

CERTIFICATE COURSE IN AYURVEDIC GYNAECOLOGY

200 Hours | Hybrid | Part-time Program | Weekend

Jointly Offered by:

Parul University & Canadian College of Ayurveda and Yoga Inc.



**Parul[®]
University**



Canadian College of
Ayurveda and Yoga



Vd. Asavari Manvikar
USA



Vd. Harish Kumar Verma
Canada



Dr. Madan Thangavelu
UK

Learn Advanced Ayurvedic Solutions for Complex
Gynaecological Disorders From International Experts

What Will You Learn?

This unique course combines ancient Ayurvedic wisdom with modern scientific research to provide an integrated approach for managing chronic female disorders.

Uterus-Related Conditions

- Endometriosis
- Fibroids

Pelvic Floor Disorders

- Uterine Prolapse
- Urinary Incontinence

Cancer Care

- Cervical Cancer
- Endometrial Cancer
- Ovarian Cancer

Vaginal & Reproductive Conditions

- Vaginitis
- Vaginal Discharge
- Vaginal Yeast Infection

Pregnancy-Related Concerns

- Miscarriage
- Infertility Issues

Hormonal Disorders

- Polycystic Ovary Syndrome (PCOS)
- Hirsutism

Menstrual Cycle-Related Issues

- Menopause
- Menorrhagia (Heavy Menstrual Bleeding)



Ayurvedic Foundations in Gynecology

- ✔ **Understanding Agni & Koshtha:**
Role of digestive fire in hormonal balance, fertility, and menstrual health.
Modern parallels: metabolism, gut microbiota, and estrogen regulation.

- ✔ **Ama & Disease Pathogenesis:**
Agnimandya (weak digestion) → Ama (toxins) → Blockages in Srotas.
Links with PCOS, endometriosis, menorrhagia, and painful periods.

- ✔ **Srotas (Channels) in Gynecological Health:**
Annavaha & Purishavaha Srotas: Nutrition and elimination affecting cycle health.
Artavavaha Srotas: Reproductive channels linked with digestion, stress, and toxins.



Who Should Enroll?

- Ayurvedic Doctors & Practitioners
- Naturopaths (India & Abroad)
- Medical Professionals exploring holistic techniques

Learning Outcomes

Ayurvedic Perspective on Digestion & Metabolism

- Role of Agni in metabolism and menstrual health.
- Gut–reproductive axis in supporting fertility and hormone balance.

Management of Chronic Conditions

- Ayurvedic protocols for PCOS, Endometriosis, Fibroids, Menopause, IBS & Ulcerative Colitis.

Ayurvedic Therapies

- Use of herbs like Shatavari, Ashoka, Lodhra, Triphala.
- Panchakarma therapies (Virechana, Basti) for detox & menstrual balance.

Certification and Career Opportunities

Upon successful completion of the program, participants will be awarded a 200-Hour Certificate in Ayurvedic Gynaecology, equipping them with the skills and knowledge to practice Ayurvedic gynaecology in clinical environments and to effectively integrate Ayurvedic principles into contemporary healthcare systems.

Enrollment Information

Course Duration: 200 hours course

Start Date: 3rd January, 2026

Last Date for registration: 30th November, 2025

Fees: ₹20,000



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Register Now: [link to be provided.....](#)