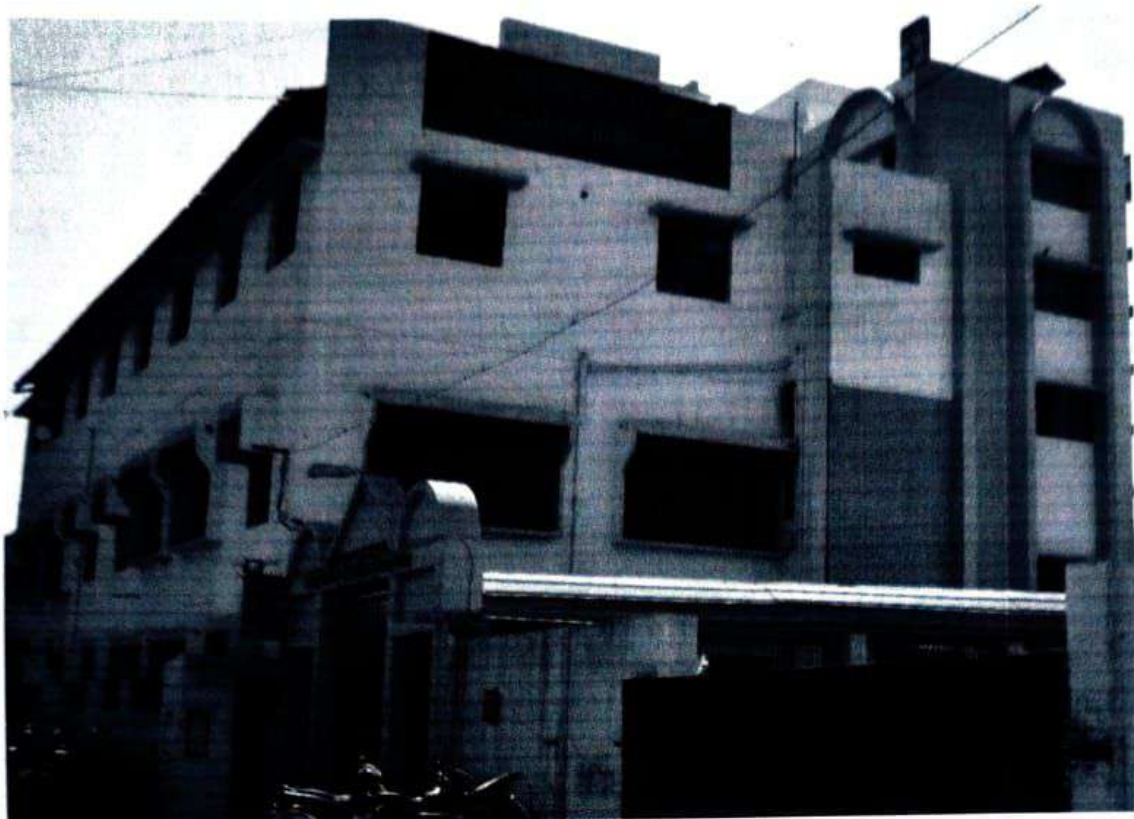


RAJKOT HOMOEOPATHIC MEDICAL COLLEGE



REPORT ON FOUNDATION PROGRAMME

November 2023

Introducing

For the students of 1 ST YEAR BHMS (AY: 2023-2024)

To

COMPETENCY BASED DYNAMIC CURRICULUM

As per the guidelines of

NATIONAL COMMISSION FOR HOMOEOPATHY

Date of Event: November 1st to 23rd, 2023.

Place of Event: Rajkot Homoeopathic Medical College.

Participating Students: 1st BHMS students. (AY: 2023-2024)



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❖ INTRODUCTION:

Homoeopathic medical education in India requires orientation of the new entrants to a basic philosophical orientation, a need to think in an integrated and holistic manner, an ability to function in a team at the bedside and a capacity to invest in a life-long learning pattern. Homoeopathy, though more than 225 years old, is relatively young as a scientific discipline and has attracted several negative community exposures due to a variety of reasons. In India, we are aware that the students who enter the portals of a homoeopathic college rarely do so out of their volition. It is often an exercise as the last choice or one which is adopted as a stepping stone to a 'medical' degree. Hence, the mind-set of the new entrants is rarely informed, positive, and self-affirming.

However, we know that like all medical disciplines, homoeopathy training includes a wide spectrum of domains that involves exposure to human interactions and interpersonal relationships in various settings including hospital, community, clinics etc. The training is intense and demands great commitment, resilience and lifelong learning. It is desirable to create a period of acclimatization and familiarization to the new environment. This includes an introduction to the course structure, learning methods, technology usage, and peer interactions which would facilitate their smooth transition from junior college to homoeopathic college. This is planned to be achieved through a dedicated 10 days exclusive "Foundation Programme", at the beginning of the BHMS course to orient and sensitize the students to various identified areas.

As per the guidelines of National Commission for Homoeopathy, after admission, the student shall be inducted to the Bachelor of Homoeopathic Medicine and Surgery (B.H.M.S) course through a Foundation Programme not less than ten working days/sixty hours based on the 'Content for Foundation programme' which intends to introduce newly admitted student to Homoeopathy system of medicine and skills required to make him well aware

of the Bachelor of Homoeopathic Medicine and Surgery (B.H.M.S) course he is going to undergo for next five years and six months

So, accordingly Rajkot Homoeopathic Medical College, affiliated with Parul University organized the foundation programme 21st February 2023 to 10th March 2023 during which, the students of First year BHMS learnt history of Homoeopathy, got oriented with development of homoeopathic science across the globe, understanding on improvising interpersonal communication skills, management of stress and time, basic life support and first-aid along with other subjects as per syllabus specified.

❖ GOALS & OBJECTIVES:

➤ Broad goals of the Foundation Programme in Homoeopathy include:

1. Orienting the students to various aspects of homoeopathic system of medicine;
2. Creating in them the conscious awareness of the 'Mission' as defined by Master Hahnemann;
3. Equipping them with certain basic, but important skills required for going through this professional course and taking care of patients;
4. Enhancing their communication, language, computer and learning skills;
5. Providing an opportunity for peer and faculty interactions and introducing an orientation to various learning methodologies.

➤ Objectives

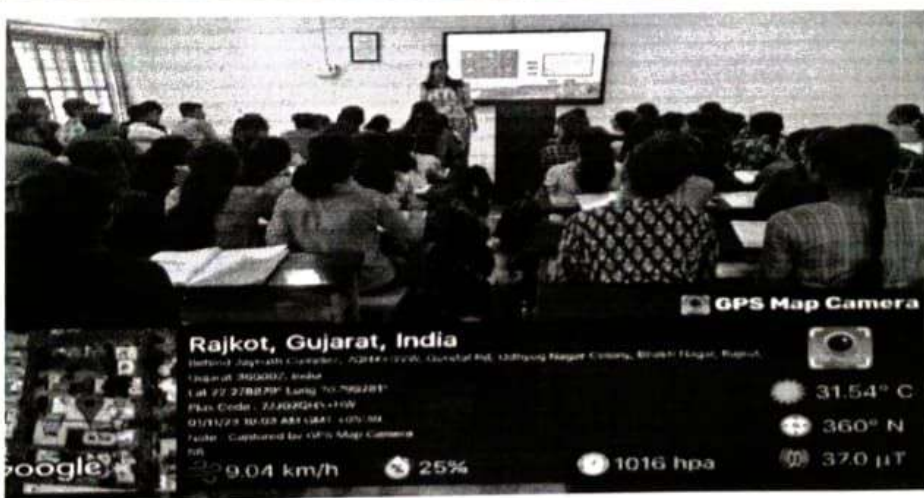
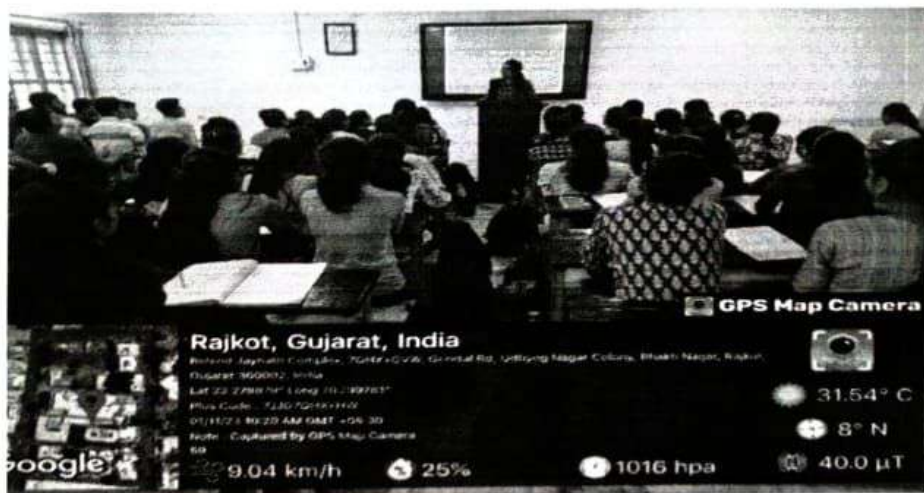
a) The Objectives of the Foundation Programme are to Orient the learners to:

- i. The medical profession and the mission of a homoeopath in society
- ii. The BHMS Course
- iii. Vision & Mission of the institute
- iv. Concept of holistic and positive health and ways to acquire & maintain it
- v. History of Medicine and Homoeopathy and the status of Homoeopathy in the world
- vi. Medical ethics, attitudes & professionalism
- vii. Different health systems available in the country
- viii. Health care system and its delivery
- ix. National health priorities and policies
- x. Principles of primary care (general and community-based care)Z
- xi. Concept of mentorship programme

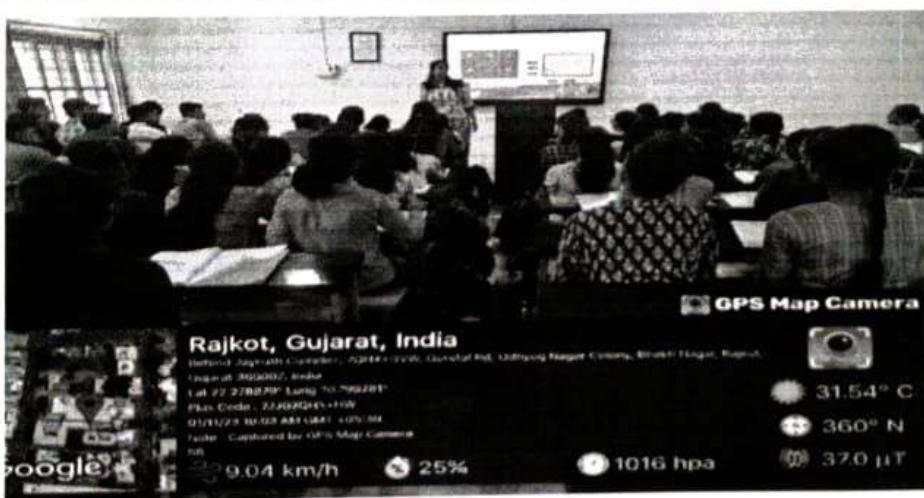
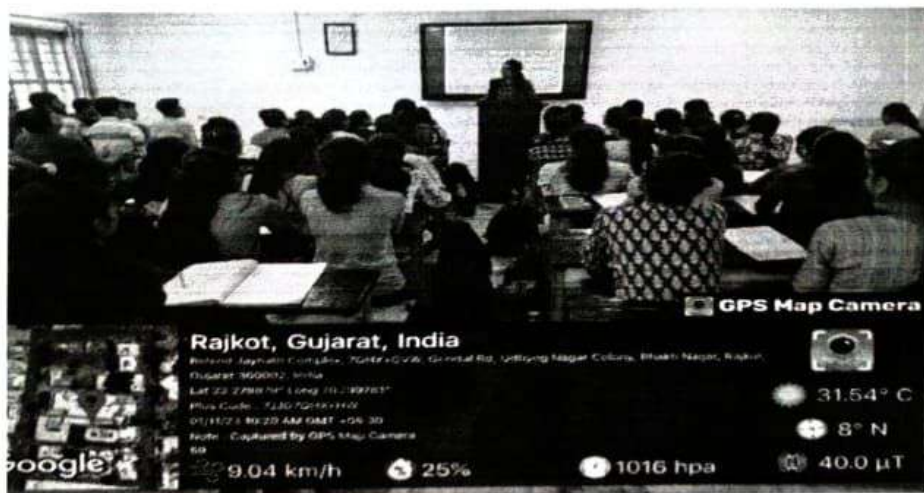
- b) Enable the learners to appreciate the need to enhance skills in:**
 - (i) Language**
 - (ii) Observation, documentation & understanding of basic medical technologies**
 - (iii) Interpersonal relationships and team behavior**
 - (iv) Communication across ages and cultures**
 - (v) Time management**
 - (vi) Stress management**
 - (vii) Use of information technology**
- c) Train the learners to provide:**
 - (i) First-aid/ Emergency management**
 - (ii) Basic life support**
 - (iii) Universal precautions and vaccinations**
 - (iv) Patient safety and biohazard safety**
- d) Impart Language and Computer skills**
 - (i) Local language programme**
 - (ii) English language programme**
 - (iii) Computer skills**

So, according to above mentioned goals and objective a foundation course was designed by Faculties of Rajkot Homoeopathic Medical College, affiliated with Parul University, under the guidance of Dr. Hitarth Mehta sir, Principal, Rajkot Homoeopathic Medical College, affiliated with Parul University and glimpses of the same is as follows-

Mission & role of Homoeopathy & a Homoeopath in society including showcasing effects of Homoeopathy - Dr. Ketan Pattani, Dr. Vani Oza and Dr. Hiral Trivedi



Mission & role of Homoeopathy & a Homoeopath in society including showcasing effects of Homoeopathy - Dr. Ketan Pattani, Dr. Vani Oza and Dr. Hiral Trivedi



Walking tour of institute - Dr. Jay Solanki



Different health care systems recognized in the country & the concept of pluralistic health care systems - Dr. Aditi Srivastava

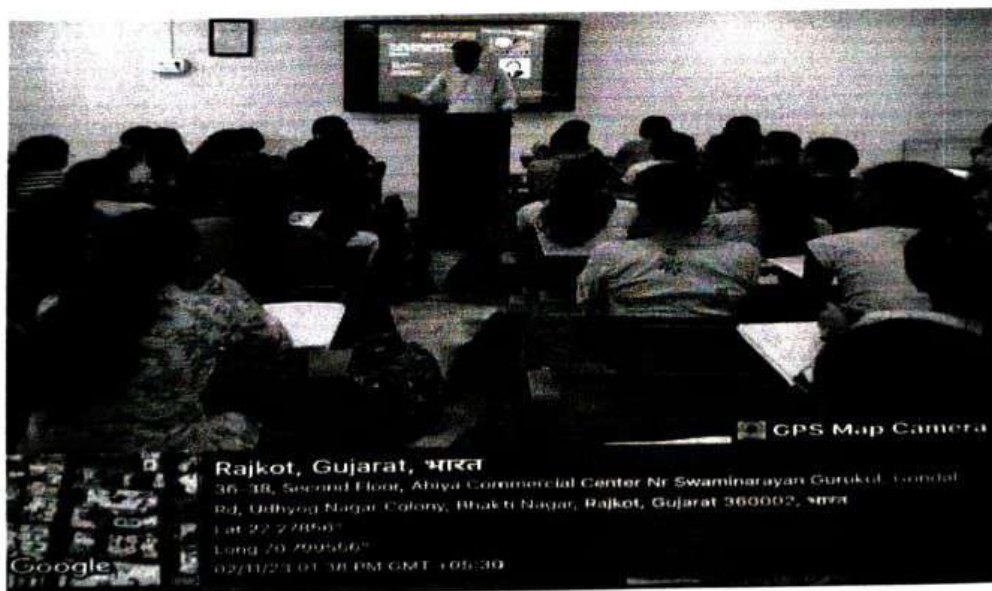


→ **Day 2**

Concept and Practice of Mentoring - Dr. Shreya Jethva



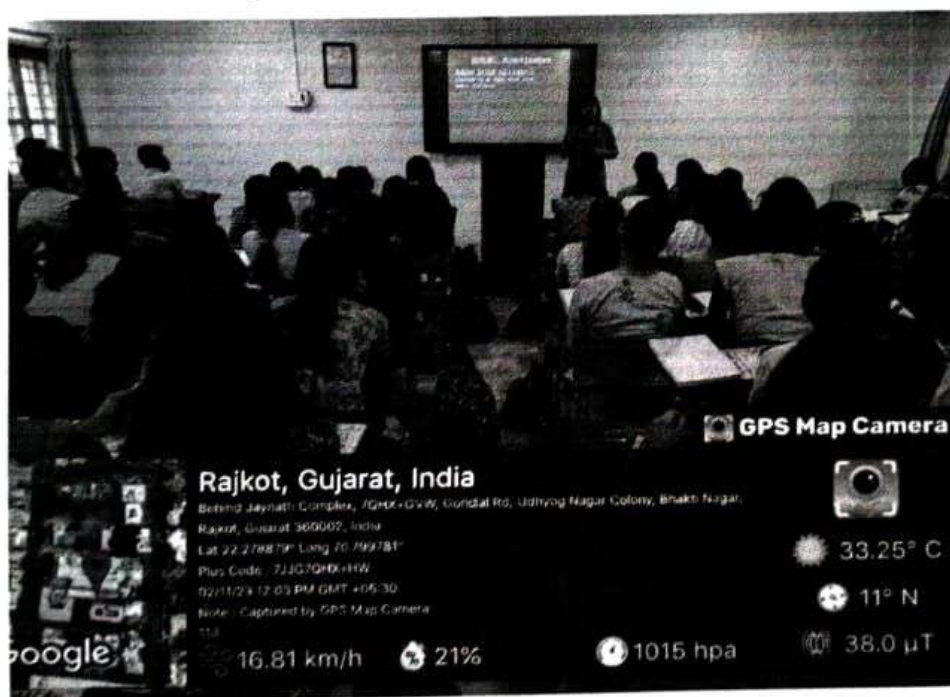
Importance of documentation & evidences in Homoeopathic practice - Dr. Jay Solanki



Who is professional? - Dr. Mrugank Meghani



History of Medicine - Dr. Urmila Bhalgariya



→ Day 3

Time Management - Dr. Amar Thakkar



Constitutional Values & Gender sensitization - Dr. Vaidehi Bhatt



Importance of Mental health - Dr. Mital Kacha

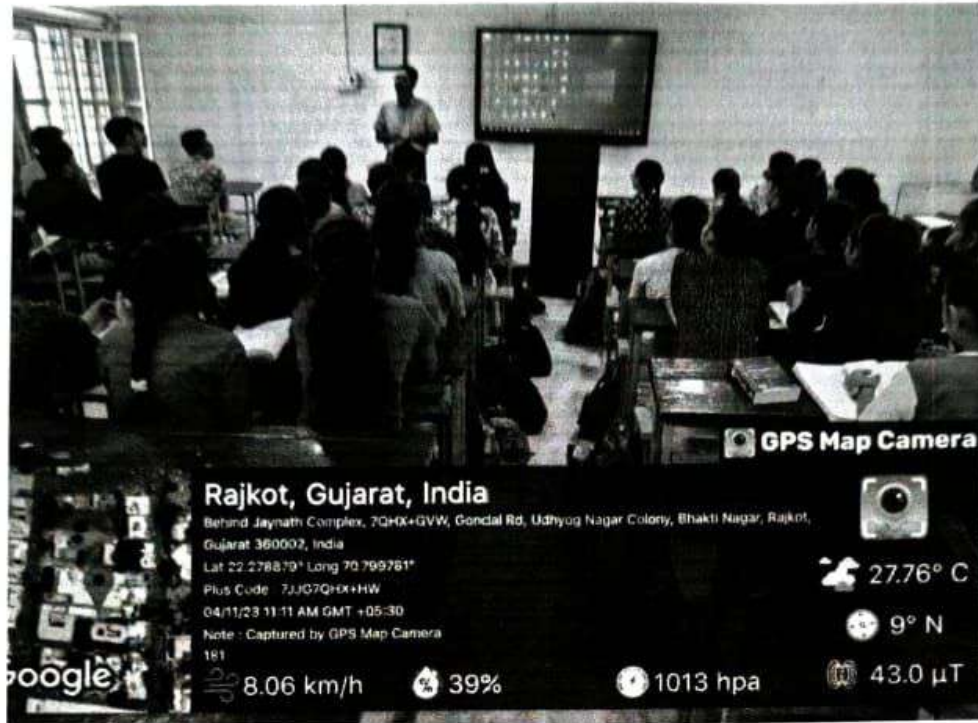


Adult learning principle - Dr. Raxit Ramavat



→ Day 4

Patient safety & biomedical hazards - Dr. Amar Thakkar & Dr. Vaidehi Bhatt



Discovery of Homoeopathy & it's spread in India - Dr. Shreya Joshi

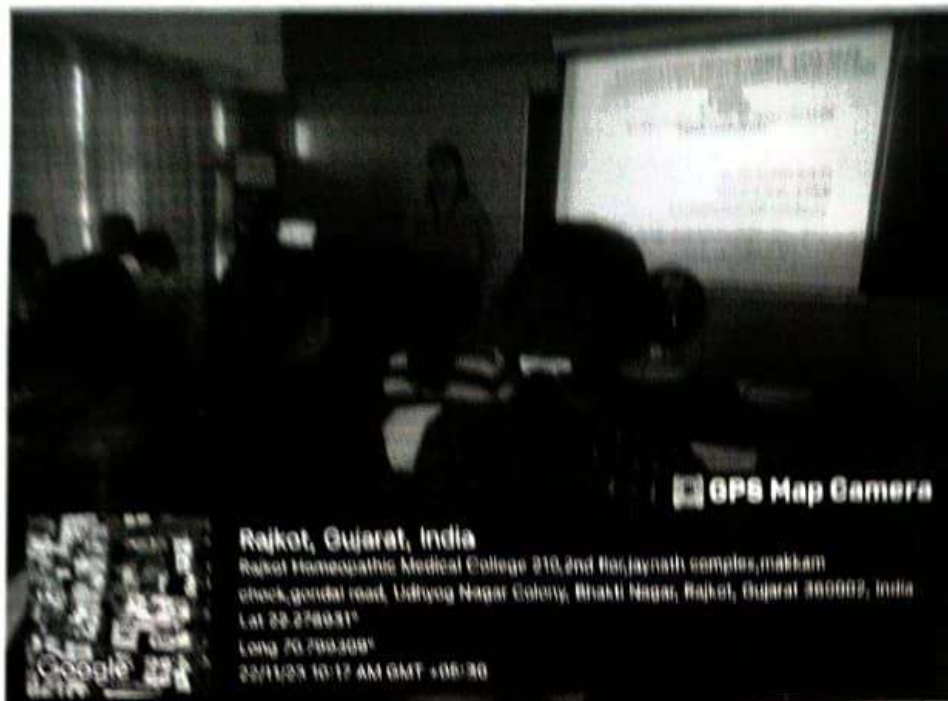


First aid principles & techniques - Dr. Viren Nimbark

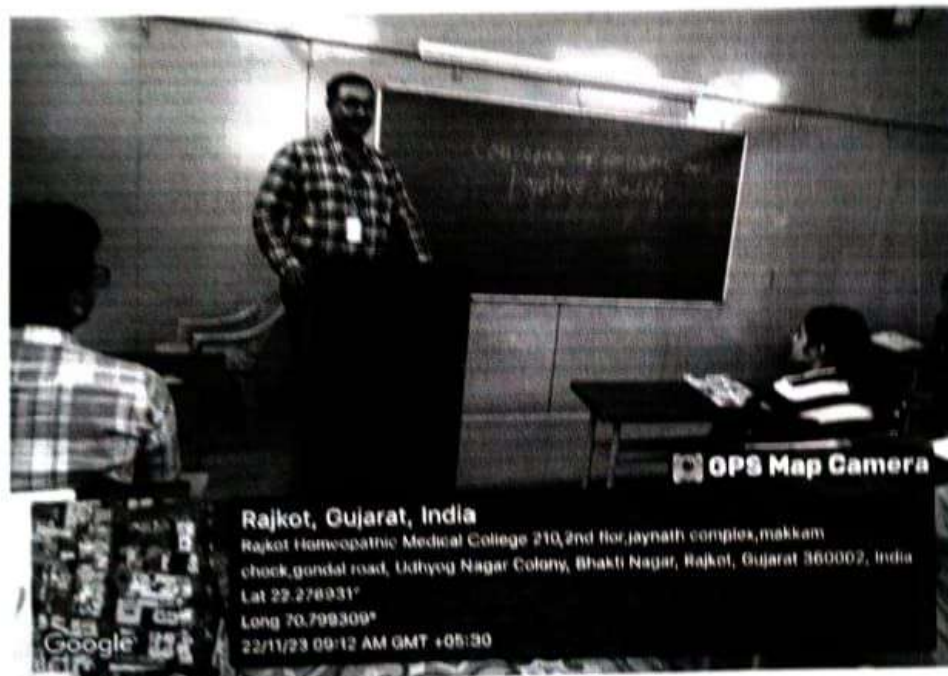


• Day 5

Anti ragging awareness orientation programme Dr. Kamna Gupta



Concepts of Holistic and Positive Health Dr. Anup Kumar Das

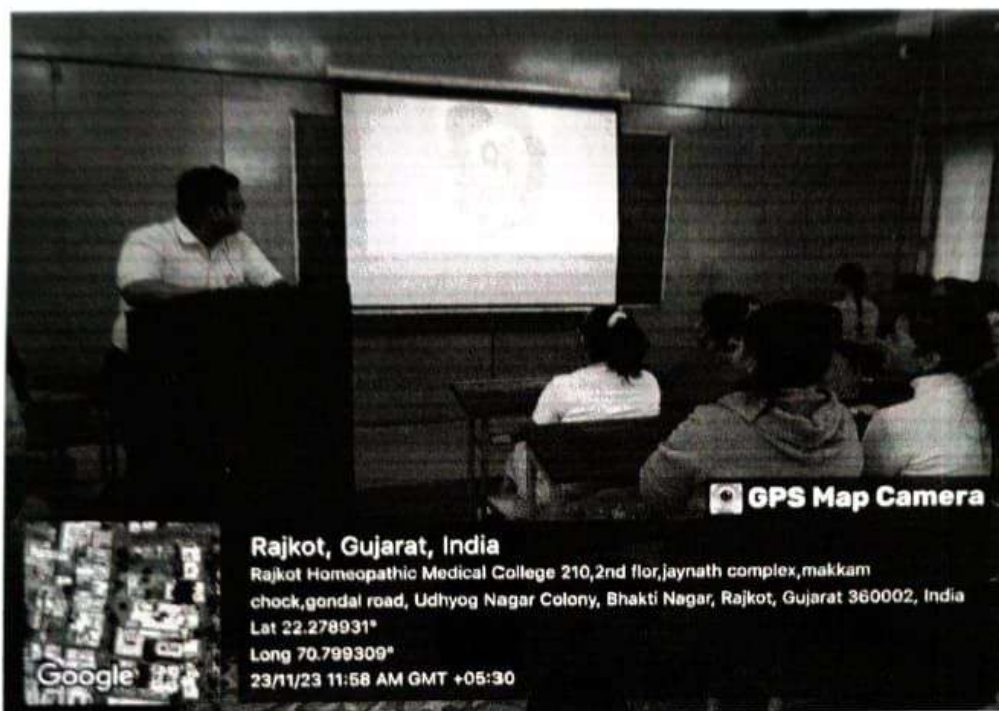


Foundation course Computer skills - Dr. Jay Solanki



→ Day 6

Importance of Mental health and hygiene - Dr. Mrugank Meghani



Basic life support - Dr. Shailendra Bhamar and Dr. Urmila Bhalgariya

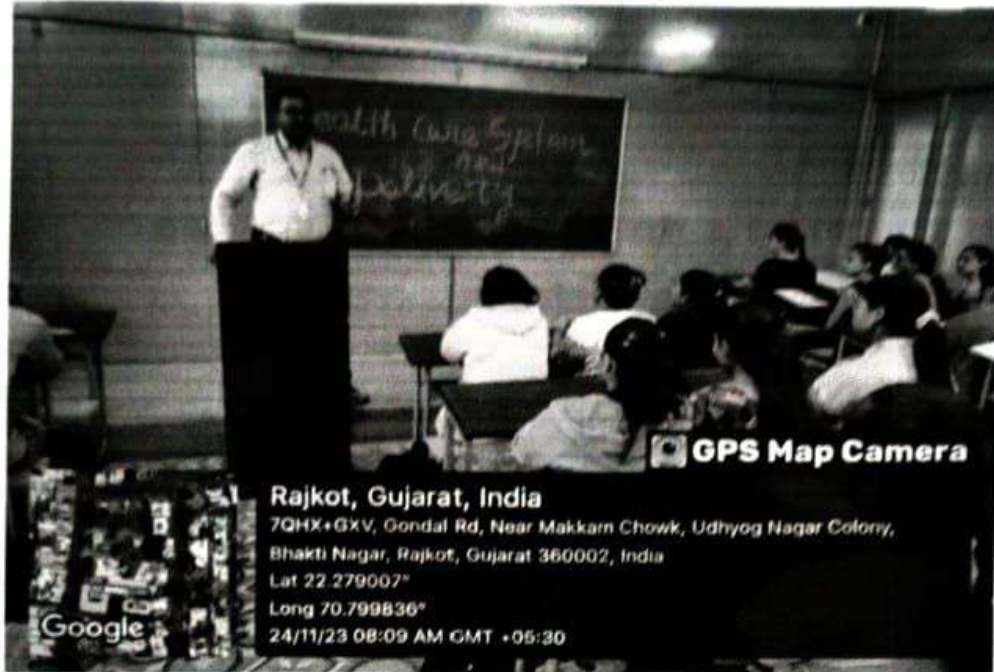


Medical ethics - Dr. Hitesh Pandit and Dr. Janki Bhanvadia

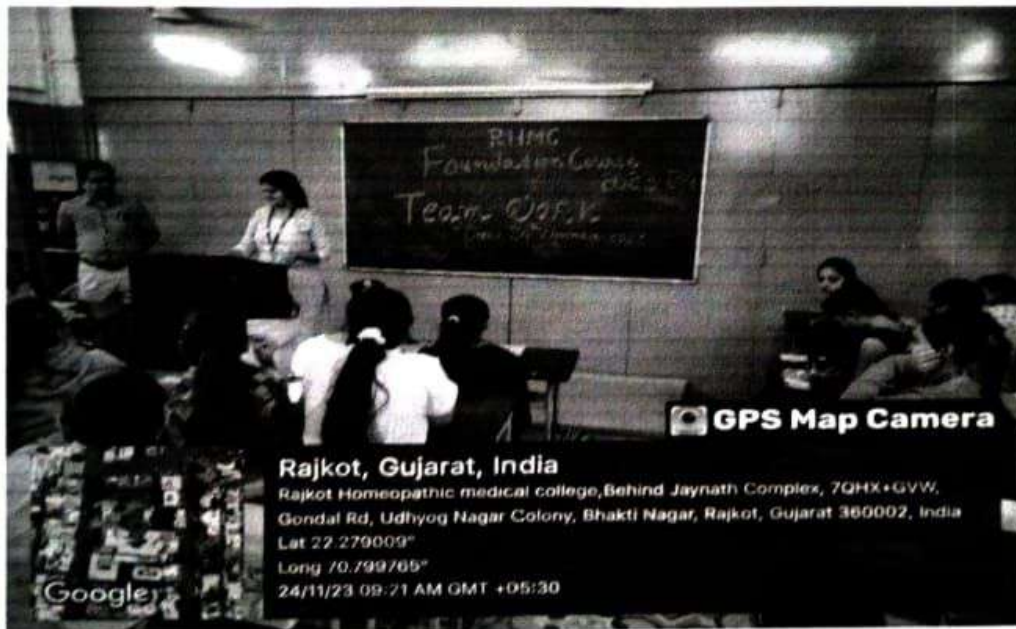


→ Day 7

Health care system and delivery - Dr. AnupKumar Das

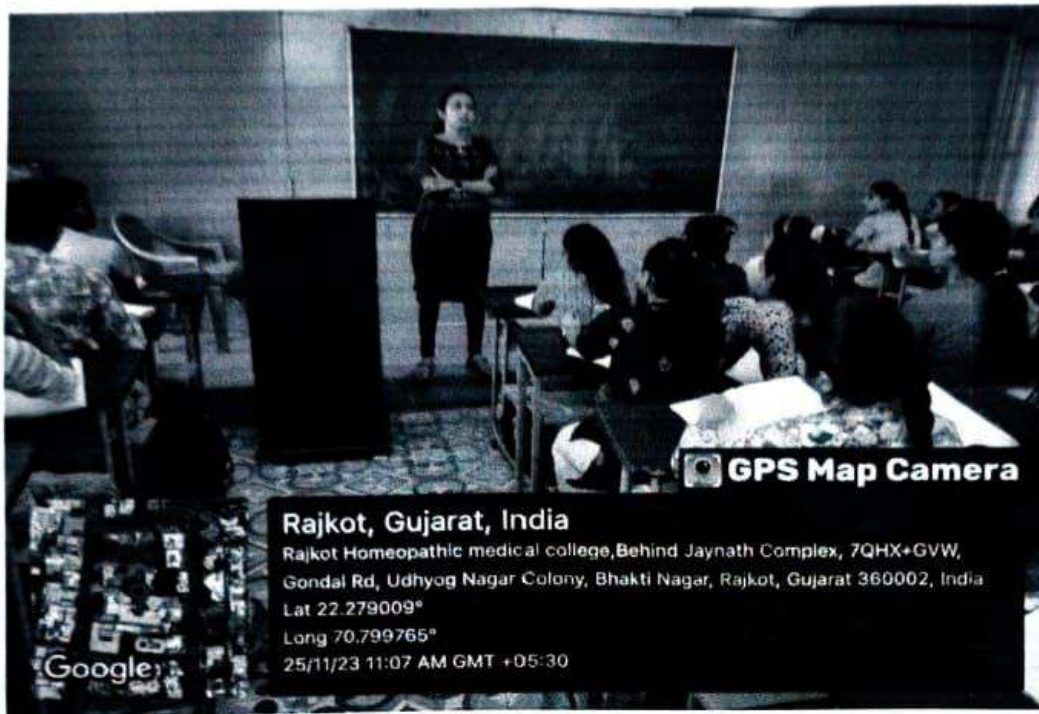


Team working - Dr. Mitesh Jani and Dr. Vaidehi Bhatt

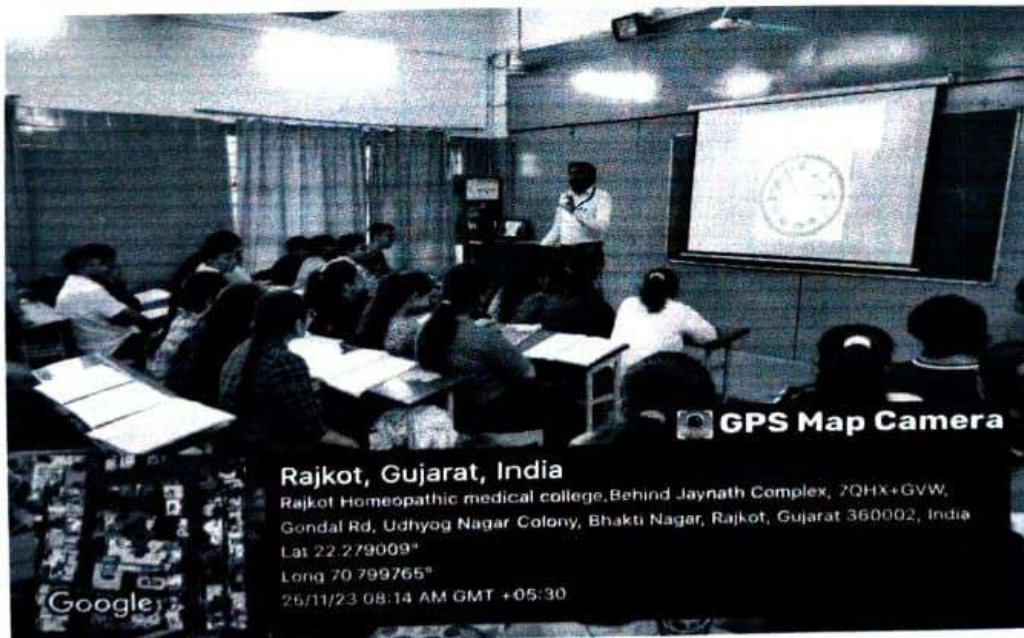


→ Day 8

Importance of Mental health - Dr. Poonam Meghani

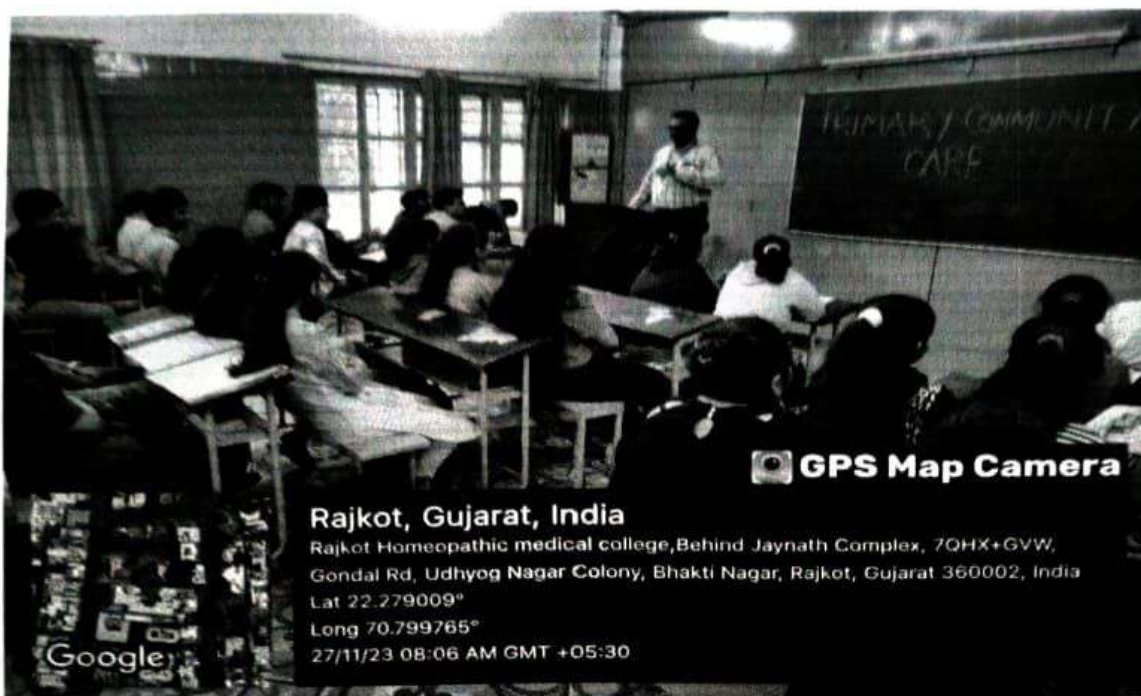


Time Management - Dr. Viren Nimbark



→ Day 9

Primary community care - Dr. Anup Kumar Das

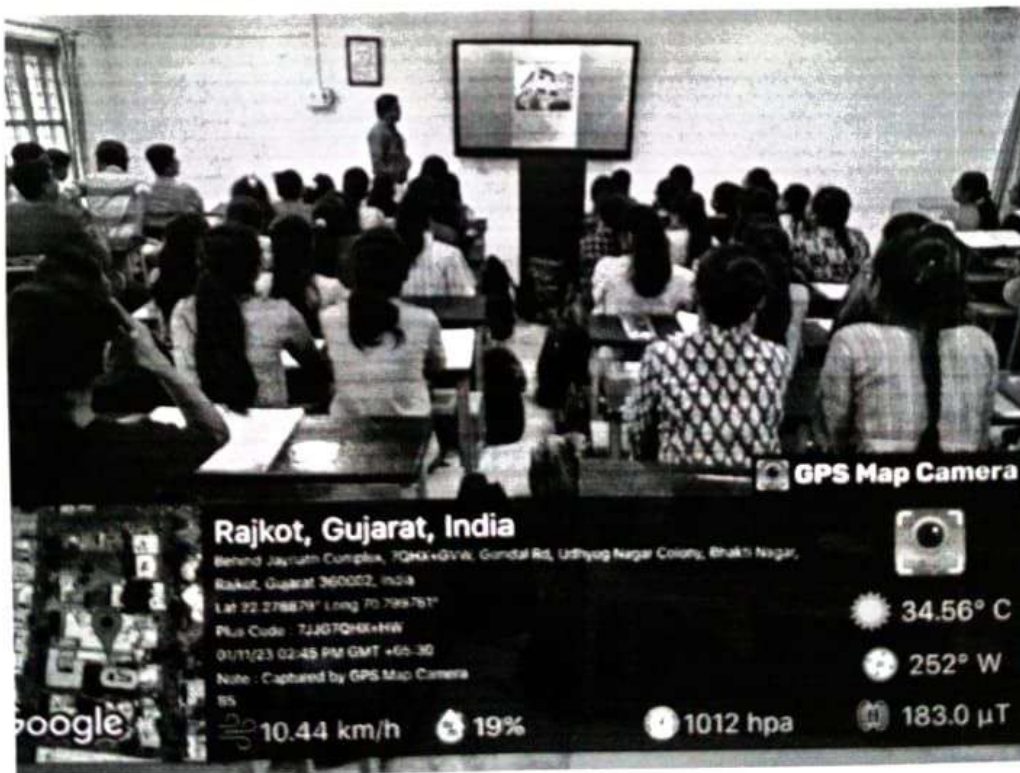


→ Day: 1

Welcome and Introduction to Vision / Mission of the Institute - Dr. Hitarth Mehta

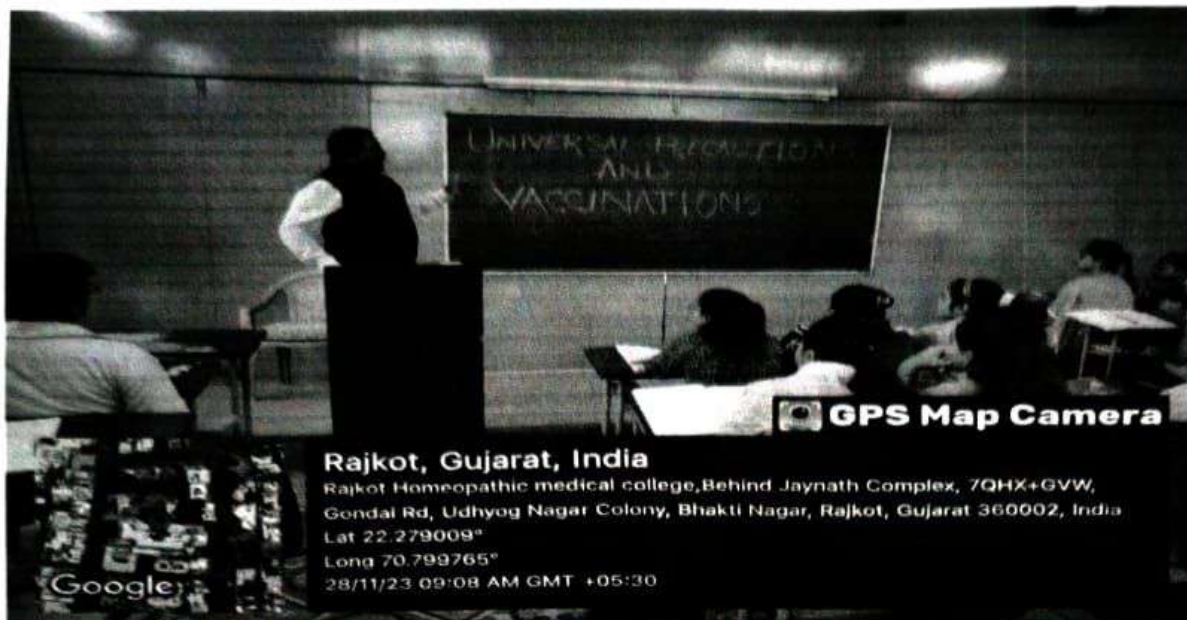


BHMS Course of study & introducing to first year faculty - Dr. Mitesh Jani

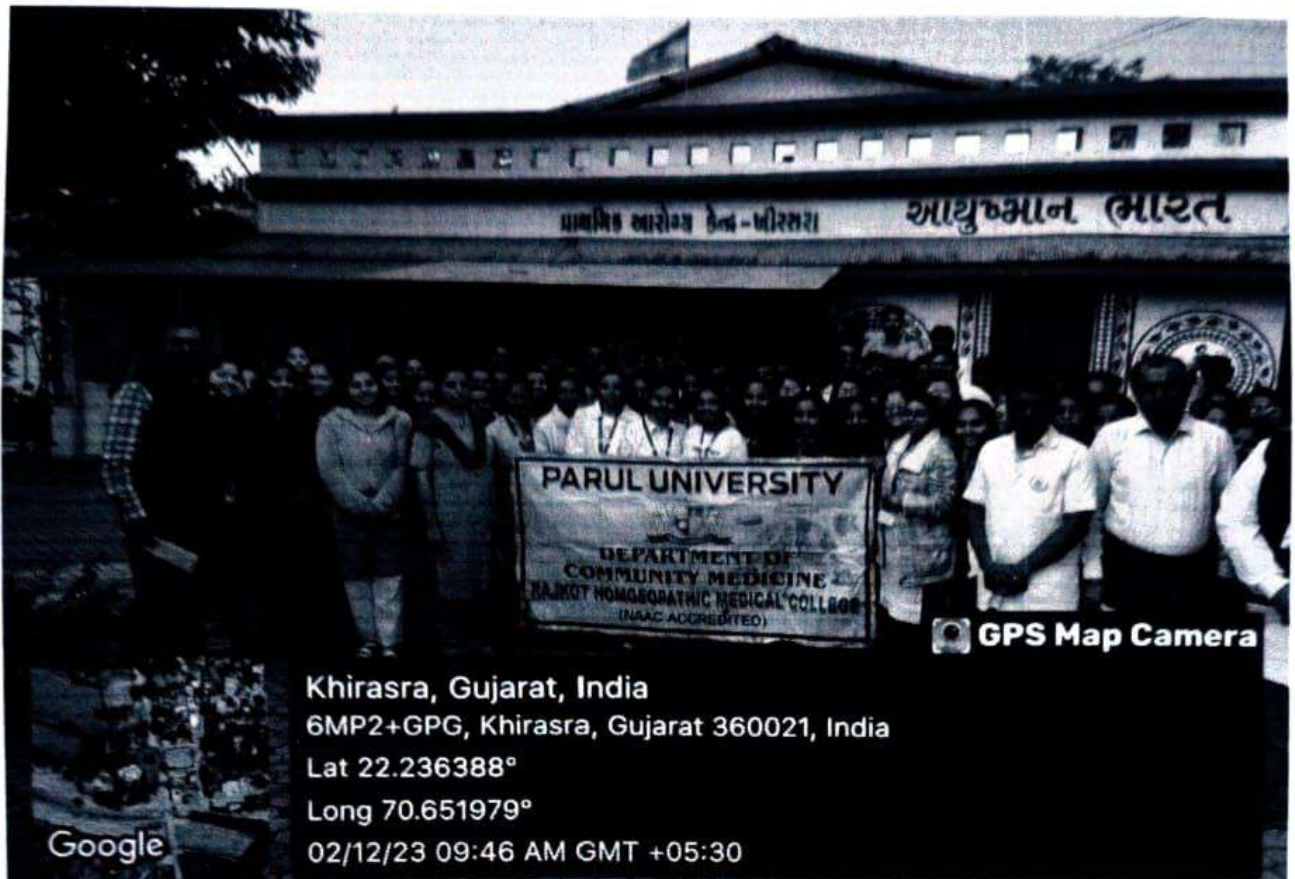


→ Day 10

Dr. Anup Kumar Das - National health priorities and policies and Universal precautions and vaccinations



As per curriculum of National Commission for Homoeopathy, Government of India, Ministry of AYUSH, Department of Community Medicine, Rajkot Homoeopathic Medical college, Parul University, had visited Khirasara Primary Health Centre, Khirasara, Rajkot, for the students 1st BHMS (2023-2024), as a part of foundation course, dated on 02/12/2023 from 9 am onward under the guidance of Prof(Dr.) Hitarth Mehta, Principal, Rajkot Homoeopathic Medical College, Prof (Dr.) Anup Kumar Das, HOD, Asst Prof Urmila Bhalgariya , Asst. Prof Dr. Jay K Solanki Dr. Nirav Ganatra, PG Scholar. This academic visit was very much informative for the students to learn about services and facilities provided by the Primary Health Center. We are very much thankful to the Medical Officer Dr. Chandra pal and Mr. Jitubhai Nimavat who briefly described about Primary Health Centre. This presentation was very much informative for our students of 1st BHMS.



CONCLUSION:

The Foundation Programme helped in orienting students to all the components mentioned above with special emphasis on the role of Homoeopathy and homoeopath in today's times. This involved skill sessions such as Basic Life Support/ Emergency Management, First aid, Universal Precautions and Biomedical Waste and Safety Management that students were trained prior to entering the patient care areas. The visits provided orientation to the care delivery through community and primary health centers, and include interaction with health care workers, patients and their families. This was an introduction to the concept of Professionalism and Ethics and closely related to Hahnemann's emphasis on the conduct of a physician.

This component provided students with understanding that clinical competence, communication skills and sound ethical principles are the foundation of professionalism. It will also provide understanding of the consequences of unethical and unprofessional behavior, value of honesty, integrity and respect in all interactions. Professional attributes such as accountability, altruism, pursuit of excellence, empathy, compassion and humanism were addressed. It also included respect towards the differently abled persons. It introduced the students to the basic concept of compassionate care and functioning as a part of a health care team. It sensitizes students to “learning” as a behavior and to the appropriate methods of learning. The students were sensitized to various learning methodologies such as small group discussions, skills lab, simulations, documentation and concept of Self-Directed learning.




24/12/23
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