



Parul
University

Established & Incorporated Under Gujarat Private Universities
(Second Amendment) Act, 2015 (Guj. Act No. 7 of 2015)

Date: 24-02-2023

To,
The Medical officer,
Khirasara Primary Health Centre, Rajkot.

Subject: To visit Primary Health Centre

Respected sir,

As per direction of National Commission for Homoeopathy, Department of Health and Family welfare, AYUSH branch, Govt. of India, as a part of Foundation Course for First B.H.M.S. students they have to visit any PHC as mandatory. Students of First B.H.M.S. of Rajkot Homoeopathic Medical College, Parul University, will visit your esteemed PHC under the guidance of faculty members as per your convenience.

Your co-operation is highly solicited and obliged.

Thanking you.

permitted to visit on 13/3/23 mth.

[Signature]

12/23



**MEDICAL OFFICER,
PRIMARY HEALTH CENTRE
KHIRASARA, TA: LODHIKA**

**Rajkot Homoeopathic Medical College
Faculty of Homoeopathy**

Sincerely,

[Signature] 24/2/23

Prof (Dr) Hitarth N Mehta.
Principal
Rajkot Homoeopathic Medical College
PRINCIPAL
RAJKOT HOMOEOPATHIC MEDICAL COLLEGE
RAJKOT.

Gondal Road, Rajkot - 360002, Gujarat, India

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PARUL UNIVERSITY
RAJKOT HOMOEOPATHIC MEDICAL COLLEGE
Department of Community Medicine

Date-.....10.03.23

CIRCULAR

All the students of1st BHMS BHMS are hereby informed that
Department of Community Medicine has organized an academic visit to
...PRIMARY HEALTH CENTREon...13.03.2023.

Your presence is mandatory. Absence without prior permission will attract a disciplinary action.



D. S. 10.03.23
HOD

Dept. of Community Medicine
HOD
Department of
Community Medicine



Parul[®]
University



प्राथमिक स्वास्थ्य केंद्र - खीरसरा visit आयुष्मान भारत

PRIMARY HEALTH CENTRE

At Khirsara, Rajkot 360021

Organized by

**DEPARTMENT OF COMMUNITY
MEDICINE**

UNDER FOUNDATION COURSE

Rajkot Homoeopathic Medical College

Parul University

GUIDED BY :

Dr. Anup Kumar Das
(HOD -Community Medicine)

Dr. Humani Sharma
(Assistant Professor)

Dr. Jay Solanki
(Assistant Professor)

PREPARED BY :

PARTH VIRADIYA

Roll no : 89

1st BHMS (2023 -2024)

PRINCIPAL
HOMOEOPATHIC MEDICAL COLLEGE
RAJKOT.

Department of
Community Medicine



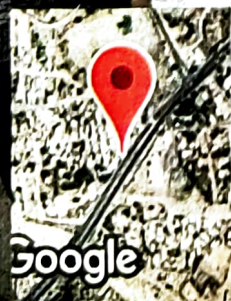
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6MP2+GPG, Khirasra, Gujarat 360021, India
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Long 70.651846°
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6MP3+RF4, Khirasra, Gujarat 360021, India
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Google

- **PLACE OF VISIT:**

Primary Health Centre, Khirasara Rajkot-360021

- **DATE OF VISIT :**

13th MARCH ,2023

- **ABOUT VISIT :**

The PHC is situated in Khirasara village of Lodhika taluka ,Rajkot district and it is NABH accredited.

- **OBJECTIVE OF VISIT :**

1. To provide comprehensive primary health care to community through The Primary Health Centres.
2. To Achieve and Maintain acceptable standards of Quality of Care.
3. To make the services more Responsive and Sensitive to the needs of the Community.



❑ INDIAN PUBLIC HEALTH STANDARDS FOR PHCS :

- The IPHS for primary health centres has been revised in 2012. Keeping in view the resources available with respect of functional requirements for PHC with minimum standard such as Building , Manpower, Instrument and equipments, drugs and other facilities etc. The standards prescribe dare for PHC covering 20000-30000 population with six beds. As all the block level PHC are ultimately going to be upgraded as CHC with 30 beds of providing specialised services.

❑ FUNCTIONS OF PHC:

1. Medical Care.
2. MCH including family planning.
3. Safe water supply and basic Sanitation.
4. Prevention and Control of locally Endemic Diseases.
5. Collection and reporting of Vital Statics.
6. Education about Health.
7. Natural Health Program- as relevant.
8. Referral Services.
9. Training of Health guides, Health workers, Health assistants.
10. Basic Laboratory Services.



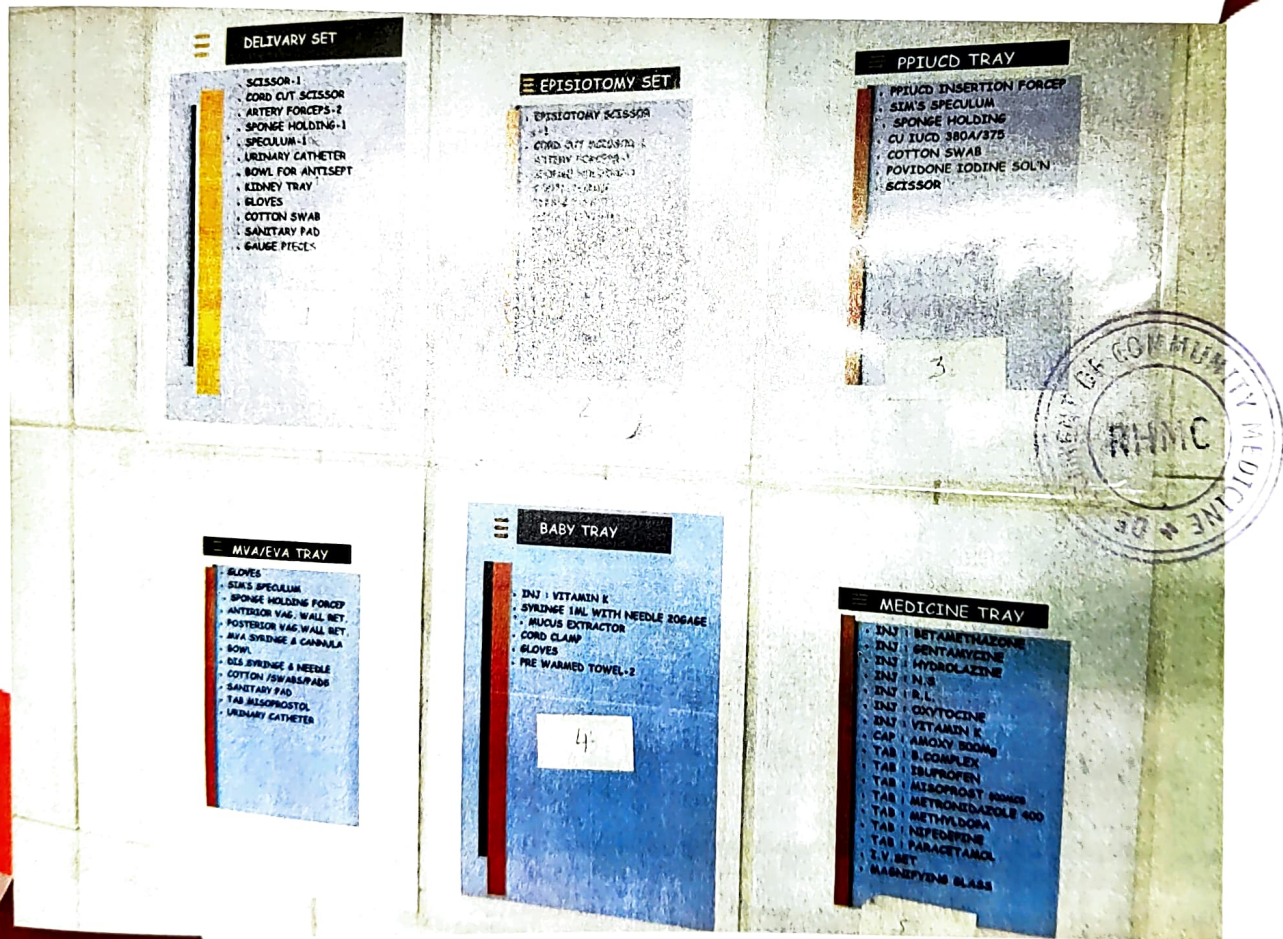
નાગરિક અધિકાર પત્ર

પ્રાથમિક આરોગ્ય કેન્દ્રમાં મળતી સેવાઓ

ક્ર.નં.	સેવાની વિગત	દિવસ	કામ
1	એ.પી.એ. સેવા	દરોજ બુધે ૨૫ દિવસ	સિવાસી, સ્ત્રી ૬૦૦ થી ૧૩૦૦ બેઠાની અને એમ્બુ. ૬૧૦ થી ૧૫૦૦ અને ૧૬૦૦ થી ૧૮૦૦
2	ટેન્કોટરી સેવા	"	"
3	અગ્રુપ સેવાઓ	"	સ્ત્રી ૬૦૦ થી ૧૩૦૦
4	ફામીલી સેવા	દરોજ	૨૪ કલાક
5	કોન્સલ્ટેશન સેવા	"	"
6	વિદ્યાર્થીક સેવાઓ	"	"
7	પેડિયટ્રીક સેવા	"	"
8	પેડિયટ્રીક સેવા	"	"
9	પેડિયટ્રીક સેવા	"	"
10	કેન્સર, ટીબી અને સ્કિનની સેવાઓ	દરોજ બુધે ૨૫ દિવસ	સ્ત્રી ૬૦૦ થી ૧૩૦૦
11	સર્જિકલ સેવા (સર્જિકલ સેવા, સર્જિકલ અને બેઠાની સેવા અને સર્જિકલ)	૨૩ સોમવા	સ્ત્રી ૬૦૦ થી ૧૩૦૦
12	પુખ્ત, સ્ત્રી સ્ત્રીઓ, એમ.પી.પી., કોન્સલ્ટેશન સેવાઓ	૨૨ સુક્રવા	પ્રાથમિક સેવાઓ, સર્જિકલ
13	સર્જિકલ સેવા અને સર્જિકલ સેવાઓ	દરોજ બુધે ૨૫ દિવસ	સ્ત્રી ૬૦૦ થી ૧૩૦૦ અને ૧૬૦૦ થી ૧૮૦૦

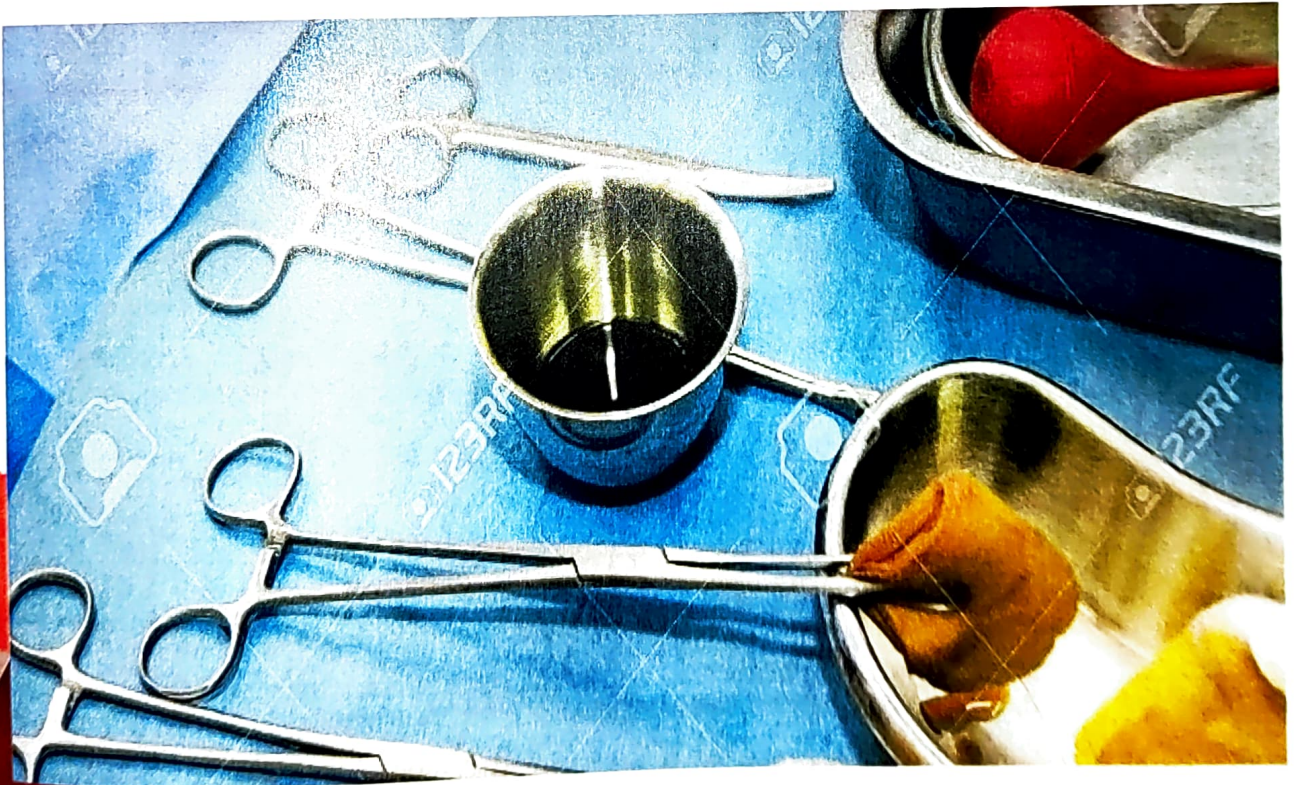
❑ LABOUR ROOM

- Labour room is well acquainted and all the necessary facilities are provided and proper hygiene is maintained as per the protocol.
- There is washroom inside the labour room and there are 2 doors which lead to the labour room if there is any emergency, 2nd door can be used.
- Suction machine and oxygen cylinder and 7 trays are available.
- There is baby corner present in the labour room which contains baby warmer.



❑ DRESSING ROOM

- Dressing of injuries caused by road accidents, clean cut injuries is carried out.
- Post surgical dressings are also done.
- Before dressing cleaning of wound is carried out.
- According to the requirement of case tetanus injection, pain killers, antiseptic, antibiotic and local anaesthesia is given.
- Dressing material like cotton, spirit, tincture iodine, antiseptic, bandage, rolled bandage, plaster, surgical pads, absorbent gauze, etc. are used.
- Biochemical waste collection bins are also present to properly dispose the waste material produced due to dressing.



❑ OPD

➤ There are 2 medical officer present in out door patient department:

1. MBBS Doctor

2. AYUSH Medical officer

➤ OPD timings are depended on seasons:

1. Winter: 9:00 a.m.to 1:00 p.m.

2. Summer and Monsoon: 8:30 a.m.to 12:30 p.m.

3. Evening: 4:00 p.m.to 6:00 p.m.

➤ OPD is open daily except national holiday.

❑ PHARMACY

➤ Medicines and injections are dispensed as per prescribed by Medical officer.



IPD FEMALE WARD

- There are 3 beds out which one was reserved for emergency.
- There was a bed confined for post-natal care where child and mother can stay after the delivery of child for 1-2 days.
- Here, method of breast feeding is also taught to mothers.
- Kangaroo Mother care is a special method of care of low birth weight babies.
- Kangaroo Mother Care consists of keeping the baby in close skin-to-skin contact with his/her mother as practiced by female kangaroo animal for their babies.
- Such Kangaroo Mother Care Chair is also placed for Mothers who need to take care of their babies accordingly.



❑ LABORATORY ROOM

- Tests are carried out during the OPD timings.
- Various tests are carried out in laboratory.
- Tests like:
 - ✓ Blood report
 - ✓ Glucose test: FBS, HbA₁C, PPBS, RBS
 - ✓ Pregnancy test
 - ✓ Urine routine and micro
 - ✓ Covid antigen test
 - ✓ CRP
 - ✓ LFT

❑ BIOMEDICAL WASTE

- Biomedical waste or hospital waste is any kind of waste containing infectious (or potentially infectious) materials.
- It may also include waste associated with the generation of biomedical waste that visually appears to be of medical or laboratory origin.



➤ There were 3 beds out of which one is reserved for emergency cases.

- Emergency cases like accidental, snakebite, cardiac emergency, fire, etc. are treated.

- Cases are taken on the basis of priority and follows triage system.

➤ There was an emergency bell to inform any kind fire emergency or cardiac urgency.



૧. શાખા એટલી ઝડપથી એક પામેલી દબાવવા પછી શાખા કરડ્યો છે એ જાણી જાય છે. પરંતુ આવી પામેલી શાખાને કાપી નાખવી જોઈએ. આવી પામેલી શાખાને કાપી નાખવી જોઈએ. આવી પામેલી શાખાને કાપી નાખવી જોઈએ.

2 પછી તમે પ્રયોગ પાં બાંધી
બેટલી સખત બેંચી બોલો
દારીએ કરણ વિના ઘસાવ-પલાવ
કરવું જોઈએ નહીં.

૨. શાસ્ત્ર જોડતે કંઈયે મુશી બાધો



A cartoon illustration of a hand holding a forearm that is wrapped in white bandages. The background is a solid yellow color.

4. પડત પડ જાણીયું બાંધો જેથી
કામની બંને તારકાઓ સાંધા બની ન
શકે.

૬. એને પચાસ લાખ બેરુપ
લાખમાં આંધ્રી આલવાનું લીમિત
લીનું જોડશે.

ક. કા. પરના કા. ૭) કોઈ પર
લાંબી બ) કોઈ સુધી અપાટિયું
રાખે અને ૮) કોઈ રાખે

આકૃતિ 1: દબાસ વડે ફ્લેનચલન બંધ કરવું (સધરલેન્ડ પદ્ધતિ)



SR NO	NAME OF INJECTION	CONTENT	DOSE	IN WHICH CONDITION
1	INJ. PROSENER	10MG/ML	20-40 MG. AS SLOWLY CHILDREN 10MG/ML IN 10-15 MAX 20MG DAY	RELIEVE ACUTE PNEUMONIA ACUTE NASOPHARYNGITIS
2	INJ. AMV	27.5MG/ML	250 MG TWICE A DAY	ALLERGY DRESSER ETC
3	INJ. AMINOGLUTAMINE	25MG/ML	250 MG 25% GLUCOSE THAN SLOW IN	ASTHMA
4	INJ. CALCIUM GLUCONATE	10MG/ML	0.5 MG/ML IN 50% 2MG/ML IN	TETANY
5	INJ. MAGNESIUM SULPHATE	20MG/ML 1AMP	50% OF AGES DILUTED TO 20MG. DRUG WITH 120ML 80% SLOW IN IN 5 MIN. 50% IN EACH BUTTOCK WITH 2 ML OF 2% HYDROCLOR	ECLAMPSIA
6	INJ. DERIVATINE	ETHOPHYLLINE 80MG/ML ETHOPHYLLINE 25.5MG/ML	1000 MG	ASTHMA, CHRONIC BRONCHITIS, COPD
7	INJ. PROMETHAZINE	25MG/ML	250 MG	DIAPHOR NARCOSES, VERTIGO, NAUSEA, SICKNESS
8	INJ. DICLOFENACONE	4MG/ML	0.5-1 MG SLOW IN IN CHILDREN 200-500 MG/ML DAY	URGENTLY PAIN RELIEF THERAPY IN NAUSEA VOMIA, ARTERIOPLASTY, CERVICAL DYSPLASIA
9	INJ. METOPROLOLOL	50MG/ML	OVER 20MG 5MG/THREE DAY, OVER 80-65 20MG/THREE DAY	NAUSEA, VOMITING, PAIN IN DYSPLASIA
10	INJ. METHEPTERAMINE	30MG/ML	2 VIAL, DILUTE TO 500ML DEXTROSE IN	SHOCK IN HYPOTENSIONAL
11	INJ. CINDORFACONE	20MG/ML	1.5 MG SLOWLY	MYOTONIC DYSTROPHY
12	INJ. DICLOFENACONE	10MG/ML	1 MG THREE DAY	IN SPRAIN
13	INJ. BUDONITONE	25MG/ML	1 MG 100% SLOW	DYSPEPSIA, GASTRITIS, ULCER, REFLUX, DYSPEPSIA, NARCOSES
14	INJ. PHENTHERAMINE	50MG/ML	10-15 MG/ML IN EXCESSIVE SLEEPING	IN SLEEPING
15	INJ. DICLOFENACONE	25MG/ML	1.5 ML	HEAD
16	INJ. DEXTROTHALAMINE	10MG/ML	10-15 MG IN SLOW IN	ANALGESIC
17	INJ. ACETAMINOPHEN	10MG/ML	0.5-1 MG, SLOW IN	ANALGESIC
18	INJ. ACETAMINOPHEN	10MG/ML	1 ML 100%	ANALGESIC
19	INJ. ASPI		1-4 VIAL SLOW IN AFTER HEAT DRESS DRESS IN IN 100% DRESS DRESS IN IN CC IN 40 DRESS DRESS IN IN 2 VIAL WITH FOR LIFE THREATENING DRESS PAIN DRESS	SMALL WHITE



GPS Map Camera

Khirasra, Gujarat, India

6MP2+GPG, Khirasra, Gujarat 360021, India

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GPS Map Camera


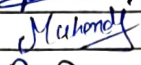
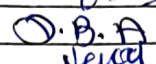



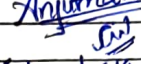
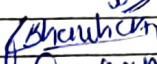
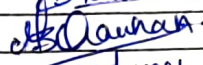
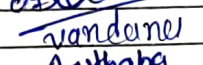
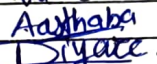

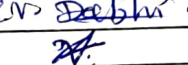
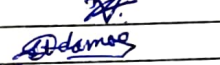

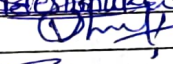
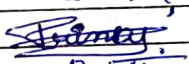
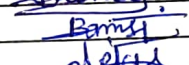

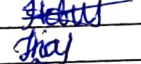
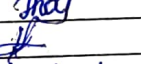
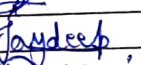
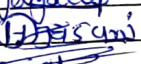
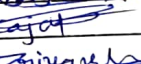
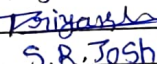
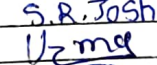
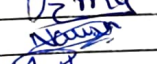
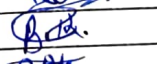
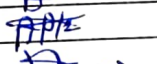



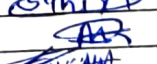
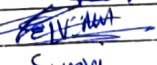
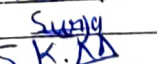
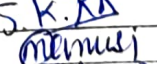
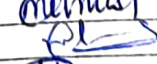
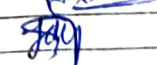
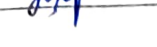





Khirasra, Gujarat, India
6MP3+RF4, Khirasra, Gujarat 360021, India
Lat 22.236847°
Long 70.653838°
13/03/23 10:10 AM GMT +05:30



GPS Map Camera

Khirasra, Gujarat, India
6MP3+RF4, Khirasra, Gujarat 360021, India
Lat 22.236847°
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PARUL UNIVERSITY
RAJKOT HOMOEOPATHIC MEDICAL COLLEGE
FOUNDATION COURSE- VISIT TO PRIMARY HEALTH CENTRE
1ST BHMS YEAR 2022-23 **DT:-13/03/2023**

No.	NAME	SIGNATURE
1	AGRAVAT KRISHITA SHAILESHKUMAR	
2	ARAB MAHENDI HASANBIN	
3	AYAR DINESHBHAI BHARATBHAI	
4	BARAIYA NENCYBEN DILIPBHAI	
5	BHALGAMA HIRAL SAVJIBHAI	
6	BHASA HARSHAL NILESHBHAI	
7	BHAYA ANJUMAN TALAB	
8	CHANGANI ISHITKUMAR VIJAYBHAI	
9	CHAUHAN KRISHNA	
10	CHAUHAN MAHEK BHAVESHBHAI	
11	CHAVDA VANDANA RATILAL	
12	CHUDASAMA AASTHABA	
13	CHUDASAMA DIYA RAJUBHAI	
14	DABHI SUHANI VINODBHAI	
15	DADHANIYA VIRAJ CHHAGANBHAI	
16	DAMOR SURENDRAKUMAR TARABHAI	
17	DESHMUKH PRAPTIBEN SURESHBHAI	
18	DHORIYA VISHAL DINESHBHAI	
19	DOBARIYA PRINSI KIRITBHAI	
20	GARALA BANSIBEN BHARATBHAI	
21	GARCHAR SEJAL KRISHNABHAI	
22	HINGLAJIA HETVI PULKITBHAI	
23	HIRPARA JINAL VIMALBHAI	
24	JADAV KAVITA RAJUBHAI	
25	JADEJA JAYDEEPSINH MANUBHA	
26	JASANI HARDIK RAJNIKANTBHAI	
27	JILKA KAJAL HARISHBHAI	
28	JIVANI PRIYANSHI PARESHBHAI	
29	JOSHI SHREYASH RAMESHBHAI	
30	KAPADVANJI UZMA SIKANDARBHAI	
31	KARANI NAUSIN USMANBHAI	
32	KARIYA BHARAT KESHUBHAI	
33	KASUNDRA EKTABAHEN PARESHBHAI	
34	KATARIYA DIPALIBEN CHITHARBHAI	
35	KATARIYA PIYUSH GOPALBHAI	
36	KAYADA VISHRUTI CHANDRESHBHAI	
37	KHORAJIYA MAMADSHAHIL YUNUSBHAI	
38	LADUMOR MAULIK DHIRUBHAI	
39	LIMBASIYA KELVINA MAHESHBHAI	
40	LIMBASIYA SURJA KISHORBHAI	
41	MADANI SHUBHAM KETANBHAI	
42	MAKADIA MANUSI MANOJKUMAR	
43	MAKHECHA BANSI SHAILESHBHAI	
44	MAKVANA JAYKUMAR HITESHBHAI	



No.	NAME	SIGNATURE
45	MAKWANA VRUSHTI SANJAYBHAI	<i>Vrushti</i>
46	MANJOTHI SAHIL ISMAIL	<i>Manjoti</i>
47	MARU KRUPA MANISHBHAI	<i>Krupa</i>
48	MER JIGNESH BHARATBHAI	<i>Jignesh</i>
49	MORI KISHAN RAMESHBHAI	<i>Kishan</i>
50	MUJAVAR MOHDSAFI MOHDSABBIR	<i>Mohdsaf</i>
51	NAKUM PUNAM NITIN	<i>Punam</i>
52	NAKUM VIRAJ HARISH	<i>Viraj</i>
53	NANDANIYA ARCHI VIJAYBHAI	<i>Archi</i>
54	NAUGHAVADRA DENIS DHANJIBHAI	<i>Denis</i>
55	ODIYA RIYAZ HANIFBHAI	
56	PADVI SURAJKUMAR TULSIDASBHAI	<i>Padvi</i>
57	PANCHAL SIDDHARTH KUMAR KANAIALAL	<i>Siddharth</i>
58	PANDYA HANI BHADRESHBHAI	<i>Hani</i>
59	PARAJEEYA PARTHIBEN SURESHBHAI	<i>Parthi</i>
60	PARMAR BHAVIK PARBAT	<i>Bhavik</i>
61	PARMAR SAINABEN ILIYASBHAI	<i>Sainab</i>
62	PATEL KRISHNA DENISH	<i>Krishna</i>
63	PATEL VISHVA HITESHBHAI	<i>Vishva</i>
64	PITHADIYA JENSI JITENDRABHAI	<i>Jensi</i>
65	RADADIYA HARSHKUMAR NILESHBHAI	<i>Harsh</i>
66	RAICHURA DHWANI KAMLESHBHAI	<i>Dhwani</i>
67	RAIYANI VANDIT RASHIKBHAI	<i>Vandit</i>
68	RAMANI NAIMISH HASMUKHBHAI	<i>Naimish</i>
69	RANA KARIYA	<i>Kariya</i>
70	RATHOD URVASHI JITENDRAKUMAR	<i>Urvashi</i>
71	RAVAL DIVYARAJ JAYANTIBHAI	<i>Divyaraj</i>
72	RAVAL GARV KAUSHIKBHAI	<i>Garv</i>
73	RAVAL RUTVI JIGNESHBHAI	<i>Rutvi</i>
74	RAYCHURA AKSHAR MAHENDRAKUMAR	<i>Akshar</i>
75	SACHDE KHUSHI DIVYESHBHAI	<i>Khushi</i>
76	SANGANI PALAK VIPULBHAI	<i>Palak</i>
77	SAVALIYA DIYA MUKESHBHAI	<i>Diya</i>
78	SAVSANI ABHI JAYSUKHBHAI	<i>Abhi</i>
79	SHAH PARTH VIMALBHAI	<i>Parth</i>
80	SITAPARA MAITRIBEN RAJESHBHAI	<i>Maitri</i>
81	SOLANKI BHAVIN PARBATBHAI	<i>Bhavin</i>
82	SOLANKI PRIYA ASHOKBHAI	<i>Priya</i>
83	TADHANI TANVI RAMESHBHAI	<i>Tanvi</i>
84	TANK BHOOMI VIJAYKUMAR	<i>Bhoomi</i>
85	TILALA CHIRAG	<i>Chirag</i>
86	TOGADIYA HITISHA NITESHBHAI	<i>Hitisha</i>
87	VAGADIYA RADHIKA MANOJBHAI	<i>Radhika</i>
88	VASAVA KASHISHBEN	<i>Kashish</i>
89	VIRADIYA PARTH ARVINDBHAI	<i>Parth</i>
90	ZAPADIYA YASHASVI MUKESHBHAI	<i>Yashasvi</i>
91	PANDIYA CHARMI Ajaybh	<i>Charmi</i>
92	JAMOD JAGUBEN JAYANTIBHAI	
93	SUNNI MAHAMADANIN HARUNBHAI	<i>J. J. Jamod</i>



94 Meekasmeri Neha Bhaskaribhai
 95 Chandhara Nikita Ramabhai
 96 Dharmesh A Chauda

Neha
 Chandhara
 Dharmesh

13/3/23
 HOD
 Department of
 Community Medicine



Primary Health Centre- Khirasara

Vill: Khirasara, Ta. Lodhika, Dist : Rajkot

Ph.No.:- 02827-288292

E-mail - phckhirasara.health.rajkot@gmail.com



Dt. 13 -03 -2023

CERTIFICATE

To Whom it may concern

This is to certify that total 93 students of 1st B.H.M.S. of Rajkot Homoeopathic Medical College, Parul University Department of Community Medicine had visited Primary Health Centre, Khirasara Rajkot, on dated 13-03- 2023.

Prof. Dr. Anup Kumar Das (HOD, Dept. Community Medicine), Dr. Humani Sharma (Assistant Professor, Dept. Community Medicine) , Dr. Jay Solanki (Assistant Professor) accompanied & guided the students during the visit.

**MEDICAL OFFICER,
PRIMARY HEALTH CENTRE
KHIRASARA, TA; LODHIKA**