



Established & Incorporated Under Gujarat Private Universities
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Parul[®]
University



7.2.1 The best practices implemented by the University

The two best practices successfully implemented by the University are as under:

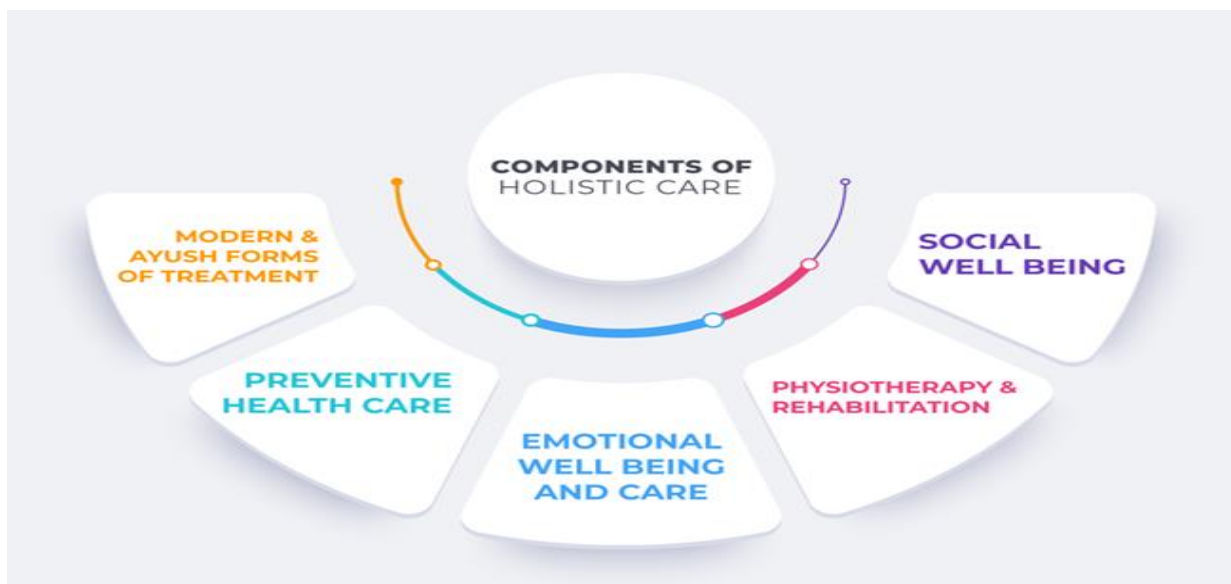
Holistic & Integrated Health care – “Health for All”

One of the major motives of the University has been to provide holistic and integrated healthcare to the society and align this motive towards the best clinical learning of the health science students in the University.

Through the seven teaching hospitals under the University which work with a broad vision of “Health for all”, a holistic care model has been developed across all the hospitals to ensure providing complete physical, mental, social and spiritual wellbeing of all its patients.

It is correctly said that “We learn what we see and what we practice”, hence the same approach is getting inculcated in the thousands of students who receive clinical learnings in this hospital.

Components of Holistic care





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Patients visiting all the hospitals, are provided with the best-in-class **Modern / AYUSH form of treatment** as per the disease condition. Many times, both the forms are integrated in order to give the best possible results, justifying the holistic care approach.

All the patients in need of **physiotherapy & rehabilitative care** are provided with the best-in-class physiotherapy, exercise therapy and rehabilitative services in a dedicated Physiotherapy & Rehabilitation department.

Preventive health care, being one of the most crucial components of holistic health, is given special importance and the hospitals of the University provide free health check-up and thalassemia testing for all the first-year students of the University. Further, under the “Parul Arogya Card” scheme, all the teaching & non-teaching staff of the University get health check services at discounted rates. Housekeeping staff, Drivers, canteen staff are also provided with free health check services at the hospitals of the University. Going beyond the campus, Parul Sevashram Hospital provides multiple health check-up services, ergonomics training, preventive health seminars to the neighbouring industries.

Emotional wellbeing & care is also an important component of Holistic health care specially in patients with long term hospitalization in ICU, cancer patients, spine surgery patients etc. With its multiple initiatives like wellness sessions by Psychologist, music therapy in ICU, Yoga and meditation sessions in wards, Parul Sevashram Hospital ensures to provide a holistic experience to its patients.

Further Ayurved hospitals of the University provide all kinds of therapeutic and preventive treatments through the purest ayurvedic panchakarma procedures to all the patients admitted in various hospitals.

Dedicated Neurology & Neuro- Rehabilitation centre of the Parul Sevashram Hospital works in a completely **integrated manner** with Modern Medicine, Ayurved, Physiotherapy, Acupuncture, Rehabilitation therapies administered to patients through an efficiently integrated approach, leading to extraordinary results especially in patients of Stroke and Paralysis.

De-addiction center in the hospital also gives an opportunity to the faculty and students of Psychiatry, Psychology, Pulmonary medicine, Dentistry and others to work together towards an integrated management of the patients.

Postgraduate and Undergraduate **students of Ayurved and Homoeopathy courses are regularly posted in various departments of the 750 bedded Multispecialty Hospital, Parul Sevashram Hospital affiliated to Parul Institute of Medical Sciences & Research giving them an exposure to the Holistic care.** Similarly, students pursuing MBBS are posted in the Ayurved hospitals of



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the University during internship to expand their understanding regarding the strengths in the Indian forms of medicine.

Also, students from various other courses like Nursing, Physiotherapy, Psychology, BSc healthcare, Pharmacy are also posted in the hospitals as per the regulatory bodies to ensure sufficient holistic care exposure to these students.

Holistic Health Care during Covid Pandemic

The Covid pandemic presented unprecedented challenges before the entire health care system of the nation.

Parul University and Parul Sevashram Hospital stood strong contributing maximally in this battle. Parul Sevashram Hospital was a 600 bedded Dedicated Covid hospital, and Ayurved hospital of the University served as 100 bedded Covid care center. Out of the 600 beds, 380 beds were reserved for underprivileged patients giving completely free services, under collaboration with State government. More than 3000 patients were successfully managed in the hospital with the help of a holistic care approach. All the doctors, interns and students of modern and AYUSH hospitals worked together day and night with an integrated approach to benefit maximum patients. Patients were not only given treatment as per the modern medicine guidelines, but were also given AYUSH medicines, yoga and rehabilitative therapy, emotional wellness therapies and much more.

This novel approach of the hospital was appreciated with various awards.



Again, taking a sound grip on the preventive healthcare component, Parul Sevashram Hospital being a designated Covid Vaccination center has vaccinated more than 10000 people with the due Covid vaccine doses.

The doctors and students of the University made sure to publish the plenty of data available during the Covid Pandemic in form of relevant researches and nearly 7 Research articles on various covid



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related topics like “Mortality analysis of Covid patients”; “Protection offered by Covid -19 vaccine against morbidity & mortality due to Covid-19 infection” etc were published in reputed journals.

With its dedicated efforts towards attaining the “Motto – Health for All”, through its holistic care approach of management, Parul Sevashram Hospital is one of the well-known and reputed health care destination in the State of Gujarat, and hence attracts many students across the state to join health science courses at Parul University.

Global Learning and Internationalization at PU

Personality Development across stakeholders of an institution is inevitable when the normal classroom becomes a global classroom. A classroom that offers sessions by International Professors along with National ones becomes a strong learning environment for the students from all background and capabilities. A culture that strongly affiliates to imbibe the best practices from across the world is possible only when Faculty members travel for education and comes back to initiate positive actions. A student becomes a globally competent professional right after education when there is a global exposure opportunity during the academic tenure. Educating through Internationalisation prepares the youth towards more Globally Competent Skills thus making them more Employable in the current Global World (Global and Local). **This happens at PARUL UNIVERSITY when we connected with more than 80 International Universities across USA, UK, Europe, Russia, Asia and Canada. A dedicated department to handle Internationalisation and International student admissions help in ensuring that all possible opportunities and collaborations are explored and benefited by the students.**





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Strongly believing this ideology of maximum global exposure for staff and students, Internationalisation has always been a constant focus at the University. Interacting with International students and faculties while experiencing the pedagogical practices along with the experiential cultural learning has been strongly deep rooted in the academic learning system thus making the later a wholesome experience.

The University sends more than 500 students every year abroad for various programs of Semester Exchange, Summer/winter schools or Further Education. With more than 35 International Summer Schools in place, students' study across the globe earning academic credits and global exposure. The University has established Erasmus+ Mobility Partnership with European Universities, which allows students to study a semester abroad with full funding/scholarship. Our students have also reaped the prestigious Lithuanian National Scholarship for a full semester several times. The major highlight of such mobility programs is the credit transfer along with the cultural exposure. Industry embedded programs also are offered and one such program is with Skoda Auto University in Czech Republic where students study the practical aspects of their subjects at Czech. **Several online programs to provide students with Internships and Expert sessions are designed and nearly 300 students have taken advantage of such International Online Programs during challenging times of COVID'19.** The University sends students for Masters and PhD research work also and partnership with Mainz University in Germany and UMons University in Belgium has provided such opportunity for one year for the University's students. More than 100 students can participate in the semester exchange programs each semester from Parul University at partner Universities mostly with tuition fees waiver category and academic credit mapping benefits. Students have won various project competitions during such summer schools and some have gained internship opportunities. The University's Indian Summer Schools hosted three times each year also is very popular among its partner Universities in Europe and Russia. The University has received program grants from DAAD to host students from Germany and more than 60 students have participated in bilateral exchange. Programs like Young Entrepreneur Research Project organised for Swiss Students is a curriculum-embedded program at Bern University of Applied Sciences. Students from Canada, Russia and Czech have participated in research-based projects during summer schools at the University.

Educating Teachers through International Exposure is one of the best workshops for understanding pedagogical practices for academics and research. **The University's students benefit when more than 100 teachers in a year take such experiential learning.** Professors from the University take part in Erasmus+ Mobility and visit Partner International Universities for sessions and research. **Nearly 10 Professors participate in such scholarship mobility every year.** The University offers experiential learning to the international community through International Week (a 5-day intensive program of networking and learning) and Visiting Professor Program (which involves inviting International Professors for teaching our students for one semester), thus making the local



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students aware of global practices, and creating long lasting bonding. **Receiving more than 20 Partner University representatives in a year makes it more valuable for the student community at the University.** The University has also organised International Conference in association with Partner University, WRUST, Poland thus enabling Professors and their research to come together on a common platform. International Professors from Partner Universities have also participated in Govt. conferences and events through Parul University thus contributing to the academia at large than only Parul University. International Professors have taken sessions for Technical Subjects, Cuisines, Business, Entrepreneurship etc and students have taken benefits of such sessions.

Research has been a constant endeavour and it has enabled the University to be a part of CABICIN (a European Union funded 3-year Research Project with financial grant) and Royal Academy (A Funded Project partnership with Industry and UK Universities), which has brought in a lot of capacity building of staff members at the University. The University has hosted students from USA for Medical Internships, Switzerland for Nursing and from Belgium for Research in the area of Education through our Partner Universities. Innovative areas and ventures like, Hackathon event with ITMOU, Russia, Social Innovation Projects with International Companies in USA and COIL Programs in Social Work and Design with Canadian International Partner Universities have been developed to ensure skill development among students. Research at the University through such International and collaborative learning is published every year in a book form. Proposals are also sent for various Research Joint Projects with different countries. Professors at the University have also recently applied for Post-Doctoral fellowships, which are funded for 2-year programs.

We not only commit to fulfil the dreams of students while they are studying at the University, but we also work with them to achieve their dreams to study further and specifically when they want to study abroad. **Connecting them with Partner Institutions abroad in Canada, US, UK, Europe with scholarship benefits, for direct admissions, somewhere serves** the University's interest of having its alumni Seek quality education abroad and also strengthens the collaboration between the Universities. At the University, there have been students who have done bachelors in Indian with PU and taken semester exchange opportunity at Partner University going on to do full time Masters with complete scholarship at the same University. Thus, the Internationalisation at the University provides students with a pathway to continue their studies abroad after completing their education at Parul University.

Study Abroad process support along with **Language coaching is given to nearly 200 students every year** for continuing their higher education abroad. **Study Abroad Centre helps students to learn for clearing IELTS, Duo Lingo, French and German Language Examinations** for their admission process. **Nearly 400 students are enrolled in IELTS coaching.** Pathway programs created help students with scholarship and language benefits to study abroad. Connecting



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with Alumni students settled abroad is also a part of the Study Abroad process, thus helping students with end-to-end process.

Nearly 80 students were sponsored for free education at Parul University by respective government bodies of countries like Gambia, Rwanda, Ethiopia, Zimbabwe etc. The University has given tuition fees waiver to around 100 students from Nepal under Special Scholarship aid programs. International students arrive from across the world for their education at PARUL UNIVERSITY right from **Africa, Asia, Mongolia, Russia, Germany, Bolivia and Fiji** etc. International Admissions happen at all levels of education and PARUL UNIVERSITY has Govt. Sponsored Teachers for PhD programs.

It is very important for the University to be present in the global community as a member of Association of Common Wealth Universities and Eurashe, seeking opportunities at **EURAXESS and DAAD** and marking its presence at world summits like **NAFSA, EAIE and APAIE** etc. The University is also proud for its strengthened bonds with Embassies of Partner Countries. Major events of Internationalisation are graced by the presence of dignitaries from the Embassy Offices from USA, Europe and Canada. The International Relations Cell at PARUL UNIVERSITY, which is a central contact point for students to achieve their dream of Global Exposure, strives from 2013 to make students a globally competent citizen.