

**Report of
Recreational Activities (Gujarati Garba & Arti) for COVID Patients and Staffs
Date: 03/05/2021 Time: 3.00 pm
Venue: Parul Sewashram Hospital, Limda, Vadodara**

SRC has organized recreational activities especially Gujarati garba and arti for the COVID patients admitted at Parul Sewashram Hospital. The objective of the recreational activities is to enhance immune functions, reduce the stress, symptoms of anxiety and depression. Also it increases the moral support of COVID – 19 patients.

The garba programme was organized on 3rd May, 2021, Monday at COVID ward – PSH. The programme was started at 3.00 pm with a prayer song (Arti). After that the covid patients and staffs of the hospital have played garba and enjoyed it. Mr. Vinod Parmar, SRC coordinator, Mr. Akshay Patel, Assit. Professor, faculty of Social work and Ms. Unnati Social worker of PSH have also participated in this event. The programme was concluded at 3.45 pm with vote of thanks.

SRC thank the management of Parul Sewashram Hospital for allowing us to organize this event. We also thank Dr. Geetika Madam Patel, Chairperson of SRC for motivating us to organize this event. We also thank Prof. (Dr) Sunita Jolly for her constant support and guidance. We also thank Mr. Akshay Patel and Ms. Unnati for arranging all logistic arrangements.

PHOTOS



