

SOCIAL RESPONSIVE CELL

A REPORT

Inauguration of 'HUNF' – Meals on Wheels Project for senior citizens



Date & Time

1.00 pm on 1st October, 2020, Thursday

Venue

PU Circle

Background

India is home to millions who are malnourished, ranking 104 at the Global Hunger Index. According to FAO estimates in 'The State of Food Security and Nutrition in the World, 2019' report, 194.4 million people are undernourished in India. By this measure 14.5% of the population is undernourished in India.

Around 73.7% older persons have to take care of the house and other properties of their younger family members to ensure long-term and palliative care in old age," the study report said. "Over 75% of respondents have to limit their personal social interactions as their family members direct them to do so, otherwise their family members can avoid providing their basic needs of food and medicines." (Source: Livemint). This information indicates a dire need to make provision of basic things required for sustenance of these elderly people, thus doing at least minimum for their Basic Human Rights.



'HUNF' - Meals on wheels Project

'HUNF' is the Gujarati word means to provide mental and physical support to restore dignity to people.

Meals on Wheels is a project that delivers meals to senior citizens at their door step, categorically to those who are bedridden, not able to perform their activities of daily living(ADL), destitute and found unwell. The objective of the project is to provide one-time meal every day to bedridden people at their place of residence in the villages of Waghodiya Block. We made survey in 4 villages namely Ambali, Patiyapura, Limda and Madheli and



around 60 beneficiaries have identified. But in initial stage we have started this project from Madheli village. There are 21 beneficiaries who are bedridden, staying alone.

Process Report

The Project was inaugurated at 1.00 pm on 1st October, 2020, Thursday at PU circle. Dr. Sunita Rakesh Jolly, Dean, Faculty of Social Work and

Principal of Parul Institute of Social work welcomed all dignitaries. Mr. Vinod Parmar, Coordinator, Social Responsive Cell briefed about the project. Dr. Geetika Patel, Chairperson

of SRC and Medical director of Parul Sewashram Hospital and Dr Komal Patel, Managing



Trustee of Parul University have launched the project by flag off the vehicle. Dr. M.N.Patel, Provost of Parul University and Dr.H.S.Vijayakumar Registrar have also grace the occasion. Student vollunteers, village key persons and faculties of social work department have participated in this programme.

Tiffins delivered to all Beneficiaries of Madheli village

After the inauguration we visited the houses of beneficiaries to deliver tiffins to all senior citizens. Dr Geetika mam has also come with us and she also gave tiffins to beneficiaries. Few tiffins were delivered by the hands of Dr. Sunita Jolly to the beneficiaries.

Conclusion

The programme was concluded at 2.30 pm. Tiffins were delivered to all beneficiaries. SRC extended his sincere thanks to Dr. Geetika Madan patel for approving the project and grace the occasion by launching it. We also thanked Dr. Komal Patel for inaugurate



the project. We highly appreciated the presence of Dr. M.N.Patel, Provost of Parul University and Dr. H.S.Vijayakumar Registrar. We thank Dr Sunita Jolly, Dean, Parul Institute of Social work for her constant support and guidance to organize this programme. Efforts of ASHA worker and other key village persons for their constant support were appreciated. We also appreciated hard work of student volunteer's dedication for this cause.

Future Plan

- After the evaluation of the project we shall start this project in other villages

Report Prepared By

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