p444>

**GOKUL GLOBAL UNIVERSITY**  
**GOKULAYURVEDIC COLLEGE**  
ORGANIZES GUEST LECTURE

**OCCASION OF WORLD HEART DAY**

**Topic:**  
Symptomatology and Investigations in Cardiac Disorders

**Date :** 29 SEPTEMBER 2021  
**Time :** 11:00 AM to 12 NOON

**Speaker:**  
Dr. Sanket Dave  
Associate Professor B.H.D.,  
PG & PhD Department of Physiology,  
P.G. Parul University, Vadodara, Gujarat.

**Dr. Sunil Joshi**  
Dean - Faculty of Ayurveda

**Dr. Vedvyaas Dwivedi**  
Vice - Chancellor, GGU

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**JSS MAHAVIDYAPEETHA**  
**JSS AYURVEDA MEDICAL COLLEGE & HOSPITAL, MYSURU**

**WORLD SUICIDE PREVENTION DAY-2021**

**Webinar on Theme – "CREATING HOPE THROUGH ACTION"**

In Commemoration With 100<sup>th</sup> Jayanthi Celebration Of  
Dr. Sri Shivarathri Rajendra Mahaswamiji

Organised by  
Department of Agada Tantra in Association with NSS Unit

**CONVENOR**  
  
**Dr. Sarbeswar Kar**  
Principal

**Co-Convenor**  
  
**Dr. Rajesh A. Udepudi**  
Dean

**Guest Speaker**  
  
**Dr. Kinjin. G. Krishna**  
Asst. Prof., Dept. of KC  
Parul Institute of Ayurveda  
Vadodara, Gujarat

**WAKI Online Session:**  
His Holiness Jagadguru Sri Shivarathri Deshikendra Mahaswamiji  
Sri Veerasimhanasa Mahasamethana Math, Sathya Sri Kshetra

**Organizing Team**

 Dr. Jagannath Professor and HOD	 Dr. Palash T.C. Asst. Professor	 Dr. Mandar Joshi Asst. Professor
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**Date** 16 **SEPTEMBER 2021** **11:00AM**  
**LIVE ON**     
**All are cordially invited**

Guest speakers were invited from various fields and colleges across India for delivering a Guest lecture to the students of PIA And PIAR. Guest speakers: Dr Satish GI Associate Professor, PG Dept. of Roga Nidana evum Vikriti Vigyana, JSS Ayurveda Medical College, Mysore, Dr. Kalpana Sathe, Professor & HOD, Dept. of Kriya Shareera, J.S Ayurveda Mahavidyalaya, Nadiad, Gujarat

Faculty of Ayurved, Parul University hosted one day CME for general practitioners in collaboration with Himalaya wellness company. The event was taken over by Dr Divya Deva Associate Professor, Dept. of Panchakarma PIAR for a scientific lecture presenting practical aspects of Panchakarma, showed highlights and expert services of PAH and Khemdas Ayurveda hospital and success stories



## Seminar

National Seminar- Stanyamrutam was organised on the occasion of World Breastfeeding Week-2021 by the Dept. of KaumARBHRTYA, Parul Institute of Ayurved, Parul University which was inaugurated by Dr Virendra Kori ITRA Jamnagar. National level Paper and Poster competition was also held for the same.



With all this even Podcast series was also continued in which more than 10 Podcast was conducted on different topics like Parkinson's disease, Role of Ayurveda in mental Health, Lifestyle disorder's and its Ayurvedic management etc

**Ayurveda Talks @ PU**

**PARKINSON'S DISEASE IN AYURVEDA**

Moderator: Dr. Anjana Assistant Professor, Davyaguna Department, PIA

Speaker: Dr. K. Chandrasekhar, Professor, Rogidaids Department, PIA

**Talk Shows of Ayurveda Experts**  
An initiative by  
Parul Institute of Ayurveda & Parul Ayurved Hospital  
Parul University, Vadodara  
Contact: 9099997082  
<https://www.facebook.com/parulinstofayurveda/>  
<https://www.youtube.com/user/parulayurveda/>  
<https://open.spotify.com/show/4Aky7qgC1wqfIu45h-1942-d33955d02f5A4d-branch-1>  
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**Ayurveda Talks @ PU**

**DISCUSSION ON ROLE OF AYURVED IN MENTAL HEALTH**

Moderator: Dr. Anjana Assistant Professor, Davyaguna Department, PIA

Speaker: Dr. Radhika G. Krishna Consultant Ayurved and Ayurvedic Professor in Kayachikitsa Department, PIA

**Talk Shows of Ayurveda Experts**  
An initiative by  
Parul Institute of Ayurveda & Parul Ayurved Hospital  
Parul University, Vadodara  
Contact: 9099997082  
<https://www.facebook.com/parulinstofayurveda/>  
<https://www.youtube.com/user/parulayurveda/>  
[www.paruluniversity.ac.in](http://www.paruluniversity.ac.in)

## Days Celebrated

Various occasions were celebrated by the faculty of Ayurveda like World Heart Day, Teachers Day, Ganesh Chaturthi etc which intern help students to understand the importance of that occasion



Under The Banner of Azadi ka Amrit Mahotsav various activities were conducted by the Faculty of Ayurveda like Organizing Various Health Camps, Distribution of Medicinal plants, Guest Lectures, Door to Door awareness program etc was done.



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6T

## Competitions

Various competitions were organised by PIA and PIAR on different occasions which helped the students to grow more in the field of Ayurveda



## Workshops

Many workshops were conducted in PIA and PIAR by the faculty of Ayurveda like RMBS, BLS training, Fire safety, Eye exercise etc





Online Pre-PG mock test was arranged for the PG aspirants of Ayurveda under Free AIAPGET preparation sessions which was beneficial to the aspirants from all over India.

## MoU's

Many MoU were signed with famous drug companies like Dhootpapeshwara, Nethika naturals, Vasu etc in the months of Aug-Sept which will help our students to grow in the field of ayurvedic pharmaceuticals





# Parul<sup>®</sup> University

## **FACULTY OF AYURVED, PARUL UNIVERSITY**

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Web : [www.paruluniversity.ac.in](http://www.paruluniversity.ac.in)

