# CERTIFICATE COURSE IN AYURVEDIC GYNAECOLOGY

200 Hours | Hybrid | Part-time Program | Weekend

Jointly Offered by: Parul University & Canadian College of Ayurveda and Yoga Inc.













Vd. Harish Kumar Verma Canada



Dr. Madan Thangavelu UK

Learn Advanced Ayurvedic Solutions for Complex Gynaecological Disorders From International Experts

### What Will You Learn?

This unique course combines ancient Ayurvedic wisdom with modern scientific research to provide an integrated approach for managing chronic female disorders.

### **Uterus-Related Conditions**

- Endometriosis
- Fibroids

### **Cancer Care**

- Cervical Cancer
- Endometrial Cancer
- Ovarian Cancer

## Vaginal & Reproductive Conditions

- Vaginitis
- Vaginal Discharge
- Vaginal Yeast Infection

### **Pregnancy-Related Concerns**

- Miscarriage
- Infertility Issues

### **Hormonal Disorders**

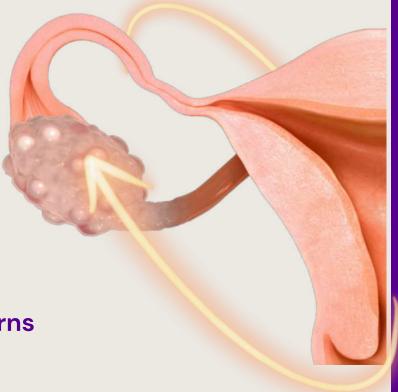
- Polycystic Ovary Syndrome (PCOS)
- Hirsutism

### Menstrual Cycle-Related Issues

- Menopause
- Menorrhagia (Heavy Menstrual Bleeding)

### **Pelvic Floor Disorders**

- Uterine Prolapse
- Urinary Incontinence



### Ayurvedic Foundations in Gynecology

- Vunderstanding Agni & Kostha:
  Role of digestive fire in hormonal balance, fertility, and menstrual health.
  Modern parallels: metabolism, gut microbiota, and estrogen regulation.
- ✓ Ama & Disease Pathogenesis: Agnimandya (weak digestion) → Ama (toxins) → Blockages in Srotas. Links with PCOS, endometriosis, menorrhagia, and painful periods.
- Srotas (Channels) in Gynecological Health:

Annavaha & Purishavaha Srotas: Nutrition and elimination affecting cycle health.
Artavavaha Srotas: Reproductive channels linked with digestion, stress, and toxins.







### **Who Should Enroll?**

- Ayurvedic Doctors & Practitioners
- Naturopaths (India & Abroad)
- Medical
   Professionals
   exploring holistic
   techniques

# **Learning Outcomes**

### Ayurvedic Perspective on Digestion & Metabolism

- Role of Agni in metabolism and menstrual health.
- Gut-reproductive axis in supporting fertility and hormone balance.

### **Management of Chronic Conditions**

 Ayurvedic protocols for PCOS, Endometriosis, Fibroids, Menopause, IBS & Ulcerative Colitis.

### **Ayurvedic Therapies**

- Use of herbs like Shatavari, Ashoka, Lodhra, Triphala.
- Panchakarma therapies (Virechana, Basti) for detox & menstrual balance.

### **Certification and Career Opportunities**

Upon successful completion of the program, participants will be awarded a 200-Hour Certificate in Ayurvedic Gynaecology, equipping them with the knowledge to practice Ayurvedic and gynaecology in clinical environments and to effectively integrate Ayurvedic principles contemporary healthcare systems.

### **Enrollment Information**

**Course Duration:** 200 hours course

Start Date: 3<sup>rd</sup> January, 2026

Last Date for registration: 30th November, 2025

Fees: ₹20,000



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