



RAJKOT HOMOEOPATHIC MEDICAL COLLEGE
PARUL UNIVERSITY



Faculty of Homoeopathy

RAJKOT HOMOEOPATHIC MEDICAL COLLEGE



Report of 6 Days CME Programme For AYUSH Teachers
Conducted by Department of Physiology Including
Biochemistry at Sri Sairam Homoeopathy Medical
College & Research Centre, Chennai



RAJKOT HOMOEOPATHIC MEDICAL COLLEGE

PARUL UNIVERSITY

ACADEMIC YEAR 2022 - 23

CME ON

PHYSIOLOGY & BIOCHEMISTRY WITH SPECIAL

EMPHASIS ON RESEARCH, AT

SRI SAIRAM HOMOEOPATHY MEDICAL COLLEGE &

RESEARCH CENTRE, CHENNAI

Sairam
INSTITUTIONS

MINISTRY OF AYUSH
GOVT. OF INDIA

Sponsored

**6 DAYS CME PROGRAMME FOR
AYUSH (HOMOEOPATHIC)
TEACHERS**

11,09,2023 to 16,09,2023

Sri Department of Physiology including Biochemistry
**SAI RAM HOMOEOPATHY
MEDICAL COLLEGE & RESEARCH CENTRE**
A NABH Accredited Hospital
Sai Leo Nagar, West Tambaram, Chennai - 44

RAISE FOMS Sairam SDG



RAJKOT HOMOEOPATHIC MEDICAL COLLEGE

PARUL UNIVERSITY

CME (Continuing Medical Education) scheme is a central sector scheme implemented in 11th Plan to give training to AYUSH personnel for upgrading their professional competence & skills and their capacity building. The Scheme is run by Ministry of AYUSH, Government of India.

In association with Sri Sairam Homoeopathy Medical College & Research Centre, Chennai, a 6 days CME Programme was organised on Physiology and Biochemistry with Special Emphasis on Research from 11th to 16th September, 2023 sponsored by Ministry of AYUSH, Government of India and Sairam Institutions.

CME, attended by the Faculty -

- 1) Dr. Aditi Srivastava, Asst. Prof., Dept. of Physiology & Biochemistry.

Day	Name of Speakers	
1	Dr. R. Latha	Dr. Sheela Joice
2	Dr. A. Vincer George	Dr. Juhi Gupta
3	Dr. N. Karthigeyan	Dr. Gaurav Bhatt
4	Dr. B. Indu	Dr. Ashwini Dutt
5	Dr. Shishir Kumar Singh	Dr. Kanimozhi
6	Dr. Prabhavathy	Dr. K. Sembulingam

An assemblage of great orators and wonderful session by each one of the speakers. The lessons were captivating with active participation of doctors in various mind boggling activities such as – Concept game, framing research titles, simulating the Flipped classroom method and many more. A restful week of learning, interaction and witnessing simplicity of southern culture with smacking delicacies of the region.



RAJKOT HOMOEOPATHIC MEDICAL COLLEGE

PARUL UNIVERSITY

There were two sessions everyday. One session on Physiology & Biochemistry, the next being on Research and its importance in Physiology.

Day	Name of Speaker	Session Content
1	Dr. R. Latha	Strategies for Teaching Learning & Research Fostering Critical thinking in Physiology among Homoeopathy under Graduate
	Dr. Sheela Joice	Art of Writing A Research Paper and Conference Abstract
2	Dr. A. Vincer George	Simulation Based learning – A new teaching methodology
	Dr. Juhi Gupta	Introduction to research and how to choose a topic and research application
3	Dr. N. Karthigeyan	An exposition of Homoeopathy in the perspective of physiology
	Dr. Gaurav Bhatt	Educational Objectives in education process
4	Dr. B. Indu	The Art of Engaging Students
	Dr. Ashwini Dutt	Outcome based educational framework
5	Dr. Shishir Kumar Singh	Need of research and basics of research & research methodology
	Dr. Kanimozhi	Polysomnography
6	Dr. Prabhavathy	HRV Analysis on Autoimmune nervous system function test
	Dr. K. Sembulingam	Pulmonary function test



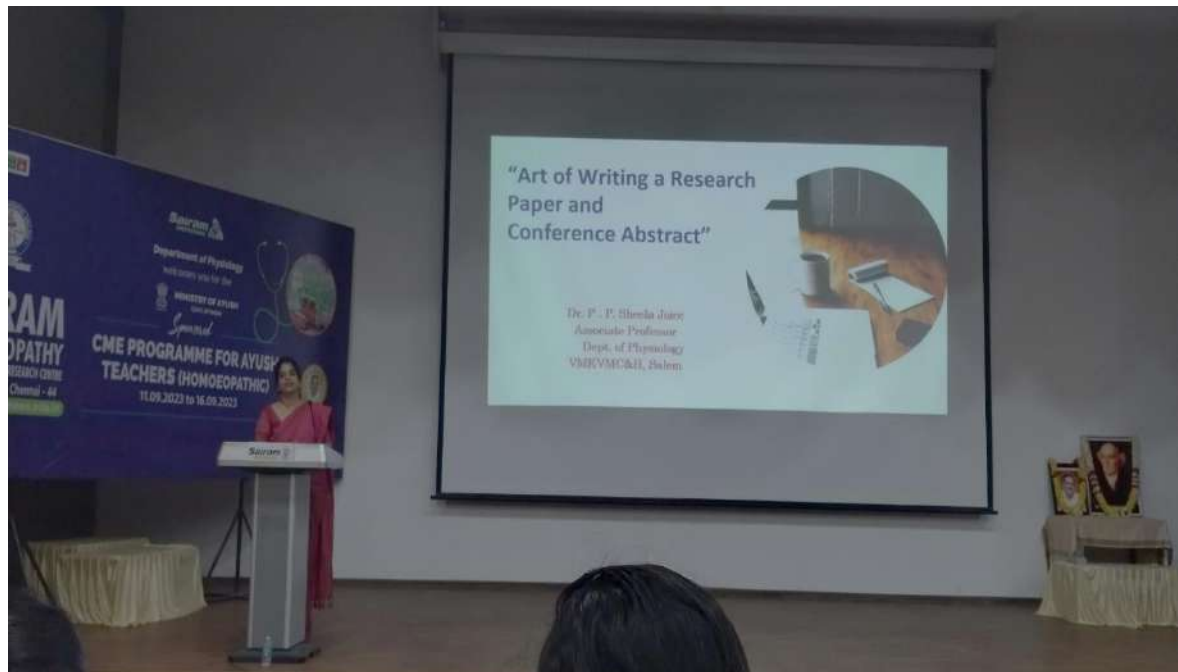
RAJKOT HOMIOEPATHIC MEDICAL COLLEGE PARUL UNIVERSITY





RAJKOT HOMIOEPATHIC MEDICAL COLLEGE PARUL UNIVERSITY

CME DAY ONE: SESSIONS





RAJKOT HOMIOEPATHIC MEDICAL COLLEGE

PARUL UNIVERSITY

CME DAY TWO: SESSIONS





RAJKOT HOMIOEPATHIC MEDICAL COLLEGE PARUL UNIVERSITY

CME DAY THREE, FOUR & FIVE: SESSIONS





RAJKOT HOMIOEOPATHIC MEDICAL COLLEGE

PARUL UNIVERSITY

CME DAY SIX: SESSIONS





RAJKOT HOMIOEPATHIC MEDICAL COLLEGE PARUL UNIVERSITY

VALEDICTORY SESSION ON THE LAST DAY





RAJKOT HOMIOEPATHIC MEDICAL COLLEGE

PARUL UNIVERSITY

**VISIT TO MAHABALIPURAM & ARJUNA'S
PENANCE**





RAJKOT HOMIOEPATHIC MEDICAL COLLEGE PARUL UNIVERSITY





RAJKOT HOMOEOPATHIC MEDICAL COLLEGE

PARUL UNIVERSITY

Summary

This CME was a memorable and a wonderful educational experience. First time visiting Chennai and witnessing such great hospitality and culture.

It was an assemblage of great orators and wonderful session by each one of the speakers. The attendees were instilled with the value of the position they are holding onto. It was definitely student oriented with discussion of CBDC with integration of various teaching methods. Emphasis was given on incorporating Physiology with research; Polysomnography and Heart Rate variability and their research studies were discussed as well.

Simulation based learning was a new concept that should be incorporated as a new teaching method for students. One of the speakers, Dr Indu pushed us to do SWOT analysis of ourselves and to make introspection a habit from time to time.

The lessons were captivating with active participation of doctors in various mind boggling activities such as – Concept game, framing research titles, simulating the Flipped classroom method and many more. Last but not the least, a restful week of learning, interaction and witnessing simplicity of southern culture with smacking delicacies of the region.

Objectives of CME –

1. For upgrading faculties' professional competence & skills and their capacity building.
2. To make the faculties' aware about the incorporation of Physiology with research
3. To educate the faculties about the importance of research and motivate to take up good projects.

Outcomes of CME –

1. To achieve newer ways of indulging and make the students participate in the classroom
2. Enhancing and learning newer ways of teaching the students.
3. Focussing on the research work and keeping ourselves update about the recent ventures in research.

In the end, I would like to thank Parul University, Dr. Devanshu Patel sir, Dr. Komal Patel Maam, Dr. Parul Patel Maam for their continuous support.

I would also like to thank **Principal, Dr. Hitarth Mehta sir** and **Director Mrs. Rashmi Khubani Maam** for giving me the permission to attend the CME, highly grateful.

Regards,
Dr. Aditi Srivastava
Asst. Professor,
Dept. of Physiology
& Biochemistry