



HOMOEOPATHIC EXCELLENCE



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Biannual Bulletin - RHMC

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EDITORIAL



**Dr.Kanupriya ,M.D.(Hom), Ph.D(Scholar),
Assistant Professor
(Department of Organon of Medicine)**

Dear Readers,

I am honored and lucky to have the opportunity of furnishing the 33rd issue of Homoeo Excellence biannual Bulletin of our college volume XXXIII which enlighten us about the "Pediatriac Disorders".

Pediatric diseases are the diseases which will effect at time of childhood. Some of the pediatric diseases include Abdominal and digestive disorders, cancers, CVS, Congenital abnormalities and genetic disorders, ENT & Oral health problems, Hepatobiliary and Pancreatic disorders, Lung and respiratory problems, Lysosomal storage disorders, Metabolic disorders, musculoskeleton problems Neurological/developmental disorders & Mental health. As now a days children's have many worry related to consequences of Covid19, due to this they suffers a lot it is often difficult for the parents to calm their children's anxieties and aggression because of the uncertainty in their lives. A recent study shows that changes observed in children's were difficult concentration (76.6%), boredom(52%), irritability(39%), Restlessness(38.8%), Nervousness(38%), loneliness(31.3%), uneasiness(30.4%), and worries (30.1%). About 75% parents reported feeling stressed about the quarantine situation. so it our utmost priority to make their lives better and cheerful. Little ones are the future of our world which should be like blooming flowers, so love them care them to make our generations better.

Homoeopathy has good scope in the management of nearly all medical diseases of children. Right from infancy to adulthood, this system can help patients with all medical problems and effectively managed all the disease.

You can spend a lifetime trying to forget a few minutes of your childhood.

Homeopathic Treatment of Intestinal Parasitic Infections In Children



Prof. Dr. Shailendra Bhamar
M.D. (Hom.)

An intestinal parasite infection is a condition in which a parasite infects the gastro-intestinal tract of humans and other animals. Such parasite can live anywhere in body, but most prefer the intestinal wall.

Homeopathic Medicines Useful In Intestinal Parasitic Infections In Children

Artemisia-

Convulsions from the irritation of worms, passes faeces and urine with the spasm; obstinate spasmodic strangury, hunger, but cannot get the food down; often (<) at night.

Chenopodium

Worm affections: constipation, ineffectual urging with pressure on bladder and rectum; frequent cutting pains in abdomen, especially at night; with flatulency and urging to stool; pale or yellowish colour of face; scraping and burning in throat; secretion of frothy mucus from mouth and throat, dullness in head.

Cicuta-

Sudden rigidity with jerks, followed by great relaxation and weakness; convulsions and contortions of upper part of body and limbs; frequent hiccough and crying; pain in neck; vertigo and headache, dilated pupils; spasmodic drawing the head backward; tremor of hands; constriction of oesophagus; tonic contractions alternating with intermitting clonic spasms.

Indigo-

Convulsions resulting from worms; pain in umbilical region; cutting pain (<) by retracting the walls of the abdomen and by pressure; frequent urging to urinate, (<) at night, diarrhoea without injury to appetite or digestion.

Sabadilla-

Vomiting of round worms, or nausea and retching, with sensation of worm in pharynx; or in case of taenia, burning boring and whirling in umbilical region; accumulation of water in mouth; chilliness and sensitiveness to cold; sensation as if abdomen were sunken in; nervous symptoms from worms.

Spigelia-

Nausea every morning before breakfast always better after breakfast, dilated pupils, squinting; pale face; smarting in nose; sensation of a worm rising in throat; BETTER AFTER EATING; or vomiting of all she takes, with sour rising like vinegar from stomach; pain in bowels; dry, hoarse cough at night, palpitation of heart.

HOMEOPATHY AS AN ADJUVANT TREATMENT IN CHILDREN WITH CEREBRAL PALSY



JHANAVI PATEL
INTERNEE

Cerebral palsy is also known as CP. It affects thousands of children every year.

It appears during first few years of life. The aim of homeopathy is not only to treat cerebral palsy symptoms but also to address its underlying cause and individual susceptibility.

HOMEOPATHIC REMEDIES FOR CEREBRAL PALSY;

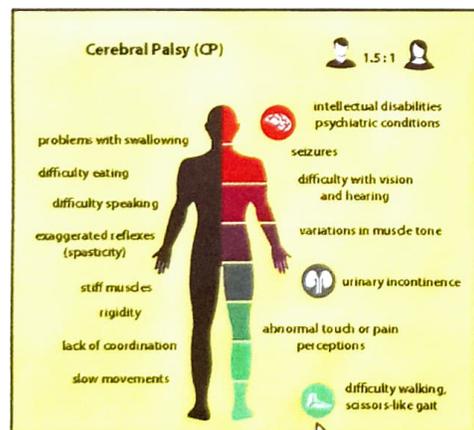
CALCAREA PHOSPHORICA — Calcarea phos is another best remedy for both mental physical development. It is suited to emaciated children, difficult to stand and slow in learning to walk. Children have sunken, flabby abdomen. Cranial bones are thin and brittle; fontanelles and sutures open too long or close and reopen. Delayed and complicated teething. Children suffering from diarrhea and flatulent complaints. At every attempt to eat, colicky pain in abdomen. They often suffer from fractures and growing pains due to poor nutrition. Also they often suffer from enlarged glands.

BARYTA CARBONICA — Baryta carbonica is best for scrofulous, dwarfish children, who do not grow. They are both mentally and physically weak. Nutritional disturbances are seen in Baryta carb. Children, shy of strangers. They hide behind the furniture and keeps the hands over face and peeping through the fingers. They are liable to take cold easily, sore throat from cold, glandular disorders. There is a tendency for enlargement of glands with indurations, especially tonsils. They always have a swollen tonsil. Children with large abdomen is another characteristic symptom. Profuse offensive sweat, especially on feet may be found along with other symptoms.

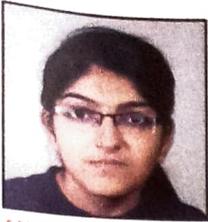
CALCAREA CARONICA — Calcarea carb is one of the top remedies for developmental delay, especially suited to children with red face, flabby muscles, who sweat easily, fat, and catches cold very easily. They have large head and abdomen, fontanelles and sutures open, bones soft, develop very slowly. Difficult and delayed dentition. Profuse sweating during sleep, especially head and chest.

CARCINOSIN — Carcinosin arrested the child's development. Dwarfishness. Malformations, mongolism. Disturbed sleep in children. Child wants to be carried. Children sleep on their knees and elbows. They suffer from recurrent attacks of severe infection.

SILICEA — Silicea is another effective remedy for developmental delay, where the children are scrofulous, rachitic with large heads. Defective nutrition, due to imperfect assimilation. Open fontanelles and sutures are seen. Weak ankles, slow in learning to walk. Wasted in body, especially legs. Distended, hot abdomen. Profuse sweating on head, but lower than Calcarea carb. Offensive sweat on feet and axillae.



How one handles success or failures is determined by their early childhood



ANUDHATI R SHUKLA
2ND BHMS

AUTISM

DEFINITION : It is defined by presence of abnormal & or impaired development that is manifest before the age 3 years, characterized by abnormalities of social development, communication & a restriction of behavior. In world 24.8 million person. In developing countries 1.5 % people suffers from autism.

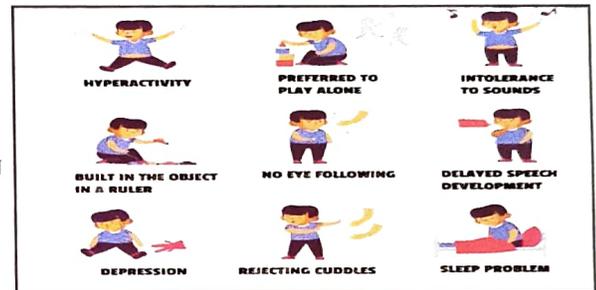
It is more found in male child than female child.

EARLY SIGNS OF AUTISM :

- Delayed speech
- Repeated movements of body parts such as arms and head.
- Impaired social skills
- Interest in activities.
- Seldom eye contact with others.



PROBLEM RELATED TO SOCIAL INTERACTION



PROBLEM RELATED TO SOCIAL INTERACTION

- Very withdraw
- Does not play interactive games with & almost always avoid eye contact.
- Shows lack of empathy.
- Does not respond very well with eye contact & almost always avoid eye contact.
- Prefers to spend time by themselves rather with other.
- Play - does not imitate others, prefers solitary plays, does not pretend to play
- Behavior - acts up, short attention span, strong need from sameness, narrow interests.

PROBLEM RELATED TO BEHAVIOUR

- Focus
- Need for sameness
- Routine
- Rocking, flapping, twiddling
- Hyposensitive

PROBLEM RELATED TO COMMUNICATION

- Lack of talk
- Stereotypes
- Lack listener
- Remains engaged



DHWANI VIJAY DALSANIA
1ST BHMS

DENTITIONAL DISORDER

Dentition/ Teething refers to the development and arrangement of teeth in mouth. The 1st set called "deciduous teeth Milk teeth" or primary teeth erupt between the 6-3 months of age, they are 20 in number. The soreness and swelling of the gums before a tooth comes through is the cause for the pain and fussiness a baby experiences during this change. These symptoms usually begin about three to five days before the tooth shows, and they disappear as soon as the tooth breaks the skin.

• MEDIES

Aethusa cynapium

- Gastro-intestinal disturbance
- Anguish, crying, and expression of uneasiness and discontent
- Intolerance of milk; vomiting as soon as swallowed or in large curds
- Hungry after vomiting

Aconitum Napelles

- Teething is very painful
- Baby seems agitated or fearful
- Baby's face may be flushed
- Gums may look inflamed
- Sleep can be very restless

Belladonna

- Intense inflammation and gum pain
- flushing of the face and a feeling of heat
- baby is restless, easily startled
- may tend to cry out during sleep

Calcarea phosphorica

- Delayed dentition
- Irritability, picky eating habits, and stomachaches

Coffea cruda

- Child seems excitable and has trouble sleep because of teething pain
- Distressing pain in the gums often is relieved by holding something cold on them

Pulsatilla

- Baby who is very fearful during teething and wants to be constantly held and comforted
- Biting on something cold may help
- <warmth increases discomfort > Cool food and drinks ameliorate

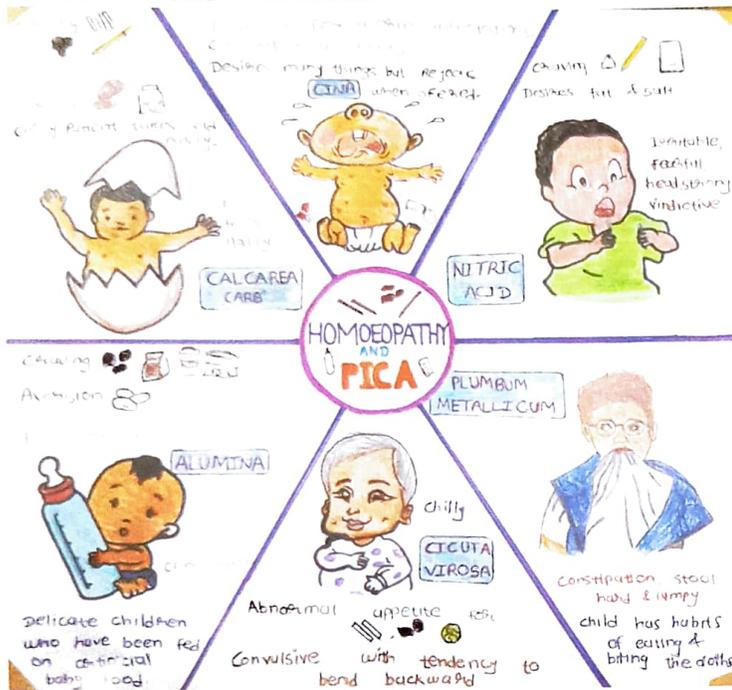


Children are not problems. They have problems. Focus on helping your child, not fixing your child.



SANDIP VAGHELA
3RD BHMS

Homoeopathy and Pica



JATIN
1ST BHMS

Hand, Foot and Mouth Disease

A common (more than 1 million cases per year in India) children's virus (Enterovirus genus) causing sores in the mouth and a rash on the hands and feet

SPREADS EASILY

- By skin-to-skin contact (Handshakes and Hugs)
- By air borne respiratory droplets (Coughs or Sneezes)
- By saliva (Kissing or Shared Drinks)

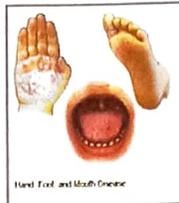
Symptoms

Symptoms include :- Fever, Sore throat, Fatigue, unwell, Irritability and Loss of appetite.

Pain circumstances :- Can occur while swallowing

Whole body :- Dehydration, fatigue, fever or Malaise

Skin :- Blister, Peeling, Rashes or Red spots.



HOMOEOPATHIC REMEDIES

1. Belladonna:-Formanaging sore throat.
2. HeparSulph:-For Sore throat with Pain Extending to Ear.
3. Phytolacca:-For Sore throat in case of throat appear dark red or bluish red.
4. Merc sol:-To manage Mouth Sores with increase salivation and offensive fetid smell from mouth.
5. Graphites:-For Skin Rash with Dry Skin



Jay Sarvaiya
4th BHMS

PICA : General Consideration & Scope of Repertory

RUBRICS FOR PICA UNDER DIFFERENT REPERTORIES :

1. Repertory of Homoeopathic Materia Medica by J.T.Kent :

- Chapter-Stomach
 - desires-lime, slate pencils, earth, chalk, clay etc- NIT-AC, alum, calc, cicut, nat-m, nux-v.
 - Charcoal desire- alum, cicut, con, nit-ac, nux-v

2. A Concise Repertory of Homoeopathic Medicines by Dr.S.R.PATHAK :

- Cravings
 - Charcoal- alum, calc, cicut, psor
 - Lime, chalk, clay, earth- alum, ant-c, calc, cicut, ign, nit-ac, nux-v, psor, SIL, sulph, taren

3. Homoeopathic Medical Repertory by Robin Murphy

- Pica
 - desires to eat-sand, slate, earth etc- ALUM, alumn, CAL, cal-p, chel, cicut, con, ferr, hep, hyos, ign, nat-m, nit-ac, nux-v, oci, psor, sil, sulph, tarent

4. Synthesis treasure edition by Fredrick Schroyens. :

- Generalities
 - Food and drinks- charcoal desire- alum, calc, cic, con, ign, nit-ac, nux-v, psor
 - food and drinks- lime, slate, pencils, earth, chalk, clay desire- alum, alumn, ant-c, calc, cal-p, chel, cic, ferr, ign, lac-f, nat-m, NIT-AC, nux-v, oci, petr-ra, psor, sil, sulph, tarent, tub.

5. Homoeopathic Repertory by William Boericke :

- Stomach
 - appetite-perverted cravings (PICA)- Charcoal, coal, chalk etc- alum, calc, cic, ign, nit-ac, psor.

They will Remember them years after you forget.

4th BHMS 2020-21 ACADEMIC ACHIEVEMENTS OF THE STUDENTS



1ST RANK
JHANAVI PATEL

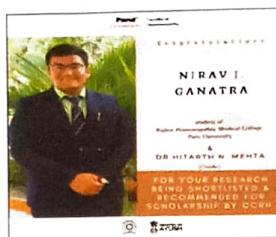


2ND RANK
KATHARIYA JINAL



3RD RANK
ISHA GOHEL

ACHIEVEMENTS OF THE STUDENTS IN STSH AND NATIONAL LEVEL POSTER COMPETITION



Nirav Ganatra
FALICITATED BY CCRH for
SELECTION IN STSH



RASEELA PARMAR
3RD RANK
IN POSTER COMPETITION

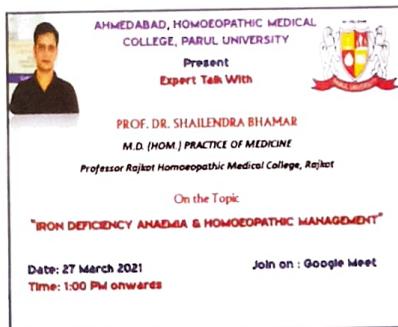
COVID DUTY OF 4TH BHMS AND INTERNS OF RHMC



FACULTIES OF RHMC AS RESOURCE PERSON IN NATIONAL/INTERNATIONAL WEBINARS ORGANISED BY DIFFERENT ORGANISATION



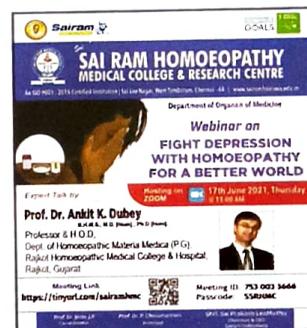
DR. HITARTH N. MEHTA
10.04.21



DR. SHAILENDRA BHAMAR 27.03.21

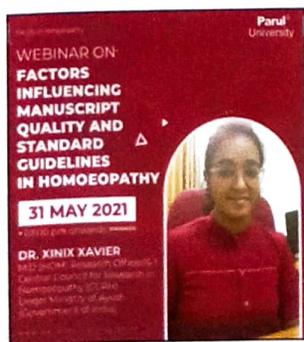


DR. MITESH JANI 17.06.21

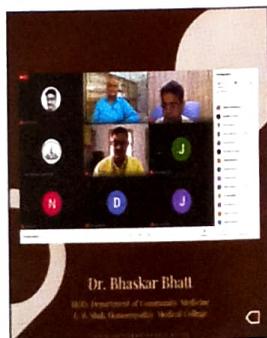


DR. ANKIT DUBEY 15-07-21

EXPERT TALK CONDUCTED



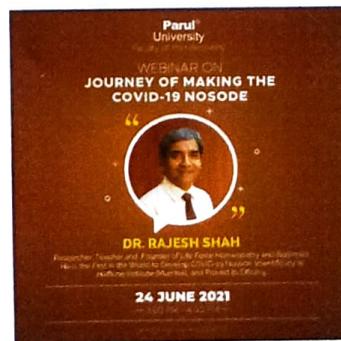
DR. XINIX XAVIER
31.05.21



DR. BHASKAR BHATT
02.06.21



DR. POORV DESAI
14.06.21



DR. RAJESH SHAH
24.06.21

Your Child's mental health is more important than their grades. Let them be little. Let them be creative. Let them play often. In short let them be CHILDREN

INTERDEPARTMENTAL WEBINARS CONDUCTED

TOPIC : THYROID GLAND
Speakers:
DR. SHYAM BHAIS
DR. SHIVAKSHI KATKAR
DR. NARAYANA PILLAI

FIRST BHMS
13th April 2021

1st BHMS 13.04.21

TOPIC : GANGRENE
Speakers:
DR. ANAS BATH
DR. A. M. PATIL
DR. ANKIT DUBEY

SECOND BHMS
31st March 2021

2nd BHMS 31.03.21

TOPIC : HAEMORRHAGE
Speakers:
DR. RIYAN PATTANI
DR. DRAS THAKUR
DR. VIKAS KUMAR
DR. VAMU OZA

THIRD BHMS
1st April 2021

3rd BHMS 01.04.21

TOPIC : TUBERCULOSIS
Speakers:
DR. SHIVAKSHI KATKAR
DR. SHIVAKSHI KATKAR

FOURTH BHMS
3rd April 2021

4th BHMS 03.04.21

CO CURRICULAR ACTIVITIES OF VARIOUS DEPARTMENTS

DEPT OF ANATOMY 1ST BHMS STUDENTS
VISIT TO PDU MEDICAL COLLEGE



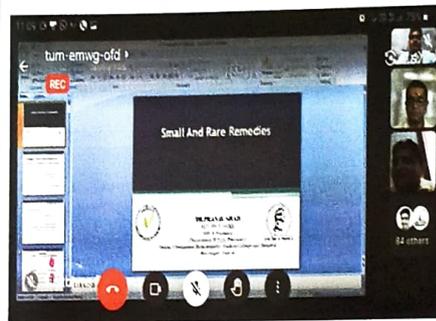
03-06-21

SUBMISSION OF CHARTS AND MODELS
BY 1ST BHMS STUDENTS



08-07-21

WEBINAR BY PHARMCY DEPT DR PRANAV SHAH



"Rare medicines in Homoeopathy" by
Dr. Pranav Shah, 08.04.21

WEBINAR BY DEPT OF SURGE



SURGERY & HOMOEOPATHY TWO SIDES
OF COIN BY DR. PRABHAT VAGHAMSI
5-6-21

EDUCATIONAL VISIT 2nd BHMS STUDENTS
AT FORENSIC SCIENCE LABORATORY



5-3-21



5-3-21

WEBINAR BY DEPT
OF REPERTORY

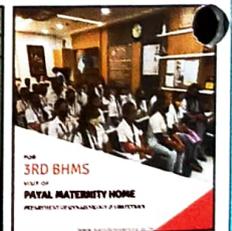


Mind and generalities from Kent repertory BY
DR AARTI S KOGNOLE
18.06.21

3RD BHMS VISIT TO PAYAL MATERNITY HOME &
SEMINAR ON HYGIENE BY DEPT OF OBS & GYNE

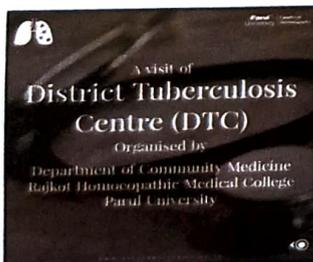


12-02-21



05-03-21

DEPT OF COMMUNITY MEDICINE VISIT TO DTC



09.06.21

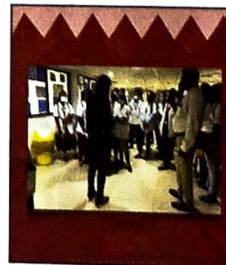


11.06.21

HOSPITAL VISIT BY DEPT OF PRACTICE OF MEDICINE



23.06.21-24.06.21



23.06.21-24.06.21



23.06.21-24.06.21

Children are not things to be molded, but are people to be unfolded

2ND BHMS VISIT TO BLOOD BANK BY DEPT OF PATHOLOGY



03.03.21



03.03.21

WEBINAR BY DEPT OF MATERIA MEDICA



Solanaeae family by Dr.Ketan Shah 22.6.21



WEBINAR BY DEPT OF ORGANON OF MEDICINE



Understanding the constitution in general & its homoeopathic perspective by Dr.Gauri Nitin Sharma,25.06.21

1ST BHMS ORIENTATION DAY PROGRAMME



4-3-21



4-3-21

CELEBRATION OF WOMENS DAY

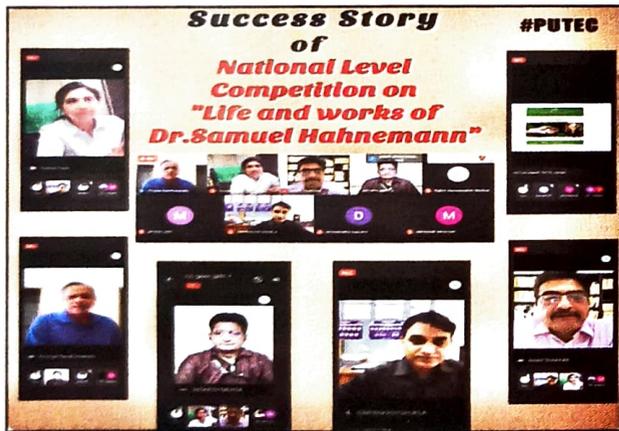


8-3-21



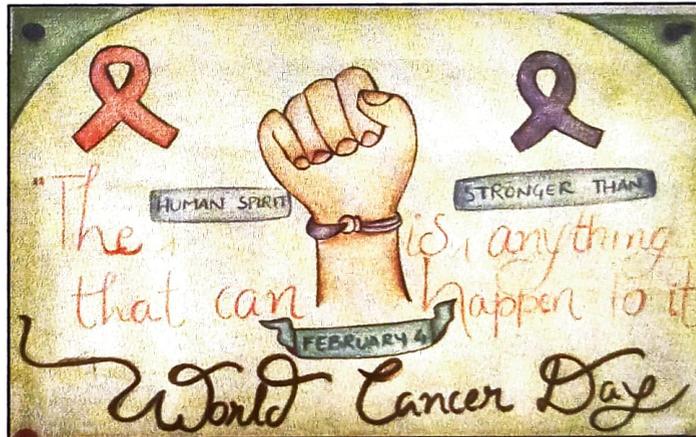
8-3-21

WORLD HOMOEOPATHY DAY E QUIZ COMPETETION



09.04.21

POSTERS DRAWN BY STUDENTS ON WORLD CANCER DAY



04-02-21

YOGA DAY CELEBRATION



21.06.21



21.06.21

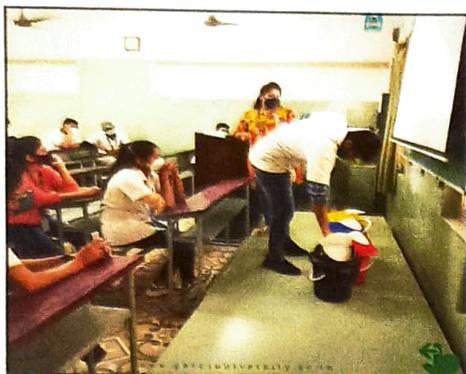
DEATH ANNIVERSARY OF DR.HAHNEMANN



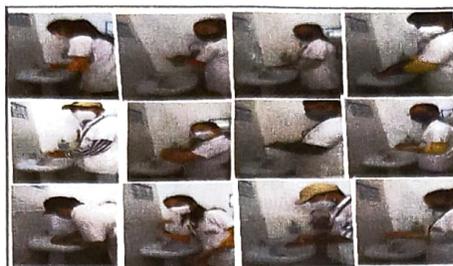
02.07.21

Children must be taught how to think, not what to think.

TRAINING PROGRAMME OF INTERNS AND GLIMPSE OF MEDICAL CAMPS



Training of BMW was organized for intern and hospital staff by Sainath homoeopathic Hospital



7 step of hand hygiene perform by interns of sainath homoeopathic hospital

7 STEPS OF HAND HYGIENE PERFORMED BY intern OF Sainath homoeopathic Hospital



Distribution of ARS ALB at Rajkot City



LIST OF MEDICAL CAMPS AT SAINATH HOMOEOPATHIC HOSPITAL

Sr.no	Date	Venue	No. of pat
1	10/03/2021	Homoeopathic Medicine Arsenic Alb 30 Distribution At Alkapuri On, Kanaiya Chock , Rajkot.	170
2	21/03/2021	Medical Camp At Shree Udgam School, 80 Foot Road, Near Punit Nagar, Rajkot.	180
3	25/03/2021	Arsenic Alb 30 Distribution At Anand Nagar, Kothariya Road, Rajkot.	170
4	31/03/2021	Arsenic Alb 30 Distribution At Oscar Residency, Raiya Road, Rajkot.	220
5	04/04/2021	Mega Medical Camp At "Shree Vinoba Bhawe Center School-93, mokaji Circle, Nana Mava, Rajkot.	60
6	16/04/2021	Ars Alb30 Distrubtion At Ravi Residency, 150 Ring Road B/h Sterling Hosp Rajkot.	180
7	12/06/2021	Ars Alb30 Distrubtion At Gulmohar Residency, opp Paradise Hall, Raiya Circle, Raiya Road Rajkot.	120
8	07/07/2021	Ars Alb30 Distrubtion At Shree New Lalbahadur Nagar Co Hos. Soc, Rajkot.	150

Sender's Name & Address

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MEDICAL COLLEGE**

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