



Rajkot Homoeopathic Medical College

(Managed by Parul Arogya Seva Mandal Trust)

Approved By : Central Council of Homoeopathy, New Delhi.

Accredited by NAAC, UGC & an ISO 9001:2000 Certified Institute

Date :

DEPARTMENT OF PRACTICE OF MEDICINE

Proposal Letter

Date -10.01.2023.

To
The Principal
Rajkot Homoeopathic Medical College,
Parul University, Rajkot.
Gujarat.

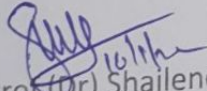
SUBJECT – TO ARRANGE AN ACADEMIC VISIT TO PRIMARY HEALTH CENTRE.

Respected Sir,

As per the curriculum we need to arrange an academic visit for the students of 4th BHMS at Primary Health Centre. So, in this regard we are seeking your permission to conduct an academic visit at Khirasara Primary Health Centre, Rajkot, which will be convenient for our students, preferably 2nd Week of January 2023.

Your Kind co-operation is highly solicited.

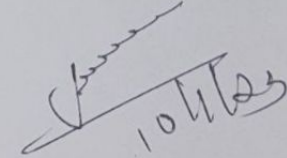
Thanking you,
Yours sincerely,


Prof (Dr) Shailendra Bhamar.
H.O.D

Department of Practice Of Medicine.

Department of Medicine
R. H. M. C.




Prof (Dr) H.N. Mehta.
PRINCIPAL.

RAJKOT HOMOEOPATHIC MEDICAL COLLEGE
RAJKOT.

Behind Jainath Complex, Makam Chowk, Gondal Road, Rajkot-360 002. (Gujarat)
Ph. : 0281-2361372 Fax No. : 0281-2373210 E-mail : rhmc@paruluniversity.ac.in



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Date :

DEPARTMENT OF PRACTICE OF MEDICINE

Date -10.01.2023.

To
The Medical Officer,
Primary Health Centre,
Khirasara, Rajkot.

SUBJECT – TO GRANT PERMISSION FOR ACADEMIC VISIT.

Respected Sir,

As per the curriculum we need to arrange an academic visit for the students of 4th BHMS at any Primary Health Centre. So, in this regard we are seeking your permission to arrange an academic visit at any date and time, convenient to you, preferably 2nd Week of January 2023, if possible. Our students will follow the rules and regulations for the said academic visit as per your guidance and total 105 students will attend under the supervision of the faculty members of the Department of Practice of Medicine, Rajkot Homoeopathic Medical College, Parul University.

Your Kind co-operation is highly solicited.

Thanking you,
Yours sincerely,

Prof (Dr) Shailendra Bhamar.

H.O.D
Department of Medicine
Department of Practice Of Medicine.



Prof (Dr) H.N. Mehta.

PRINCIPAL

Rajkot Homoeopathic Medical College
RAJKOT.

MEDICAL OFFICER,
PRIMARY HEALTH CENTRE
KHIRASARA, TA: LODHIKA

Behind Jainath Complex, Makam Chowk, Gondal Road, Rajkot-360 002. (Gujarat)
Ph. : 0281-2361372 Fax No. : 0281-2373210 E-mail : rhmc@paruluniversity.ac.in



Parul[®]
University

A Report on visit to

PRIMARY HEALTH CENTER

ON 12TH & 13TH JANUARY 2023

At Khirsara, Rajkot 360021

Organized by

DEPARTMENT OF PRACTICE OF MEDICINE

Rajkot Homoeopathic Medical College

Parul University



GUIDED BY:

Dr. Shailendra Bhamar (HOD)

Dr. Urmila Bhalgariya
(Assistant Professor)

PRINCIPAL
RAJKOT HOMOEOPATHIC MEDICAL COLLEGE
RAJKOT.

PREPARED BY:

CHAUHAN PARTH

Roll no : 11

4th BHMS (2022 -2024)

PRINCIPAL
RAJKOT HOMOEOPATHIC MEDICAL COLLEGE
RAJKOT.

HOD
Department of Medicine
R. H. M. C.

PM

PHC Viciir

Medical College, Bilkad

12/01/2023 8



PLACE OF VISIT:

Primary Health Centre, Khirasara Rajkot-360021

DATE OF VISIT :

12th & 13th JANUARY, 2023

ABOUT VISIT :

The PHC is situated in Khirasara village of Lodhika taluka, Rajkot district and it is NABH accricated.

OBJECTIVE OF VISIT :

1. To provide comprehensive primary health care to community through The Primary Health Centres.
2. To Achieve and Maintain acceptable standards of Quality of Care.
3. To make the services more Responsive and Sensitive to the needs of the Community.



1/2023 &
2023
SARA.

❑ INDIAN PUBLIC HEALTH STANDARDS FOR PHCS :

- The IPHS for primary health centres has been revised in 2012. Keeping in view the resources available with respect of functional requirements for PHC with minimum standard such as Building , Manpower, Instrument and equipments, drugs and other facilities etc. The standards prescribe dare for PHC covering 20000-30000 population with six beds. As all the block level PHC are ultimately going to be upgraded as CHC with 30 beds of providing specialised services.

❑ FUNCTIONS OF PHC:

1. Medical Care.
2. MCH including family planning.
3. Safe water supply and basic Sanitation.
4. Prevention and Control of locally Endemic Diseases.
5. Collection and reporting of Vital Statics.
6. Education about Health.
7. Natural Health Program- as relevant.
8. Referral Services.
9. Training of Health guides, Health workers, Health assistants.
10. Basic Laboratory Services.

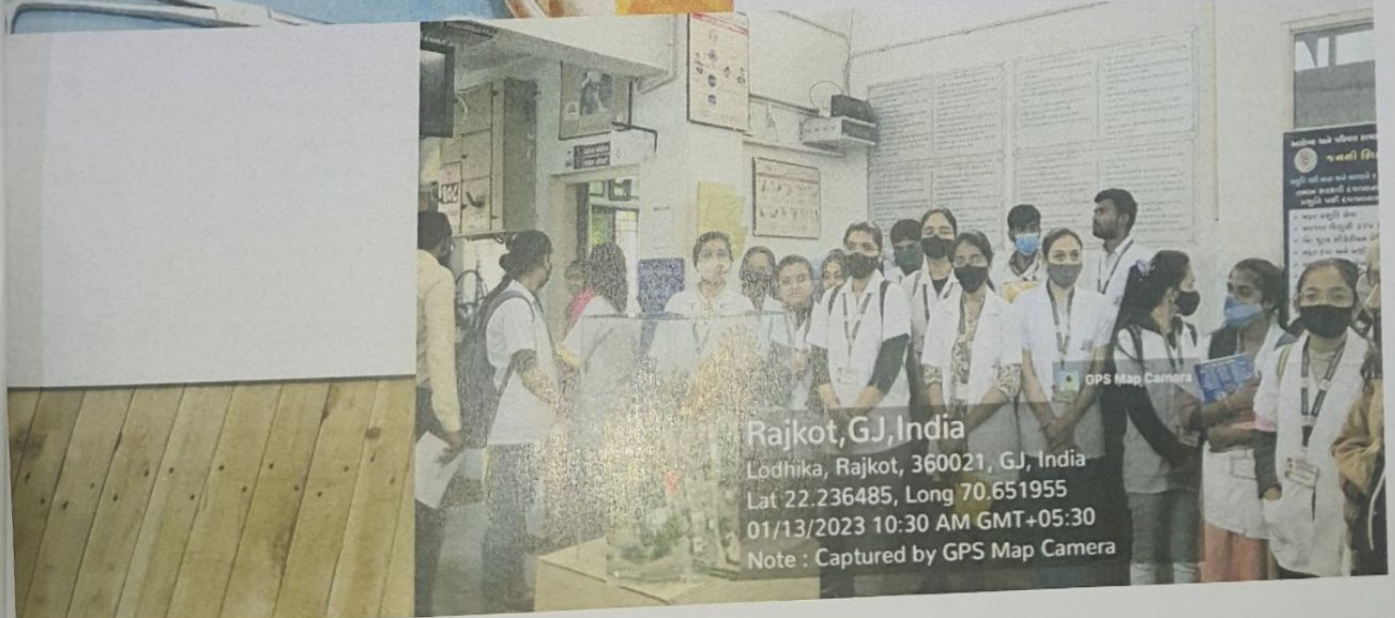


નાગરિક અધિકાર પત્ર			
પ્રાથમિક આરોગ્ય કેન્દ્રમાં મળતી સેવાઓ			
ક્ર.નં.	સેવાની વિગત	ટિપ્પણ	સમય
1	એ.પી.સી. સેવા	દરરોજ જાહેર રજા સિવાય	કિલોન, સપ્તે ૬૦૦ થી ૧૩૦૦ કેલોન અને કોલોન ૮૩૦ થી ૧૦૦૦ સપ્તે ૧૩૦૦ થી ૧૮૦૦
2	ફેમિલી સેવા	"	"
3	અનુરૂપ સેવાઓ	"	સપ્તે ૬૦૦ થી ૧૩૦૦
4	ફેમિલી સેવા	દરરોજ	૨૪ કલાક
5	ફિઝિકલ મેપ	"	"
6	સામાજિક સલાહ	"	"
7	સામાજિક સેવા અને પાલન	"	"
8	સેફ્ટી કોન્ટ્રોલ સેવા	"	"
9	કેન્સર, ટીબી અને સ્તનકર્મીનું પ્રમાણપત્ર	દરરોજ જાહેર રજા સિવાય	સપ્તે ૧૩૦૦ થી ૧૮૦૦
10	મનના રોગ (પસિયોટીક ટ્રીટમેન્ટ, ડ્રગ્સ અને પાલન)ની સેવા અને સલાહ	દર રોજબરોજ	સપ્તે ૬૦૦ થી ૧૩૦૦
11	પુખ્ત, સ્ત્રી સંચાલી, એન.ટી.વી., સર્વોપચારી આયોજન	દર પુરવળી	પ્રમાણપત્ર ફોર્મિલેટ, રજાઓ
12	ભાગ્ય સમીક્ષા અને રાષ્ટ્ર સ્તરના ગ્રાંટીઓની સેવાઓ	દરરોજ જાહેર રજા સિવાય	સપ્તે ૬૦૦ થી ૧૩૦૦ સપ્તે ૧૩૦૦ થી ૧૮૦૦



❑ DRESSING ROOM

- Dressing of injuries caused by road accidents, clean cut injuries is carried out.
- Post surgical dressings are also done.
- Before dressing cleaning of wound is carried out.
- According to the requirement of case tetanus injection, pain killers, antiseptic, antibiotic and local anaesthesia is given.
- Dressing material like cotton, spirit, tincture iodine, antiseptic, bandage, rolled bandage, plaster, surgical pads, absorbent gauze, etc. are used.
- Biochemical waste collection bins are also present to properly dispose the waste material produced due to dressing.



❑ OPD

- There are 2 medical officer present in out door patient department:
 1. MBBS Doctor
 2. AYUSH Medical officer
- OPD timings are depended on seasons:
 1. Winter: 9:00 a.m.to 1:00 p.m.
 2. Summer and Monsoon: 8:30 a.m.to 12:30 p.m.
 3. Evening: 4:00 p.m.to 6:00 p.m.
- OPD is open daily except national holiday.

❑ PHARMACY

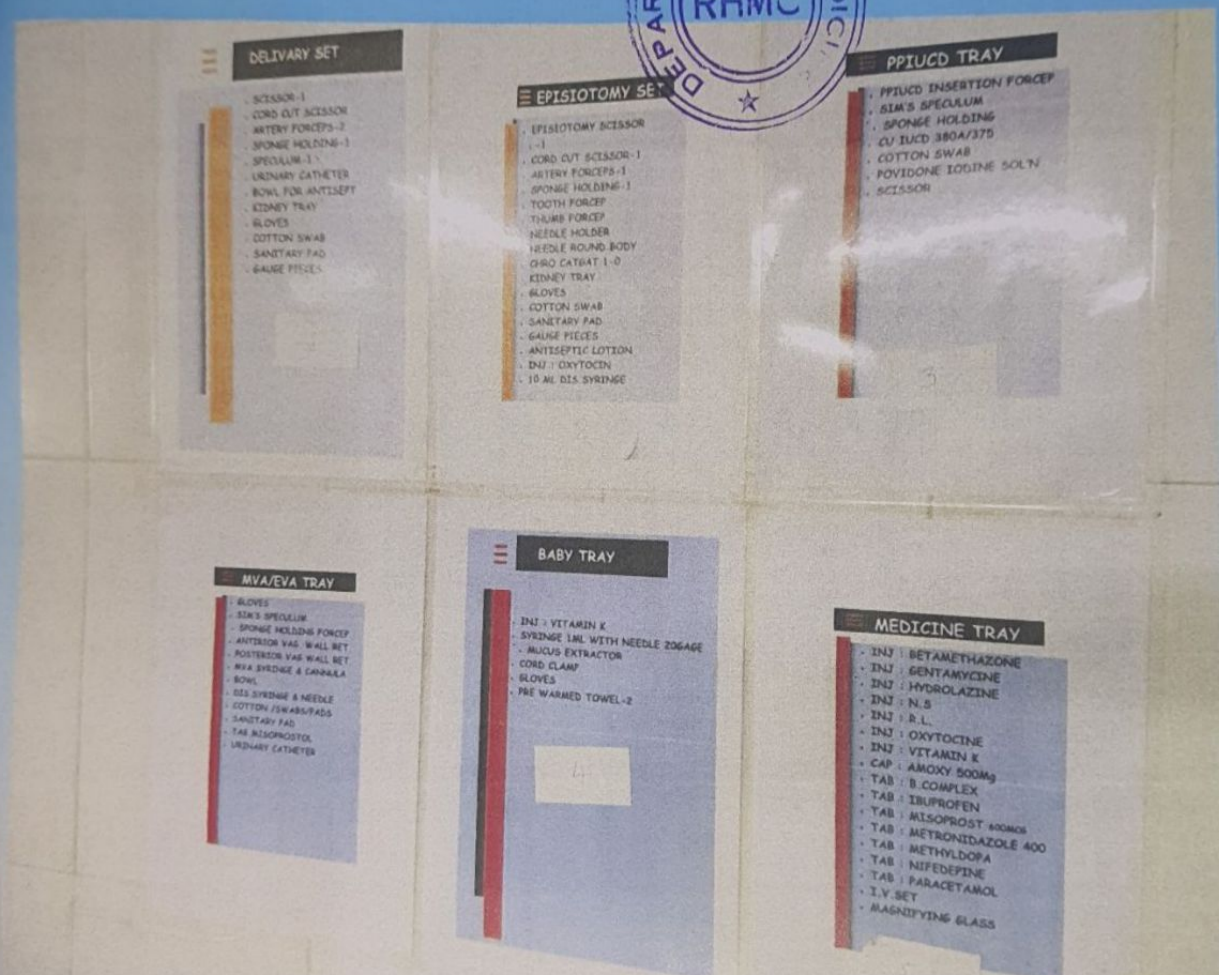
- Medicines and injections are dispensed as per prescribed by Medical officer.



Rajkot, GJ, India
Lodhika, Rajkot, 360021, GJ, India
Lat 22.236485, Long 70.651955
01/13/2023 10:30 AM GMT+05:30
Note : Captured by GPS Map Camera

❑ LABOUR ROOM

- Labour room is well acquainted and all the necessary facilities are provided and proper hygiene is maintained as per the protocol.
- There is washroom inside the labour room and there are 2 doors which lead to the labour room if there is any emergency, 2nd door can be used.
- Suction machine and oxygen cylinder and 7 trays are available.
- There is baby corner present in the labour room which contains baby warmer.



❑ IPD FEMALE WARD

- There are 3 beds out which one was reserved for emergency.
- There was a bed confined for post-natal care where child and mother can stay after the delivery of child for 1-2 days.
- Here, method of breast feeding is also taught to mothers.
- Kangaroo Mother care is a special method of care of low birth weight babies.
- Kangaroo Mother Care consists of keeping the baby in close skin-to-skin contact with his/her mother as practiced by female kangaroo animal for their babies.
- Such Kangaroo Mother Care Chair is also placed for Mothers who need to take care of their babies accordingly.



❑ IPD MALE WARD

- There were 3 beds out of which one is reserved for emergency cases.

❑ EMERGENCY WARD

- Emergency cases like accidental, snakebite, cardiac emergency, fire, etc. are treated.
- Cases are taken on the basis of priority and follows triage system.
- There was an emergency bell to inform any kind fire emergency or cardiac urgency.



આપના ડાહ્યનો ધાતુક ઉપચાર: દવાણ વડે ફલનચલન બંધ કરવાની પદ્ધતિ



આકૃતિ 1: દવાણ વડે ફલનચલન બંધ કરવું (સપરલેસ પદ્ધતિ)



EMERGENCY INJECTION DOSE

Sl. No.	NAME OF INJECTION	CONCENT	DOSE	IN SPECIAL CONDITIONS
1	INSULIN	100 IU/ML	20-40 IU IN 10-15 MIN	DIABETES MELLITUS
2	INSULIN	100 IU/ML	20-40 IU IN 10-15 MIN	DIABETES MELLITUS
3	INSULIN	100 IU/ML	20-40 IU IN 10-15 MIN	DIABETES MELLITUS
4	INSULIN	100 IU/ML	20-40 IU IN 10-15 MIN	DIABETES MELLITUS
5	INSULIN	100 IU/ML	20-40 IU IN 10-15 MIN	DIABETES MELLITUS
6	INSULIN	100 IU/ML	20-40 IU IN 10-15 MIN	DIABETES MELLITUS
7	INSULIN	100 IU/ML	20-40 IU IN 10-15 MIN	DIABETES MELLITUS
8	INSULIN	100 IU/ML	20-40 IU IN 10-15 MIN	DIABETES MELLITUS
9	INSULIN	100 IU/ML	20-40 IU IN 10-15 MIN	DIABETES MELLITUS
10	INSULIN	100 IU/ML	20-40 IU IN 10-15 MIN	DIABETES MELLITUS
11	INSULIN	100 IU/ML	20-40 IU IN 10-15 MIN	DIABETES MELLITUS
12	INSULIN	100 IU/ML	20-40 IU IN 10-15 MIN	DIABETES MELLITUS
13	INSULIN	100 IU/ML	20-40 IU IN 10-15 MIN	DIABETES MELLITUS
14	INSULIN	100 IU/ML	20-40 IU IN 10-15 MIN	DIABETES MELLITUS
15	INSULIN	100 IU/ML	20-40 IU IN 10-15 MIN	DIABETES MELLITUS
16	INSULIN	100 IU/ML	20-40 IU IN 10-15 MIN	DIABETES MELLITUS
17	INSULIN	100 IU/ML	20-40 IU IN 10-15 MIN	DIABETES MELLITUS
18	INSULIN	100 IU/ML	20-40 IU IN 10-15 MIN	DIABETES MELLITUS
19	INSULIN	100 IU/ML	20-40 IU IN 10-15 MIN	DIABETES MELLITUS
20	INSULIN	100 IU/ML	20-40 IU IN 10-15 MIN	DIABETES MELLITUS

LABORATORY ROOM

Tests are carried out during the OPD timings.
Various tests are carried out in laboratory.

Tests like:

- ✓ Blood report
- ✓ Glucose test: FBS, HbA1C, PPBS, RBS
- ✓ Pregnancy test
- ✓ Urine routine and micro
- ✓ Covid antigen test
- ✓ CRP
- ✓ LFT



BIOMEDICAL WASTE

- Biomedical waste or hospital waste is any kind of waste containing infectious (or potentially infectious) materials.
- It may also include waste associated with the generation of biomedical waste that visually appears to be of medical or laboratory origin.



Rajkot, GJ, India
Lodhika, Rajkot, 360021, GJ, India
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01/13/2023 11:08 AM GMT+05:30
Note : Captured by GPS Map Camera

PM

PHC Visit
Rajkot Homoeopathic Medical College, Rajkot12/01/2023 &
13/01/2023

4th Floor. PRIMARY HEALTH CENTRE, KHIRASARA.

PRACTICE OF MEDICINE

R.No.	E.No.	Name	Signature	Remark
1	190409101001	Adesara Kishan D.	<i>Kishan</i>	
2	190409101002	Bagathariya Vandit K.	<i>Vandit</i>	
3	190409101003	Balar Kabhi U.	<i>Kabhi</i>	
4	180409101101	Behruni Mohd Daniyal G.	<i>Mohd Daniyal</i>	
5	190409101005	Bhalara Mona M.	<i>Mona</i>	
6	190409101006	Bhatti Abhishek B.	<i>Abhishek</i>	
7	190409101007	Bhuva Sara Suresh	<i>Sara</i>	
8	190409101008	Busa Yash Jayeshbhai	<i>Yash</i>	
9	190409101009	Chauhan Bhagirath D.	<i>Bhagirath</i>	
10	190409101010	Chauhan Dhara H.	<i>Dhara</i>	
11	190409101011	Chauhan Parth G.	<i>Parth</i>	
12	190409101012	Chavda Disha K.	<i>Disha</i>	
13	190409101013	Chavda Krishna A.	<i>Krishna</i>	
14	190409101014	Chavda Mihir S.	<i>Mihir</i>	
15	190409101015	Chavda Vishva M.	<i>Vishva</i>	
16	190409101016	Chhayani Dhara A.	<i>Dhara</i>	
17	190409101017	Choksi Saurin Y.	<i>Saurin</i>	
18	190409101018	Chopda Mitesh V.	<i>Mitesh</i>	
19	190409101019	Dadhania Dency J.	<i>Dency</i>	
20	190409101020	Dangariya Bhadraxi B.	<i>Bhadraxi</i>	
21	190409101021	Dhakhada Bhavdip R.	<i>Bhavdip</i>	
22	190409101022	Dharaviya Rashmika J.	<i>Rashmika</i>	
23	190409101023	Dodiya Harpal V.	<i>Harpal</i>	
24	190409101024	Dodiya Shitalben K.	<i>Shitalben</i>	
25	190409101025	Domadiya Dhruvi H.	<i>Dhruvi</i>	
26	190409101026	Fachara Mitesha D.	<i>Mitesha</i>	
27	190409101027	Fefar Aarzo M.	<i>Aarzo</i>	
28	190409101028	Gadara Anjani C.	<i>Anjani</i>	
29	190409101029	Gadara Nishita J.	<i>Nishita</i>	
30	190409101030	Gajera Shruti B.	<i>Shruti</i>	
31	190409101031	Garsondiya Sujeetkumar D.	<i>Sujeetkumar</i>	
32	190409101032	Gohil Purna R.	<i>Purna</i>	
33	190409101033	Gol Priyanshi H.	<i>Priyanshi</i>	
34	190409101034	Gunchala Hetvi D.	<i>Hetvi</i>	
35	190409101035	Hadiyal Jyotsana P.	<i>Jyotsana</i>	
36	190409101036	Jadav Jay R.	<i>Jay</i>	
37	190409101037	Jadeja Chandniba P.	<i>Chandniba</i>	
38	190409101038	Jani Kunjan H.	<i>Kunjan</i>	
39	190409101039	Kagathara Yogita S.	<i>Yogita</i>	
40	190409101040	Kalavadia Vrinda K.	<i>Vrinda</i>	
41	190409101041	Kamani Leezaben N.	<i>Leezaben</i>	
42	190409101042	Kanzariya Mohan D.	<i>Mohan</i>	
43	190409101043	Kataa Niraliben P.	<i>Niraliben</i>	
44	190409101044	Khaliyani Aiman A.	<i>Aiman</i>	
45	190409101045	Khandar Ravi C.	<i>Ravi</i>	
46	190409101046	Kotila Darshanaben N.	<i>Darshanaben</i>	
47	190409101047	Koyani Isha L.	<i>Isha</i>	
48	190409101048	Limbsiya Harsh K.	<i>Harsh</i>	
49	190409101049	Limbsiya Ruchi H.	<i>Ruchi</i>	
50	190409101050	Majithiya Jinal S.	<i>Jinal</i>	
51	190409101051	Makwana Milan R.	<i>Milan</i>	



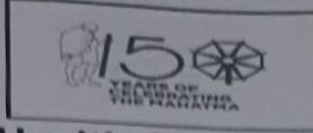
HOD
13/1/23
Department of Medicine
R. H. M. C.

E.No.	Name	Signature	Remark
190409101052	Malaviya Grishma A.		
190409101053	Malaviya Krutisha P.		
190409101054	Mansuri Alfina Z.		
190409101055	Mithiya Neel P.		
190409101056	Momin Humaira M.		
190409101057	Nadpara Yashvi P.		
190409101058	Nagvadiya Shraddha D.		
180409101063	Nimavat Gayti K.		
190409101060	Palaliya Mehul R.		
190409101061	Panchasara Tulsi K.		
190409101062	Parmar Anjali R.		
190409101063	Parmar Manasvi G.		
190409101064	Parmar Pritiben H.		
190409101065	Parmar Rahul L.		
190409101066	Patel Dipankumar S.		
190409101067	Pathan Hafsabanu S.		
190409101068	Patiwala Vidhi J.		
190409101070	Rajgor Hency J.		
190409101071	Ramani Dhruvisha N.		
190409101072	Ramani Rutvik V.		
190409101073	Rathod Charmi V.		
190409101074	Rathod Mamtaben R.		
190409101075	Sakhiya Ishita M.		
190409101076	Samani Pooja B.		
190409101077	Sanandiya Charmi S.		
190409101078	Sanchaniya Pallavi V.		
190409101079	Sanghani Bansi J.		
190409101080	Savadiya Nirali J.		
190409101081	Savaliya Nancy V.		
190409101082	Savani Dhvani M.		
190409101083	Savsani Avani H.		
190409101084	Shiyal Hetalben D.		
190409101085	Shrimali Upasna G.		
190409101086	Shukla Arundhati R.		
190409101087	Sindhav Prajval N.		
190409101088	Singh Jyoti J.		
190409101089	Sorathiya Rajvi B.		
190409101090	Tadvi Priyanshiben U.		
190409101091	Tapariya Simaranbahen H.		
190409101092	Tarbundiya Arunbhai R.		
190409101093	Thummar Krupali M.		
190409101094	Trivedi Foram R.		
190409101095	Vachhani Ruchi Y.		
190409101096	Vaghela Nutanbahen V.		
190409101097	Vaja Priti Bijal		
190409101099	Valani Hiren G.		
190409101100	Vasaiya Ankitaben P.		
170409101032	Hadiyal Pradip Rameshbhai		
160409101028	Jethva Saeed Safibhai		
180409101041	Kakkad Priyal Jitendrabhai		
160409101038	Khambhala Kalpeshkumar B.		
170409101055	Momin Mohammad Sajid		
170409101056	Momin Mohammad Samir		
1604091001101	Zakhra Varis Kasambhai		



13/1/23
HOB

Department of Medicine
R. H. M. C.



Primary Health Centre- Khirasara

Vill: Khirasara, Ta. Lodhika, Dist : Rajkot

Ph.No.:- 02827-288292

E-mail - phckhirasara.health.rajkot@gmail.com



Dt.13 -01 -2023

CERTIFICATE

To Whom it may concern

This is to certify that total 105 students of 4th B.H.M.S. of batch 2022-2024 of Rajkot Homoeopathic Medical College, Parul University Department of Practice of Medicine had visited Primary Health Centre (PHC) Khirasara, in division of two batches on dated 12-01- 2023(Batch A) & 13-01-2023(Batch B).

Prof.Dr.Shailendra Bhamar (HOD, Dept. Practice of Medicine) & Dr.Urmila Bhargariya (Assistant Professor, Dept. Practice of Medicine) accompanied & guided the students during the visit.

**MEDICAL OFFICER,
PRIMARY HEALTH CENTRE
KHIRASARA, TA; LODHIKA**