DEPARTMENT OF COMMUNITY MEDICINE

Proposal Letter

Date -20.12.2022

To
The Principal
Rajkot Homoeopathic Medical College,
Parul University, Rajkot.
Gujarat.



SUBJECT - TO ARRANGE AN ACADEMIC VISIT TO PRIMARY HEALTH CENTRE.

Respected Sir,

As per the curriculum by the National Commission for Homoeopathy (Govt. of India) it is mandatory to arrange an academic visit for the students of 4th BHMS at Primary Health Centre. So, in this regard we are seeking your permission to conduct an academic visit at Khirasara Primary Health Centre, Rajkot, which will be convenient for our students, preferably 1st Week of January 2023. Your Kind co-operation is highly solicited.

Thanking you, Yours sincerely,

Prof (Dr) A. K. Das.

H.O.D

Department of Community Medicine.

Department of Community Medicine





DEPARTMENT OF COMMUNITY MEDICINE

Date -07.01.2023.

To The Medical Officer, Primary Health Centre. Khirasara, Rajkot.

SUBJECT - TO GRANT PERMISSION FOR ACADEMIC VISIT.

Respected Sir,

As per the curriculum by the National Commission for Homoeopathy (Govt. of India) it is mandatory to arrange an academic visit for the students of 4th BHMS at any Primary Health Centre. So, in this regard we are seeking your permission to arrange an academic visit at any date and time, convenient to you, preferably in the month of January 2023, if possible. Our students will follow the rules and regulations for the said academic visit as per your guidance and total 105 students will attend under the supervision of the faculty members of the Department of Community Medicine, Rajkot Homoeopathic Medical College, Parul University.

Your Kind co-operation is highly solicited.

Thanking you, Yours sincerely,

Jem 7/1/23 Prof (Dr) A. K. Das.

H.O.D

Department of Community Medicine.

Prof (Dr) H.N. Mehta. PRINCIPAL.

Rajkot Homoeopathic Medical College.

PRINCIPAL

RAJKOT HOMOEOPATHIC MEDICAL COLLEGE RAJKOT.

Department of KHIRASARA!

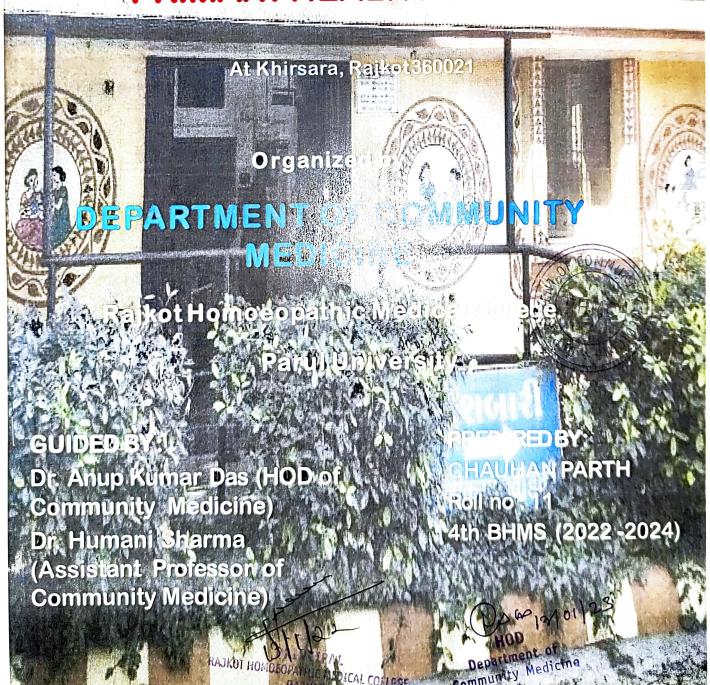
Rajkot Homoeopathic Medical College

Faculty of Homoeopathy

Gondal Road, Rajkot - 360002, Gujarat, India. 361372 / 2373210, I E-mail : rhmc@paruluniversity.ac.in | Web : www.paruluniversity.ac.in



PRIMARY HEALTH CENTER









PLACE OF VISIT:

Primary Health Centre, Khirasara Rajkot-360021

DATE OF VISIT :

12th & 13th JANUARY, 2023

ABOUT VISIT :

The PHC is situated in Khirasara village of Lodhika taluka ,Rajkot district and it is NABH accricated.

OBJECTIVE OF VISIT :

1. To provide comprehensive primary health care to community through The Primary Health Centres.

To Achieve and Maintain acceptable standards of Quality of Care.

3. To make the services more Responsive and Sensitive to



☐ INDIAN PUBLIC HEALTH STANDARDS FOR PHCS:

➤ The IPHS for primary health centres has been revised in 2012. Keeping in view the resources available with respect of functional requirements for PHC with minimum standard such as Building, Manpower, Instrument and equipments, drugs and other facilities etc. The standards prescribe dare for PHC covering 20000-30000 population with six beds. As all the block level PHC are ultimately going to be upgraded as CHC with 30 beds of providing specialised services.

☐ FUNCTIONS OF PHC:

- 1. Medical Care.
- 2. MCH including family planning.
- Safe water supply and basic Sanitation.
- 4. Prevention and Control of locally Endemic Diseases.
- 5. Collection and reporting of Vital Statics.
- 6. Education about Health.
- 7. Natural Health Program- as relevant.
- 8. Referral Services.
- 9. Training of Health guides, Health workers, Health assistants.

10. Basic Laboratory Services.

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□ DRESSING ROOM

- Dressing of injuries caused by road accidents, clean cut injuries is carried out.
- > Post surgical dressings are also done.
- > Before dressing cleaning of wound is carried out.
- According to the requirement of case tetanus injection, pain killers, antiseptic, antibiotic and local anaesthesia is given.
- Dressing material like cotton, spirit, tincture iodine, antiseptic, bandage, rolled bandage, plaster, surgical pads, absorbent gauze, etc. are used.
- Biochemical waste collection bins are also present to properly dispose the waste material produced due to dressing.



□OPD

- There are 2 medical officer present in out door patient department:
- 1. MBBS Doctor
- 2. AYUSH Medical officer
- > OPD timings are depended on seasons:
- 1. Winter: 9:00 a.m.to 1:00 p.m.
- 2. Summer and Monsoon: 8:30 a.m.to 12:30 p.m.
- 3. Evening:4:00 p.m.to 6:00 p.m.
- OPD is open daily except national holiday.

PHARMACY

Medicines and injections are dispensed as per prescribed by Medical officer.



DLABOUR ROOM

Labour room is well acquainted and all the necessary facilities are provided and proper hygiene is maintained as per the protocol.

There is washroom inside the labour room and there are 2 doors which lead to the labour room if there is any emergency, 2nd door can be used.

Suction machine and oxygen cylinder and 7 trays are available.

There is baby corner present in the labour room which contains baby warmer.



JIPD FEMALE WARD

There are 3 beds out which one was reserved for

emergency.

There was a bed confined for post-natal care where child and mother can stay after the delivery of child for 1-2 days.

Here, method of breast feeding is also taught to mothers.

Kangaroo Mother care is a special method of care of low birth weight babies.

> Kangaroo Mother Care consists of keeping the baby in close skin-to-skin contact with his/her mother as practiced by female kangaroo animal for their babies.

> Such Kangaroo Mother Care Chair is also placed for Mothers who need to take care of their babies accordingly.

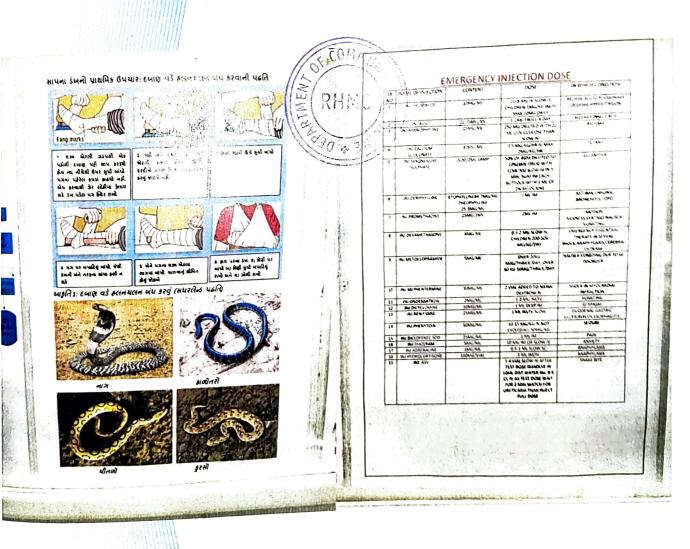


JIPD MALE WARD

> There were 3 beds out of which one is reserved for emergency cases.

DEMERGENCY WARD

- Emergency cases like accidental, snakebite, cardiac emergency, fire, etc. are treated.
- Cases are taken on the basis of priority and follows triage system.
- There was an emergency bell to inform any kind fire emergency or cardiac urgency.



- LABORATORY ROOM Tests are carried out during the OPD timings.
 - Various tests are carried out in laboratory.
- > Tests like:
 - √ Blood report
 - √ Glucose test: FBS, HbA1C, PPBS, RBS
 - √ Pregnancy test
 - √ Urine routine and micro
 - √ Covid antigen test
 - ✓ CRP
 - ✓ LFT

DBIOMEDICAL WASTE

- Biomedical waste or hospital waste is any kind of waste containing infectious(or potentially infectious) materials.
- > It may also include waste associated with the generation of biomedical waste that visually appears to be of medical or laboratory origin.













Community medicin: 4th & Brims Batch - 2022 - 2024

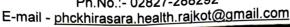
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3	190409101003	Balar Kabhi U.	WAX .	
4	180409101101	Behruni Mohd Daniyal G.	Phales	
5	190409101005	Bhalara Mona M.	ABSENT	
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46	190409101045	Khandar Ravi C.	Birati.	
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59	180409101063	Nimavat Gayti K.	To Sport and the	
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61	190409101061	Panchasara Tulsi K.		
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63	190409101063	Parmar Manasvi G.	Mys	
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68	190409101068	Patiwala Vidhi J.	V. J. Potturdy	
69	190409101070	Rajgor Hency J.	Haver	
70	190409101071	Ramani Dhruvisha N.	Nhorong-	
71	190409101072	Ramani Rutvik V.	R	
72	190409101073	Rathod Charmi V.	D.Cham	
73	190409101074	Rathod Mamtaben R.	N. Carlo	
74	190409101075	Sakhiya Ishita M.	Telistes	
75	190409101076	Samani Pooja B.	E	
76	190409101077	Sanandiya Charmi S.	Egnandre	
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79	190409101080	Savadiya Nirali J.	Co l'ouz-	
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94	190409101095	Vachhani Ruchi Y.	Q.	
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96	190409101097	Vaja Priti Bijal	A STATE OF THE STA	
97	190409101099	Valani Hiren G.	Thirties	
98	190409101100	Vasaiya Ankitaben P.	(Alexander	
99	170409101032	Hadiyal Pradip Rameshbhai	PRISON	
100	160409101028	Jethva Saeed Safibhai	ST.	
101	180409101041	Kakkad Priyal Jitendrabhai	Police	
102	160409101038	Khambhala Kalpeshkumar B.	603	(1) san ratoul
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Dt.13 -01 -2023

CERTIFICATETo Whom it may concern

This is to certify that total 105 students of 4th B.H.M.S. of batch 2022-2024 of Rajkot Homoeopathic Medical College, Parul University Department of Community Medicine had visited Primary Health Centre (PHC) Khirasara, in division of two batches on dated12-01- 2023 (Batch A) & 13-01-2023 (Batch B).

Prof. Dr. Anup Kumar Das (HOD, Dept. Community Medicine) & Dr. Humani Sharma (Assistant Professor, Dept. Community Medicine) accompanied & guided the students during the visit.

MEDICAL OFFICER,
PRIMARY HEALTH CENTRE
KHIRASARA, TA: LODHIKA