

HOMOEOPATHIC EXCELLENCE



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Biannual Bulletin - RHMC

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EDITORIAL



Dr. Humani Sharma, M.D.(Hom)

Assistant Professor

Department of Community Medicine

Dear readers,

I am honoured and fortunate to have the opportunity of furnishing the 36th issue of Homoeo Excellence biannual bulletin of our college volume XXXVI which enlighten us about the Holistic Health and Wellness with Homoeopathy.” Holistic health and wellness with homeopathy are an approach to healthcare that focuses on treating the whole person—physically, mentally, emotionally, and spiritually—rather than just addressing specific symptoms or diseases. It emphasizes the interconnectedness of various aspects of one's life and aims to promote balance and harmony to achieve optimal health and well-being. It emphasizes self-care, prevention, and individualized approaches to health and wellness. Homeopathy is a system of alternative medicine that uses highly diluted substances to stimulate the body's natural healing processes. Holistic health and wellness can be achieved with homeopathy by Individualized Treatment, Mind-Body Connection, Safe and Non-Invasive, Self-Healing Stimulus, Chronic and Acute Conditions, Prevention and Wellness Maintenance, Lifestyle and Dietary Guidance and Holistic Wellness Plan. Achieving and maintaining good health and wellness is a lifelong journey that involves various factors and practices. A comprehensive overview of health and wellness: Physical health, Mental health, Emotional health, social wellness, Spiritual wellness, Environmental wellness, Occupational wellness, financial wellness, Intellectual wellness, and Holistic approach Achieving wellness often requires a holistic approach, considering the interconnectedness of all these aspects of health. Balancing physical, mental, emotional, and social well-being contributes to an overall sense of health and wellness. But remember that health and wellness are not static; they are dynamic and can change over time. It's essential to continually assess and adapt your lifestyle and habits to maintain or improve your overall well-being. Consulting with healthcare professionals and seeking support when needed is an integral part of the journey toward better health and wellness.

“WELLNESS IS A JOURNEY, NOT A RACE.”



Prof. Dr. Anup Kumar Das
HOD-Dept. of
Community Medicine

HOLISTIC APPROACH ON HEALTH AND WELLNESS

ARTICLE 1

Introduction: Healthcare costs are escalating as people are living longer than ever before. Simultaneously, there is a growing interest and emphasis on wellness within Canadian, as well as other cultures, to examine the factors that make population's well. This article summarizes wellness constructs from a holistic perspective and reviews definitions and conceptualizations of holistic wellness within current literature.

Wellness from a Holistic Perspective: The World Health Organization's view of wellness is holistic, encompassing both the absence of illness and a state of well-being. Unlike traditional wellness concepts that focus solely on the absence of illness, this holistic perspective recognizes the presence of positive elements. Wellness is multidimensional, encompassing aspects such as mind, body, spirit, and community interactions. These dimensions are interconnected, but the healthcare system often treats them separately.

Conceptualizing Wellness: The article highlights the evolving nature of the term "wellness" and its close relationship with health and well-being. Wellness is subjective and challenging to define precisely. It serves as an umbrella term that encompasses biological, psychological, and social facets of people's lives. Achieving wellness involves harmonizing and balancing these dimensions throughout one's life.

Dimensions of Wellness

Physical Wellness: This dimension focuses on cardiovascular fitness, flexibility, and strength. It involves maintaining a healthy lifestyle, including exercise and diet, and seeking medical care when necessary. However, physical wellness does not always correlate with overall well-being.

Emotional/Psychological Wellness: Emotional and psychological well-being revolves around attitudes, self-concept, and purpose in life. Coping with stress, maintaining a positive attitude, and having optimism play crucial roles in this dimension. Happiness is subjective, making self-rated scales the primary tool for measuring emotional wellness. Social Wellness: Social wellness encompasses interactions with others, the community, and the natural environment. It includes the quality and extent of social interactions and support, as well as the perception of these interactions. Being included in society is essential for social well-being.

Intellectual/Cognitive Wellness: This dimension involves stimulating intellectual activity through continuous learning and the application of knowledge. Education enhances opportunities for income, job security, and a sense of control over one's life circumstances.

Occupational Wellness: Occupational wellness relates to satisfaction and enrichment gained from one's work, whether paid or unpaid. It involves the expression of personal values and achieving a balance between work and other commitments. Environmental Wellness: Environmental wellness considers the balance between home and work life, as well as one's relationship with nature and community resources. It includes safety, air and water quality, and the impact of urban environments on health.

Economic Wellness: Economic well-being is influenced by income, employment, government effectiveness, and social relations. Income inequality, subjective values related to financial success, and unemployment can affect economic wellness.

Cultural Wellness: Cultural differences and individual attitudes and temperament influence well-being. Wealth alone does not guarantee happiness, and cultural factors play a significant role in subjective well-being.

Climate Wellness: Extreme weather events, even when not directly linked to climate change, can negatively impact subjective well-being. Concerns about environmental factors like the ozone layer and species extinction can also affect well-being.



Prof. Dr. Ketan Pattani
HOD- Dept. of Obstetrics
& Gynecology

THE IMMUNIZATION AND ITS EFFECTS WITH APPROACH TO HOMOEOPATHIC MEDICINE

ARTICLE 2

- Immunity in human body invades by microbes depends on itself by counterattack against microbes by cellular immunity by natural killer cells and humoral immunity by immunoglobulins.
- Antibody generators Antigen.
- **H/O: First disease was Smallpox for which the vaccine was found.**
- There are so many vaccines preventable adult diseases for example chicken pox, diphtheria, flu hepatitis, human papillomavirus, haemophilus influenza and some other disease.

VACCINE COVERAGE IN INDIA:

- The BCG vaccine is given about 95% of paediatrics. While in adult there is about 90% ratio of Tetanus vaccine.
- Now days in adults the disease changing epidemiology, enhances longevity. Now the Male ratio is 66.9 and female is 70.3. chronic illness in early 56 years immunity for communicable and non-communicable disease and susceptible to infection diabetes hypertension, COPD, asthma, long term steroid use for connective

disease, autoimmune disease, immune compromise disease. This scenario is because we don't get proper data for infectious disease no surveillance system no national guidelines for preventable infectious disease.

ADVANTAGES OF IMMUNIZATION:

- Vaccine protection and vaccine prevention, prevention community spread, economics and vaccine reduce anti-microbial resistance.
 - PNEUMOCOCCAL DISEASE, INFLUENZA, HEPATITIS A AND B, ZOSTER HERPES, TETANUS ARE VACCINE PREVENTABLE DISEASE IN ADULT.
- VACCINE RECOMMENDED FOR HEALTHY ADULT:** DPT in 2 doses, MMR SC 2 doses interval weeks 0-1-6 months, human papillomavirus 9 to 26 years male 4 doses, influenza more than 50 years annually point 5 ml IM, pneumococcal more than 65 years 2 doors SC or IM at the 5 years interval, herpes zoster more than 60 years, hepatitis A 1 ml 6 month, meningococcal 0.5 ml SC.

VACCINATION AT AGE:

• Age 19-26 years Hepatitis A & B, HAV, ABV: Td booster	• Girls Human papillomavirus at 9-14 years 0-6months >14
• 27-49 Influenza vaccine one dose every year	3 doses
• TDAP (Tetanus, Diphtheria, AcellnsPertusis)	• Male up to 26 years 0-1-6 months

Special groups:

Travellers, healthcare workers, immune compromise, immune deficient, during pregnancy contradiction. During pregnancy preconception counselling has include HBV diagnostic, HAV, HBV, SWINE FLU, COVID 19 but MMR, VERISELLA, YELLOW FEVER AND BCG VACCINE CAN'T BE GIVEN.

- There is also some adverse reaction of vaccines like local pain, systemic mild fever, body ache, serious anaphylactic reaction, post vaccine GBS (gullian barre syndrome.).

CONCLUSION:

Immunization has many advantages and there is also some adverse effects of those vaccinations and homoeopathic medicines have much appreciated effects on bad effects of vaccination like Thuja, silicea, Vaccinium and symptomatic treatment can also be done.

“LET'S BUILD WELLNESS RATHER THAN TREATING DISEASE.”

EFFICACY OF HOMOEOPATHY IN MANAGEMENT OF ASTHMA - AN EVIDENCE BASED CASE STUDY



Nirav Ganatra
PG Scholar

Dept. Of Organon of Medicine

CASE 1

A 38-year-old male patient, presented on 10/10/21 with complaint of Spasmodic & constrictive pain in chest, Cough with sensation as if something torn loose in the chest, Dry cough with shallow respiration and Hoarseness with stitching pain.

Location	Sensation	Modality	Concomitant
Respiratory System -since Last 1-2 year	- Spasmodic & constrictive pain in chest - Cough with sensation as if something torn loose in the chest. - Dry cough with shallow respiration - Hoarseness with stitching pain	< in a warm room > in cold air & in damp wet weather	-There is bursting headache

PATIENT AS A PERSON :-

PHYSICAL CHARACTERISTICS

A] APPEARANCE:-

- | | | | |
|--------------------|-------------------|-----------------|------------------|
| 1. Weight – 55 kg. | 2. Skin - Dark | 3. Hair - Black | 4. Nail - Pink |
| 5. Mouth - NAD | 6. Gums – Swollen | 7. Teeth - NAD | 8. Lips - NAD |
| 9. Eye - NAD | 10. Ear - NAD | 11. Oedema - | 12. Perspiration |

B] DIGESTION:-

1. App – 3 meal/day 2. Hunger - NAD 3. Craving – Alcohol & fatty food 4. Aversion - Coffee

C] ELIMINATION:-

1. Stool frequency: 1/0 D/N (CONSTIPATED) Urging: Ineffectual

2. Urine frequency: 6-7/0 D/N Urging: Ineffectual

- Dreams: Anxious being pursued by animals, dogs & cats.

MENTAL SYMPTOMS:

EMOTIONAL:

- -Angry and impatient.
- -Fears poverty.
- -Fear of knives.
- -Angry when consoled.

INTELLECTUAL:

- -Sudden loss of memory.
- -Cannot bear noise, light, odor, touch, music, reading Or conversation.

BEHAVIORAL:

- -Ill humored, finds fault with everybody & scolds them.
- -Talks about one's condition.
- -Low muttering delirium.
- -He should kill himself or others.

GEN. MODALITY:-

- < Morning, mental exertion, during dry weather
- > In the evening, at rest, lying down GEN.

REPERTORISATION:-

PRESCRIPTION:-

- Nux vomica 200-1 dose

S.L. 5 pills T.D.S. for 7 days

ANALYSIS & EVALUATION OF SYMPTOMS:-

-Spasmodic and constrictive pain in chest (Characteristic physical)
-Cough with sensation as if something torn loose in the chest (Characteristic physical general)

-Dry cough with shallow respiration (Physical general)

-Hoarseness with stitching pain (Physical general)

<- in warm room (Characteristic modality)

-> in cold air & damp weather (Characteristic modality)

-Chilly patient (Thermal state)

-Angry when consoled (Mental general)

-Fear of knives, pt. Should kill himself or others (Mental gen)

MIASMATIC ANALYSIS:- PSORIC-SYPHILITIC

SYMPTOM	PSORA	SYCOSIS	SYPHILIS
Spasmodic and constrictive pain in chest	+		+
Cough with sensation as if something torn loose in the chest		+	+
Dry cough with shallow respiration	+		+
Hoarseness with stitching pain	+		
<- in warm room			+
-> in cold air & damp weather			+
Angry when consoled	+	+	
Fear of knives, pt. should kill himself or others			+

FOLLOW UP:

DATE	SYMPTOMS	PRESCRIPTION
18/10/2021	Relief in c/o pain in chest	S.L. 5 pills T.D.S. for 7 days
26/10/2021	-No pain in chest. Cough is profuse	Nux vomica 200-1 dose S.L. 5 pills T.D.S. for 7 days
03/11/2021	-Cough is less. No other complain.	S.L. 5 pills T.D.S. for 7 days

CHANGES IN THE DISPOSITION, A KEY TO THE PRESCRIPTION IN ACUTE CASES



Dr. Alfaiz Qureshi
PG Scholar

Dept. Of Materia Medica

CASE 2

Abstract: - It is commonly believed that homoeopathy can't effectively address acute cases, it is possible to manage acute conditions using this holistic approach. In dealing with acute cases with homoeopathy, there is a great importance of changes in one's disposition to make prescription successful.

Keywords: - Acute cases, Changes in the disposition, Holistic approach - Homoeopathy.

Case: - A 2-year-old child brought to the OPD on 6th June 2023 with complaints of Fever for 1 day, coughing since 2 to 3 days, Watery nasal discharge and sneezing as well occasionally, decreased appetite and weakness and startled from sleep and disturbed sleep.

On detailed interrogation about the ailment, the mother narrated wonderfully that there is change in his activities and in his behavior. She told me that the child is otherwise very calm and playful, but since last 2 to 3 days there is remarkable change in his behavior that he became very cranky, irritable, crying all the time without any reason, screaming and all. His father told him that sometimes he cries so badly that he does not listen to anyone, and nothing gives him relief and even he himself does not know what he wants. His father further added that the child does the exact opposite of what he is been told and throws the toys and things in anger.

On examination, Temp – 101.2 f, PR – 138/ min, RR – 36/min and child was moaning due to fever. On auscultation, there are Crepitations, rattling of mucus while coughing. During the case taking it is observed that the only thing by which the child was ameliorated was carrying by his mother.

Understanding of the Case:-

In the 5th edition of Organon of medicine, Master Hahnemann has given importance to considering the changes in the disposition in selecting the similar remedy in acute cases as well in **Aphorism no 213**. So, in this case also, I have given prime importance to the **changes in the disposition** that the child was **otherwise very calm and playful became cranky, very angry, throwing things and his toys in anger, screaming, crying all the time without any reason** and I have considered the following symptoms in my totality of symptoms...

- Irritability
- Cranky
- Crying and screaming without any reason
- Contrary
- Capriciousness
- Moaning during fever
- Crying > by carrying by his mother
- Rattling of mucus while coughing

Considering these symptoms, the only remedy which was reflecting was CHAMOMILLA. As it was an acute ailment, and the mental generals were there in the case and for that the potency I have chosen was 1M.

Prescription:-

CHAMOMILLA 1M WATER POTENCY EVERY 4 HOURLY FOR 1 DAY

And ask the relatives to come to follow up the next day.

Follow up:-

07/06/2023	- Fever once - Frequency of coughing decreased. - Child was asking for food. - Improvement in weakness - Sleep improved. - Improvement in behaviour but he was still irritable and crying on little matters	Rx CHAMOMILLA 1M water potency TDS for 1 day
08/06/2023	- Fever once - Coughing was there? - Child was taking food. - Marked improvement in behaviour – he was asking for his toys and watching videos in mobile phone, not crying unnecessarily	Rx CHAMOMILLA 1M water potency TDS For 1 day
09/06/2023	- No fever - Coughing almost improved - Appetite and food intake almost normal - Much more improvement in behaviour and child was playful, irritability almost improved.	Rx SAC LAC 4 pills TDS for 3 days

“A HEALTHY OUTSIDE STARTS FROM THE HEALTHY INSIDE”



HOMOEOPATHY: NOT A THEORY OF DISEASE, BUT THEORY OF CURE

Vrinda Kalavadia
4th BHMS

ARTICLE 3

As long as men have existed, they have been liable individually or collectively to disease from physical or the moral cause. In a rude state of nature but few remedial agents were required, as

the simple mode of living admitted of but few diseases; with civilization of mankind, on the contrary of the disease and necessity for the medical aid increased in the equal proportion.

With this Dr Hahnemann occupied himself with practical part of medicine with the healing art along with holistic health; with approach of holistic medicine which is the art and science of healing that addresses care of the whole person that is body mind and spirit.

The trend of homeopathic cure is to individualize and treat each patient as a person suffering under and from conditions. Homeopathy looks at the human organism from the point of view of the biological whole, that is organism though consisting of different parts is something more and greater and richer in the potentialities and function than what are possessed of by each of its constituent parts and transcends them as well.

Homeopathy treats the patient not the disease. Homeopathy regards that source of life and energy is not material but spiritual. The basis, the foundation on which life and energy stands and work, is physical. The scope of homeopathy lies in treating the actual morbid vital process and neither its causative agents nor its ultimate's.

Homeopathy stands as a specialist at a pivotal point between the individual with the disease and the organo- specialist who makes the detailed investigation of a particular tissue or tissues bearing the brunt of the disease.

Homeopathy copes with the individual's particular health problem and aims chiefly at cure.

Homeopathy is a method focusing its effort upon the individual and individualistic side of disease. Homeopathy believes in supreme efficacy of homeopathic method of application of drugs as a single remedy at a time and in minimum dose.

Lastly the technique adopted by Hahnemann is 'as intuitive deposition of thinking with phenomenology as the method of research and analogizing as the way of thinking.'

"Why Homeopathy??" They questioned.

May I want to touch souls and not just their bodies?



A COMPREHENSIVE AND PRINCIPAL TREATMENT WITH HOMOEOPATHY

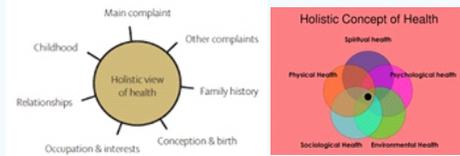
Manan.k. Pambhar
3rd BHMS

ARTICLE 4

Homeopathy is a science and practice of medicine that believes in treating every individual as whole for the overall wellbeing of every individual.

Homeopathy follows a holistic approach for treating sufferers because it treats people, rather than focusing on the diseased part or symptoms or sickness. It is science which enhances overall wellbeing, while focusing on targeted symptoms and complains. It cures individual by focusing emotionally, physically, mentally, and socially. It is a system which believes that the body is constitution and so it must be treated as whole; it addresses the whole person-BODY, MIND, SPIRIT.

Homeopathy is an effective type of natural therapy that assiststhe body in restoring balance which is based upon principle of stimulating body to heal itself. Thus, homeopathy is gentle and effective way to return the state of wellness through holistic approach.



HOMOEOPATHY – THE HOLISTIC SOLUTION FOR COMPLETE WELL BEING.

Mihir Visapara
2nd BHMS

ARTICLE 6

➤ Introduction:

An approach to healthcare known as holistic health considers a person's physical, emotional, and spiritual wellness. The goal of holistic health is to treat the underlying cause of a condition rather

than just its symptoms. Being in good physical, mental, and emotional health is referred to as wellness. It includes every facet of a person's life, such as their way of living, surroundings, and interpersonal relationships. This can involve engaging in regular exercise, maintaining a good diet, learning stress management strategies, and engaging in self-care activities. A balanced and meaningful existence where people can thrive both personally and professionally is what wellness is all about. The homeopathic science is completely based on the nature's law of cure which is 'similia similibus curenter' that means like cures like.

➤ Description

Homeopathy is one of the sciences which help an individual to attain holistic health and wellness. Small amounts of natural compounds are used in homeopathy, a type of medicine, to promote the body's inherent ability to cure itself. It is predicated on the idea that "like cures like," or that a drug that can generate specific symptoms in healthy individuals can also be used to treat those same symptoms in individuals who are ill. A holistic approach to health is one that considers the full individual, including their physical, mental, emotional, and spiritual well-being. This is true of homeopathy. Acute ailments like colds and the flu as well as chronic conditions like allergies, arthritis, and anxiety are frequently treated with it. Holistic health and wellness of an individual can be achieved only when an individual can experience the original state of health that was present before the disease. In short, the individual should be mentally and physically stable only then, and then holistic health is said to be achieved.

Homeopathy is the only science which considers a person as a whole and treats an individual rather than treating disease. Homeopathy believes that it is individual which needs to be treated rather than the disease. According to this science body of everyone in run by an immaterial force called "vital force". It governs the whole body and sees to it that all the cells' tissues and organs workwell. Derangement in the vital force makes the disease force or rather to say disease gain's chance to invade the body with result in various infections in the body. This infection and damage caused by disease force is shown by vital force to individual in form of symptoms. So basically, the symptoms are the appearance of the deranged vital force.

So, the homeopathic drug acts as the vital force. according to law in homeopathy no two disease can remain present in the body at same time so medicine is nothing but artificial created force which pretends to be disease force so the original disease and the medicine (artificial induced disease force) attacks body but only one can reside according to law so as we have potency in our hand, medicine is selected in potency high as compare to disease force so disease force is eradicated and soon the medicinal force . So, at last as the effect of medicine force subsides vital force gains its original strength.

➤ Conclusion:

So, Homeopathy is the medical science which has the capacity to bring back natural wellness of the person in holistic way.



HOLISTIC HEALTH WITH HOLISTIC HOMOEOPATHY

Viradiya Parth A.
1st BHMS

ARTICLE 5

Homeopathic Medicine Is the Practice of Medicine That Embraces a Holistic and Natural Approach to Treating Illness. Like Holistic Medicine, Homeopathy Treats the Person as A

Whole, Rather Than Focusing on A Singular Symptom. Homeopathy Uses Natural Sources and Remedies That Are Prepared in Accordance with FDA Standards.

WHAT IS HOLISTIC HEALTH?

Holistic Health Is an Approach to Wellness That Simultaneously Addresses the Physical, Mental, Emotional, Social, And Spiritual Components of Health. As A Field of Practice, Holistic Medicine Draws from Many Disciplines, Religions, And Cultures to Heal People, Communities, And Even the Environment.

HOLISTIC AND HOMOEOPATHIC TREATMENTS:

Our Holistic and Homeopathic Providers Combine Modern, Western Medical Treatments with Alternative Medicine or Complementary Treatments, Such as Chiropractic, And Massage.

Those Remedies Might Also Include:

- Nutritional-Botanical Supplement Treatments
- Osteopathic Treatments
- Cardiovascular Health Therapies
- Platelet Rich Plasma Therapies

HOMOEOPATHY AS A STREAM OF HOLISTIC MEDICINE:

Homeopathy Had a Major Role in Extending the Popularity of Alternative Medicine. Significantly, Homeopathy Medicine Also Stands Tall on The Philosophical Foundation of Holistic Medicine.

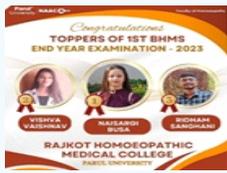
One Of the Fundamental Principles of Homeopathy Is the Law of Similar. This Is Based on The Premise That "Like Cures Like." This Means That a Substance Produces Symptoms of Illness in A Well Person When Administered in Large Doses. If We Administer the Same Substances in Minute Quantities, It Will Cure the Disease in The Sick Person.

The System Is Also Based on The Belief That the Body Is A "Constitution" And Must Be Treated as A Whole. The Right Remedy Is To "Kick Start" The System into Healing Itself at The Most Basic Level. Thus, Homeopathy Aims Not to Treat Disease but To Heal The Body.

The Homeopath Is Concerned with Everything, Not Just the Physical Symptoms, Occurring at The Time. The Homeopath Wants to Know About the Person's Emotions, Personal Interactions, Work Life, Stress, And Dreams, And Anything Else of Importance in The Person's Life.

"HOLISTIC WELLNESS IS THE PRACTICE OF TREATING THE WHOLE MIND, BODY AND SPIRIT AS ONE"

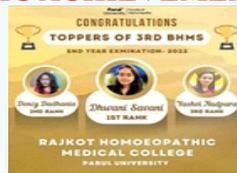
ACADEMIC ACHIEVEMENTS OF THE STUDENTS



1st BHMS (2022-2023)



2nd BHMS (2022-2023)



3rd BHMS (2022-2023)



4th BHMS (2020-2022)



Drashti Gadhiya 4th BHMS (2020-2022)

ACHIEVEMENTS OF THE STUDENTS IN STSH AND NATIONAL QUIZ COMPETITION.



FACULTIES OF RHMC SERVED AS A RESOURCE PERSON IN NATIONAL/INTERNATIONAL WEBINARS.



Prof. Dr. Hitarth N. Mehta Principal & HOD Dept. of Practice of Medicine Resource Person in CME on Topic- Homoeopathic Approach in Respiratory Disorders made Easy with Allen's Key Notes.

Panelist in Penal Discussion organised by Bhargav Phytolab Topic- Homoeopathic Approach towards Covid New Variant

Instagram live moderated by Dr. Mrugank Meghani and Dr. Raxit Ramawat

Prasar Bharti Akashwani Rajkot live.



EXPERT TALK CONDUCTED IN OUR INSTITUTION



Dr. Hardik Khamar-Expert Talk on Cancer and Homoeopathy; Challenges and exploring Possibilities.



Dr. Tanmay Pansuriya- Expert Talk on World Tuberculosis Day.



Mrs. Heena Kashiyani- Expert Talk on Understanding Thalassaemia



Dr. Jigarsinhjadega – Expert Talk on Brain Tumour & its Surgical Management



Dr. Jigna Ganatra – Expert Talk on Overview of Benign & Malignant Tumours in Female Genital Tract.

INTERDEPARTMENTAL WEBINARS CONDUCTED IN OUR INSTITUTION



WORKSHOPS CONDUCTED IN OUR INSTITUTION



Workshop on Models and Charts under Department of Practice of Medicine (27-03-2023)



Workshop on Unveiling Surgical Skills & A Journey through the Operation Theatre under Department of Surgery (29-06-2023 & 30-06-2023)



Workshop on Menstrual Hygiene under Department of Gynaecology and Obstetrics (8-07-2023)

FACULTIES OF RHMC ATTENDED CME AT VARIOUS INSTITUTIONS



Dr. Vani Oza & Dr. Hiral Trivedi



Dr. Jay Solanki & Dr. Raxit Ramawat



Dr. Kamna Gupta & Dr. Raxit Ramawat



Dr. Mital Kancha & Dr. Shreya Joshi

“WHEN “I” REPLACED BY “WE”, EVEN ILLNESS BECOMES WELLNESS”

CO CURRIULAR ACTIVITIES OF VARIOUS DEPARTMENTS



Dept. of Community Medicine- Industrial Visit (05-1-2023)



Dept. of Forensic Medicine & Toxicology - A Visit of Forensic Science Laboratory (19-4-2023)



Dept. of Pathology & Microbiology- A visit to Blood Centre (18-04-2023 to 20-4-2023)



Dept. of Community Medicine - Visit to Aji Water Treatment Plant (29-4-2023)



Dept. of Forensic Medicine & Toxicology - Court Visit (21-6-2023)



Dept. of Repertory & Case Taking- Visit to R.P. Patel Institute (23-6-2023)



Dept. of Homoeopathic Pharmacy- Herbal Garden & Healwell Visit (18-08-2023)



Dept. of Practice of Medicine- Visit to Synergy Super speciality Hospital Visit (17,18,19-08-2023)



Dept. of Surgery- Visit to City Dental Hospital (17th to 26th August 2023)



Dept. of Community Medicine- De addiction Awareness Programme (13-06-2023)



Dept. of Case Taking & Repertory- Seminar on Gesture Says About Yourself (17-7-2023)

ALUMNI TALK



**Dr. Mrinal.H. Raiyani
Dt. 21-3-2023**

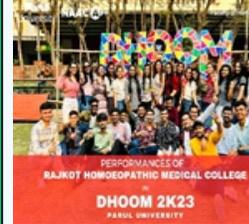


**Dr. Khyati Kunt
Dt. 27-4-2023**



**Dr. Isha Gohil
Dt. 28-6-2023**

DHOOM 2023



FOUNDATION PROGRAMME



FACULTIES OF 1ST BHMS ATTENDED CBDC PROGRAMME



Social Responsibility Cell (SRC)



Distribution of Chikki to Slum Areas in Rajkot (13-01-2023)



POSTER MAKING & ESSAY WRITING COMPETITION



Republic day (26-01-2023)



Independence Day (15-8-2023)

WORLD MALARIA DAY



Awareness Programme (25-04-23)

WORLD ENVIRONMENT DAY



Pledge Ceremony (5-6-23)

BLOOD DONATION CAMP



WORLD HOMOEOPATHY DAY



MILLET MANIA UNDER IYOM (8-7-2023)



INTERNATIONAL YOGA DAY



Surya namaskar & Yoga Session (21-7-2023)

“YOUR BODY CAN HEAL ITSELF OF ANYTHING IF YOU PROVIDE IT THE RIGHT ENVIRONMENT TO DO SO”

G -20 YUWAMANTHAN SUBMIT



DEATH ANNIVERSARY OF DR.HAHNEMANN(2-07-2023)



BREAST FEEDING AWARENESS PROGRAMME(4-08-2023)



INDEPENDENCE DAY (15-08-2023)



COMMEMORATION OF DR. JAYESHBHAI K.PATEL ON 25-8-2023



EXTRA CURRICULAR ACHIEVEMENTS



INTERN ORIENTATION PROGRAMME



INTERN CASE PRESENTATION



MOU WITH CCRH.



TRAINING PROGRAMME OF INTERNS AND GLIMPSE OF MEDICAL CAMPS



"It always seems impossible until it's done"

VARIOUS EVENTS OF POST GRADUATE DEPARTMENTS



International AYUSH Summit (27-1-2023 to 29-1-2023)



InterDepartmental Seminars



Seminar on Bach Flower Remedies (10-6-2023)



Educational Tour - R.P Patel Museum (23-6-2023)



Student Exchange Programme



Instagram Live



World Environment Day



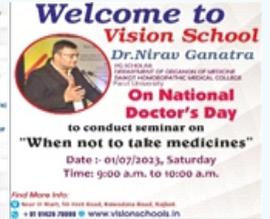
Case Presentation



Article Presentation



Awards & Achievements



LIST OF MEDICAL CAMPS AT SAINATH HOMOEOPATHIC HOSPITAL

Sr. No.	Date	Place	No. Of Patients.
1	29/01/2023	Multispeciality Medical Health Checkup camp at Rameshwar Mahadev Khodiyar Mandir Trust, Laxmivadi -2/7, Rajkot	126
2	22-02-2023	Mega Medical Health Check up camp at Shree Kasturba Highschool, Rajkot	152
3	26-03-2023	a Mega Medical Camp at Dr. Homi Jahangir Bhabha Primary school no.78, Rajkot	102
4	22/04/2023	Mega Medical Health Check Up Camp at Shree Mota Mauva Taluka School, Raghuvirpara, Rajkot.	144
5	27/05/2023	Mega Medical Health Check Up Camp AtRashtriya Shala, Vidyanagar.	103
6	25/06/2023	Mega Medical Health Check-up Camp at Nidhi School, Bharatinagar, RamadevpurChowkdi, Rajkot	125
7	06-07-2023	Awareness campaign at Punitnagar, Bajarangvadi, Rajkot.	103
8	30-07-2023	Mega Medical Health Check Up Camp at New BudhdhayFoundation Trust Hall, Jilla Garden Chowk, Near Old Jail, Sorathiya Plot Street No.2/9, Rajkot	172
9	08-08-2023	Awareness campaign at POLICE HEAD QUARTER, RAJKOT	106
10	25-08-2023	Mega Medical Health Check Up Camp at Rajkot Homoeopathic Medical College, Sainath Homoeopathic Hospital, Makkam Chowk, Gondal Road, Rajkot	155

Sender's Name & Address

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