

# KEY ACTIVITIES REPORT

AUGUST/SEPTEMBER-2021



Consistency is the fruit of success. The more you do something effectively and with a goal in mind, the better you will get at it and the more you will feel fulfilled. The road to success comes through hard work, determination and sacrifice. With such a high spirit faculty of Ayurveda has tirelessly worked in the month of August-September for betterment of health and knowledge seekers. During these Month's Camps, Webinars, Podcast series, Seminar, Guest lectures, Various workshop and also Inauguration of Azadi ka Amrit Mahotsav which was centred on incentivizing innovation and empowering start-ups towards building the Atmanirbhar Bharat was conducted.



In the month of August-September PIA and PIAR have conducted more than 20 webinars on topics like Haemorrhoids and its current management, Cupping therapy and its clinical application, Rationality of Ashtavidha shastrakarma in clinical practices, Management of Ardhavabhedaka with special reference to Migraine, Clinical Utility of Shashti Upakrama, Role of Jalaukavacharana in Netra roga, Shoulder dislocation overview, Understanding of pathogenesis, treatment of Anantavata and Shankhaka Shiroroga with contemporary science, Gastro Intestinal Endoscopy etc

**SAMSIDDHI**  
International Conference  
**2021** From August 15  
to September 12

21+ Days | 43+ Sessions | In English  
45+ Speakers | 100+ Learning Hours  
Paper, Poster & Quiz Competitions  
Certificate for all Reg. Participants.

Organized by  
Ayurveda College  
Coimbatore

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DIXSHA E-Learning

**Surgical  
Anatomical  
Concept of  
Marma**

**Dr Bhagavan Kulkarni**

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6:00 PM | Aug 18, 2021

<https://bit.ly/samsiddhi2021>

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Parul University, Faculty of Ayurveda &  
**The Association of Shalaki India**  
Jointly organizing

**WEBINAR SERIES ON SHALAKYA TANTRA**

Theme - Clinical Aspects in Shalakiya Tantra  
Topic - Understanding of pathogenesis, treatment of Anantavata  
and Shankhaka Shiroroga with contemporary science.

**Guest Speaker**  
**Dr. Munna Kumar**  
Assistant Professor,  
Department of Shalakiya Tantra,  
Govt A.S. Ayurved College Hospital,  
Begusarai, Bihar.

**Regards**

Dr. Hemant Mishra  
Dean,  
Faculty of Ayurved,  
Parul University.

Dr. Harish Chandra  
President,  
SAS India

Dr. Madhu Kulkarni  
General Secretary,  
SAS India

**STAY TUNED :**  
08 SEPTEMBER | 7:00 PM TO 8:00 PM  
<https://meet.google.com/ajx-hybz-qnh>  
[www.paruluniversity.ac.in](http://www.paruluniversity.ac.in)





## Achievements and Awards:



It is very fortunate to have a leader who works very hard and encourages others to do so. Our Dean, Dr. Hemant D Toshikhane has been selected as a member of All Indian Surgeons Encyclopedia Advisory committee for Ayurveda surgeons from Gujarat state.

The price of success is hard work, dedication to the job at hand and the determination that whether we win or lose, we have applied the best of ourselves to the task at hand. Dr Satej Banne, Associate Professor, Dept. of Dravya Guna, awarded with the "Best PhD Thesis Award" from Ayurved Teachers Association, Dept.of Shalakya Tantra, PIA, Parul University for being awarded with the "National Best Teacher Award-Shalakya Tantra" by Ayurveda Teachers Association, Dr Nimesh. P. Sangode, Associate Professor, Dept. of Rachana Shareera,PIAR, Parul University awarded with Faculty Coordinator of the Week for his hard work and determination for the smooth conduction of an offline event organised by the Faculty of Ayurved, Dr Prasanna Mathad received Indian Glory Award 2021 in the field of Research and innovation. Dr. Amit Upasani- Associate Professor & HOD, Dept. of Samhita-Siddhanta, Parul Institute of Ayurved and Dr. Shivkant Sharma- Assistant Professor, Dept. of Shalakya Tantra, Parul Institute of Ayurved bagged the prestigious "Best Teacher Award" on the occasion of Teacher's Day Celebration.



## CONGRATULATIONS

Dr. Manjari Keskar for being  
awarded with the National  
Best Teacher- Shalakyta Tantra  
by Ayurved Teachers  
Association



## Congratulating

Dr. Prasanna Mathad

Professor and HOD department of  
Rasashastra and Bhainajya Kalpana,  
Parul Institute of Ayurved and research



For receiving INDIAN GLORY AWARD 2021  
in the field of Research and Innovation.







Dr. J.K. Patel Memorial Academic and Research Performance Award- 2021 were given to the faculties of Ayurveda. Congratulations to our Teaching Faculties for bagging the prestigious award 1) Dr Sachin Deva 2) Dr Divya Deva 3) Dr Shailesh Deshpande 4) Dr Vaishali Deshpande 5) Dr Vaidehi Raole 6) Dr Ajith Wahane 7) Dr Prasanna Mathad 8) Krishna Rathod 9) Dr Ashokan 10) Dr Manjiri Keskar 11) Dr Mauli Vaishnav 12) Dr Khemchandra Mahajan 13) Dr Aparna Bagul 13) Dr Arjun Mohan 14) Dr Nirmala S 15) Dr. Satej B 16) Dr. Arun M



Dr. Sandeep Kumar Saxena, Final Year P.G Scholar, Dept of Roga Nidana, Parul Institute of Ayurved, Parul University awarded with the "Best Paper Presenter" in Pareeksha Anveshana-2021, organized by JSS Ayurveda Medical College, Mysuru, Karnataka.



Dr. Sonam Rohilla, Final Year P.G Scholar, Dept. of PTSR, Parul Institute of Ayurved, Parul University secured 2nd position in Best P.G Thesis Presentation at 3rd National Conference at Pune, Maharashtra- ATACON-21



Dr Jinal Patel 1st year PG Scholar from the Dept. of Roga Nidana evum Vikriti Vigyana Received 1st price in Paper presentation competition In National Level Paper presentation in Stanyamritam seminar arranged by the Dept. of Kaumarbhritya, PIA

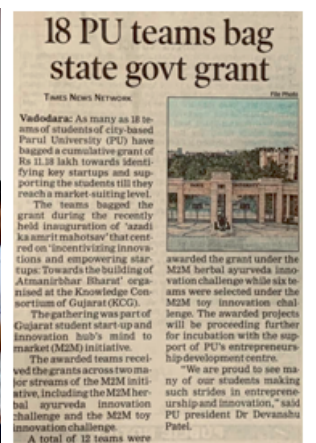
Shruti Oza (Parul Institute of Ayurved & Research) bagged 2nd place for the solo song competition. Khushali Trivedi (Parul Institute of Ayurved & Research) bagged 2nd place in poetry competition at National Service Scheme Day-2021 organised at Kutch University.



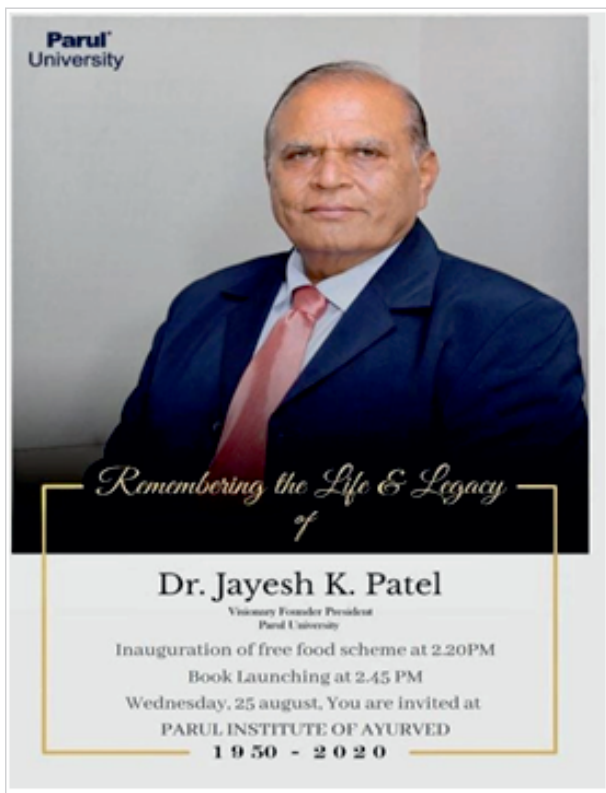
12 teams were selected from the faculty of Ayurveda for M2M (Mind 2 Market) Research Projects which is a part of Gujarat students start up and innovation hubs funded by Govt. of Gujarat.



Innovation Expo was organised by the Faculty of Ayurveda, Parul University to bring out the innovative and new ideas of the young scholars for the development of Ayurveda.







Leadership is not about titles, positions or flow charts. It is about one life influencing another. In the Loving Memory of Late Dr. Jayesh K. Patel, Founder President of Parul University- Free Food Scheme was inaugurated for the IPD patients at Parul Ayurved Hospital on his 1st Punyatithi. With this university has also organised J.K. Patel Memorial Mega Blood check-up camp, Health Check-up camps, J.K. Patel Memorial Research Award and Published a book written by the late President J.K. Patel.

If you can't feed a hundred people, then feed just one. Food is a basic thing that every living being must have. The life is more meaningful if you live not only for yourself, but helping others.



Mega Blood Pressure & Body Constitution Check Up Camp was organised by the Faculty of Ayurved from 16th August to 23rd August 2021 at different institutes of Parul University in which more than 5000 people participated.







**Ayurved Seva Sangha's**  
**Ayurved Mahavidyalaya, Nashik**  
 Ganeshwadi, Pandhavi, Nashik-422003  
 Email: [asss@ayurvednashik@gmail.com](mailto:asss@ayurvednashik@gmail.com)

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**National Webinar on "Update in Marma Chikitsa"**  
 Organized by - **Department of Shalyatantra**

Date - Thursday 5 Aug 2021
Time - 3 to 5 pm

Resource Persons		
Time	Presenter	Topic
3.30 pm to 4.00 pm	 <b>1) Dr. Vinod Krishnan</b> MD (Shalya) Consultant Marma Chikitsa	Marma & Application of Panchakarma
4.00 pm to 5.00 pm	 <b>2) Dr. Hemant Toshkhanal</b> MB (Shalya) Professor & HOD Faculty Shalya, Pimpri University	Marma as diagnostic Points & Management

  
**Dr. Ambudhas Kulkarni**  
 President,  
 Ayurved Seva Sangh  
 Nashik

  
**Dr. Abhay Kulkarni**  
 Secretary,  
 Ayurved Seva Sangh  
 Nashik

  
**Dr. S. S. Desai**  
 MD (Principles)  
 ASS Ayurved Mahavidyalaya  
 Nashik

  
**Dr. Vinay Sonamdebkar**  
 Head & Professor  
 Dept of Shalyatantra  
 Mob: No 9823344990

  
**Dr. Pandaj Mittal**  
 Associate Professor  
 Dept of Shalyatantra  
 Mob: No 9823344374

  
**Dr. Sanjeev Pathak**  
 Assistant Professor  
 Dept of Shalyatantra  
 Mob: No 9767037759

**Registration is free but mandatory For E-Certificate**  
 E-Certificates will be sent on the Email ID of the registered participants

Registration Link - <https://www.gyrfm.com/2021/08/04/nashik/>

Webinar Link of webinar - <https://www.youtube.com/watch?v=U3tZT8m9y04>
Click on the  to join

**JSS MAHAVIDYAPERTHA**  
**JSS AYURVEDA MEDICAL COLLEGE & HOSPITAL, MYSURU**

**WORLD SUICIDE PREVENTION DAY-2021**

**Webinar on Theme – "CREATING HOPE THROUGH ACTION"**

In Commemoration With 100<sup>th</sup> Jayanthi Celebration Of  
 Dr. Sri Shivarathri Rajendra Mahaswamiji

Organised by  
**Department of Agada Tantra in Association with NSS Unit**

**Dr. Sarbeswar Kar**  
 Principal

**Dr. Kinjal G. Krishna**  
 Asst. Prof., Dept. of KC  
 Parul Institute of Ayurveda  
 Vadodara, Gujarat

**Co-Convenor**

**Dr. Rajesh A Udupudi**  
 Dean

**Organizing Team**

**Dr. Ragamini**  
 Professor and HOD

**Dr. Pallavi TC**  
 Asst. Professor

**Dr. Shashikanta**  
 Asst. Professor

**SEPTEMBER 2021**

**16**

@

**11.30AM**

**LIVE ON**

**All are cordially invited**

Guest speakers were invited from various fields and colleges across India for delivering a Guest lecture to the students of PIA And PIAR. Guest speakers: Dr Satish GI Associate Professor, PG Dept. of Roga Nidana evum Vikriti Vigyana, JSS Ayurveda Medical College, Mysore, Dr. Kalpana Sathe, Professor & HOD, Dept. of Kriya Shareera, J.S Ayurveda Mahavidyalaya, Nadiad, Gujarat

Faculty of Ayurved, Parul University hosted one day CME for general practitioners in collaboration with Himalaya wellness company. The event was taken over by Dr Divya Deva Associate Professor, Dept. of Panchakarma PIAR for a scientific lecture presenting practical aspects of Panchakarma, showed highlights and expert services of PAH and Khemdas Ayurveda hospital and success stories

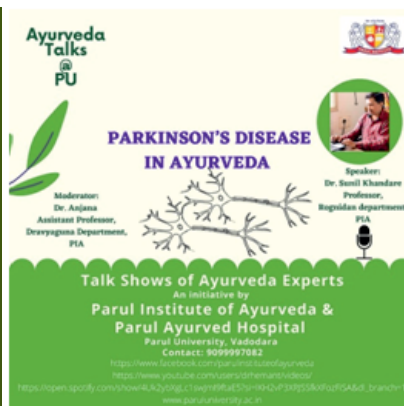


## Seminar

National Seminar- Stanyamrutam was organised on the occasion of World Breastfeeding Week-2021 by the Dept. of Kaumarbhritya, Parul Institute of Ayurved, Parul University which was inaugurated by Dr Virendra Kori ITRA Jamnagar. National level Paper and Poster competition was also held for the same.

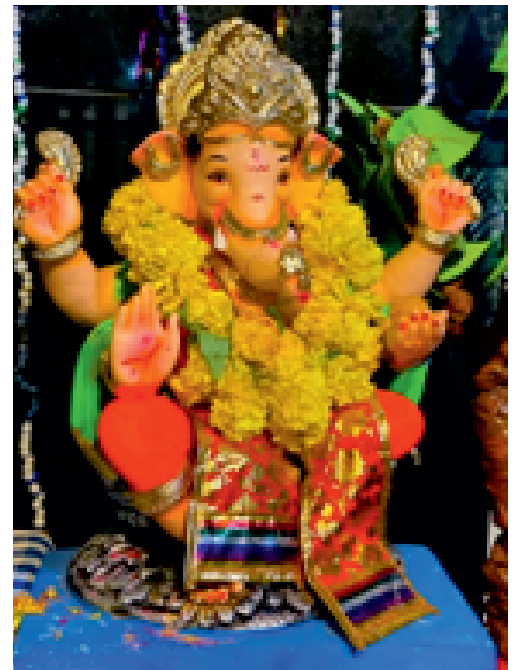


With all this even Podcast series was also continued in which more than 10 Podcast was conducted on different topics like Parkinson's disease, Role of Ayurveda in mental Health, Lifestyle disorder's and its Ayurvedic management etc



## Days Celebrated

Various occasions were celebrated by the faculty of Ayurveda like World Heart Day, Teachers Day, Ganesh Chaturthi etc which intern help students to understand the importance of that occasion



Under The Banner of Azadi ka Amrit Mahotsav various activities were conducted by the Faculty of Ayurveda like Organizing Various Health Camps, Distribution of Medicinal plants, Guest Lectures, Door to Door awareness program etc was done.





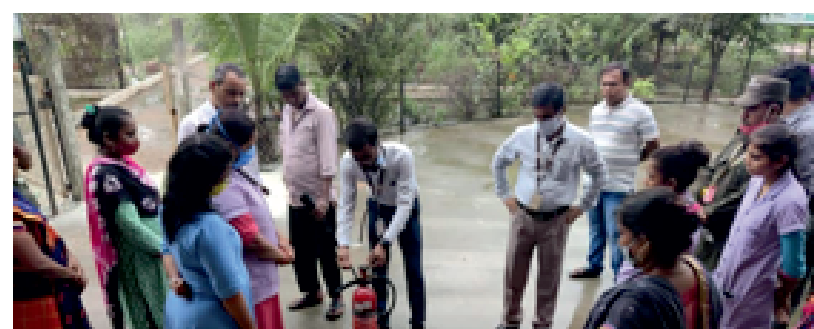
## Competitions

Various competitions were organised by PIA and PIAR on different occasions which helped the students to grow more in the field of Ayurveda



## Workshops

Many workshops were conducted in PIA and PIAR by the faculty of Ayurveda like RMBS, BLS training, Fire safety, Eye exercise etc





Online Pre-PG mock test was arranged for the PG aspirants of Ayurveda under Free AIAPGET preparation sessions which was beneficial to the aspirants from all over India.

## MoU's

Many MoU were sign with famous drug companies like Dhootpapeshwara, Nethika naturals, Vasu etc in the months of Aug-Sept which will help our students to grow in the field of ayurvedic pharmaceuticals





Newspapers of Vadodara city have boosted the morale of students and faculty of Ayurveda by their coverage about health check-up camps.



Even with busy schedule in the month of Aug-Sept Ayurveda Hospital have successfully managed the case of Left Inguinal Hernia, Acute appendicitis etc.





# Parul<sup>®</sup> University

## **FACULTY OF AYURVED, PARUL UNIVERSITY**

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