A QUARTERLY HOMOEOPATHY NEWS BULLETIN

HOMOEOINSIGHT

THIS BULLETIN BASED ON "INSIGHT OF NOSODES IN HOMOEOPATHY"

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PARUL INSTITUTE OF HOMOEOPATHY & RESEARCH PARUL UNIVERSITY

Managing Editor's Message



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It is my pleasure and I feel proud to state that my collogues are determine to sustain to publish the institutional quarterly bulletin "Homoeo Insight" in time with innovative topics which will help to enrich the knowledge of Homoeopathic fraternity. In this issue our eminent professor of Homoeopathic Materia Medica Dr. Lipika Chakraborty has nicely compiled the articles relevant to "INSIGHT OF NOSODES IN HOMOEOPATHY". Apart from this the Bulletin also reflects the co-curricular, extracurricular, hospital and different community program conducted by the institution. We all know Dr. Constantine Herring devotion is remarkable of introducing nosodes in homoeopathic practice. In present scenario many nosodes (medicine prepare from diseases product, part or organ) are being used as prophylactic, inter-current to remove the block when well indicated medicine fails or as an indicated medicine to cure/manage certain diseases (Osteoarthritis nosode in treatment of osteoarthritis). It is an honest effort of the editor to give insight about the nosodes in day to day homoeopathic practice. I hope the readers must appreciate the articles written by our colleagues and students of the institution.

Editorial Message



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Greetings on behalf of editorial Board.

In the present scenorio where the whole world is under effect of the pandamic of covid 19 so the topic on "**Insight to homoeopathic nosode**" has a very reverence. As nosodes are the homoeopathic medicines prepared from diseased products of biological origin these are commonly used in clinical practice for the prophylaxis and treatment of ailments including infectious diseases. The homoeopathic research literature when searched it gives examples of the use of nosodes in different ways and to evaluate their role and position in homoeopathic practice with special reference to epidemic diseases too.

A double added sword if used meticulously will heal a person completely or else will go into complete destruction of the organs or tissues, this is "NOSODES". So the important inclusion of a separate prospective in the treatment with homoeopathic medicine introduced by, Constantine Hering our veteran, dedicated homoeopaths of nineteenth century created innovative pattern in the system. Then Dr Gross, Dr Lux, Dr Swan, Dr Burnett etc. Started experimenting on it. In1826 it was included in the edition of chronic disease. Dr David Little was the first to mention about the "Indication of nosodes". Nosodes are greatest boon to homoeopathy though being neglected in studies as well in clinical practice. Usually we use it as inter-current, or as an anti- miasmatic remedy andalso play an essential role in the successful homeopathic practice. Nosodes are prescribed by homeopathic doctors, practitioners and veterinarians worldwide for the treatment of acute as well as chronic diseases. Remedies made from the supposed causative agents or products of a disease are usually prescribed to a patient suffering from that same disease (ISOPAHTY). They may be used to treat residual problems when an illness has been overcome in earlier life and to reduce hereditary problems. Use of Nosode is to be done very cautiously to bring magical results in Homoeopathy. So it is assumed that this way, nosodes can also be a boon to fight against antimicrobial resistance across the globe. I hope the articles compiled in the issue will enlighten the readers & will gives a clear picture of when to use, how to use ,where to use nosodes in our clinical practice

NOSODES AND THEIR UTILITY IN HOMOEOPATHY

The Greek word, Noso is a prefix indicating a morbid root. It is also connected with the Latin word "noxa", meaning noxious or damaging. Nosodes are remedies made with dangerous noxious materials as a basis for a potentized remedy to treat disease.

Constantine Hering (a student of Hahnemann) was the first one to study the actions of the mineral, plant and animal remedies and was the first person to test the animal poisons and nosodes in human beings.

DEFINITION OF NOSODES: Remedies which are prepared from diseased products of human being, lower animal, and disease plant products are called nosodes.

No sodes hold a very important place in Homeopathy.

They serve in several ways:

- 1. As a remedy used during the treatment of disease. i.e. the use of the Parvonosode during the treatment of Parvo. Herring noted that he had never succeeded in curing, but only ameliorating diseases when he used nosodes. So, nosodes can be used during the treatment of the acute diseases, in order to help other more similar remedies to complete the cure.
- 2. Nosodes are used as inter-current remedies in the treatment of chronic disease. This is the most common use of nosodes in Homeopathic practice.
- 3. When during the treatment of chronic disease, the similar remedy stops working, the use of the nosode at this point in the healing process, will remove the obstacles to cure and allow the similar remedy to continue the cure.
- 4. As the constitutional remedy during the treatment of chronic disease. In this instance, the nosode will be prescribed on the totality of the patient's symptoms just like any other remedy.
- 5. Homeopathic Prophylaxis. The first use of a homeopathic remedy in prophylaxis was done by Hahnemann, when he used the remedy Belladona as prophylaxis for scarlatina.

It is extremely important to remember several things:

- 1. Nosodes are used to prevent disease ONLY during an epidemic. So, the use of Parvo or Distemper nosodes should be reserved for those times when there is an epidemic going around, or when the possibility of a young puppy coming in contact with these diseases is high.
 - For example, giving the Parvonosode in 30c potency (NEVER USE NOSODES IN A POTENCY HIGHER THAN 30C) for 2 or 3 days prior to the puppy going to the vet's, or obedience class, where the puppy will come in contact with other vaccinated puppies shedding the viruses from vaccines. With puppies born to breeders who have not vaccinated for many generations and who feed barf, the best protection is a healthy immune system.
- 2. Nosodes are made with NOXIOUS substances. Although the original substance is no longer present in a 30c potency, the ENERGY of the disease most certainly is! So, when you give Parvonosodes to a 3 week old puppy, you are giving this puppy the ENERGY of Parvo. Not something I want to do! I have seen this practice not only not protect during an outbreak, but I have seen puppies who have received nosodes at an early age develop symptoms of chronic disease by the time they are 10-12 weeks of age.
- 3. Nosodes should NEVER been given after a vaccine to "antidote" the vaccine. This is another misconception of a classical homeopathic practice and should not be done.
- 4. Once you have given a young puppy the nosode in order to keep them healthy DURING AN EPIDEMIC, it is not necessary to continue to repeat the nosode. Repetition will only enhance the chances of aggravations and/or nosode induced disease.

NOSODES AND THEIR UTILITY IN HOMOEOPATHY

CLASSIFICATION OF NOSODES:

- 1. Basic nosodes: Psorinum, Bacillinum, Syphilinum, Medorrhinum and Carcinosinum.
- 2. Exanthemnosodes : Morbillinum, Parotidinum, Vaccininum, Pertussinum, Diphtherinum, anthracinum, Malandrinum, Variolinum and Influenzinum.
- 3. Isopathicnosodes: Streptococcinum, Pneumococcinum, Staphylococcinum, Malaria officinalis and pyroginum.\
- 4. Autogenous nosodes: secretions or discharges from the pathological tissues or organs of the pthim self for the treatment (Tautopathy).
- 5. Intestinalnosodes: Dr. Bach and Dr. Wheeler.

Bach nosodes or Bowel nosodes: Bacillus proteus, Bacillus dysenteria coli, Bacillus morgan, Bacillus faecalis, Bacillus mutabile, Bacillus gaertner, Bacillus No 7.

Commonly used nosodes: (well proved) Tuberculinum, Psorinum, Medorrhinum, Syphillinum, Pyroginum

Other remedies:

Influenzinum, Leuticum, Pneumococcinum, Streptococcinum, Staphylococcinum, Typhinum, Parotidinum, Morbillinum, Scarlatinum, Eosinum, Typhoidinum, Osteo arthritic nosode, Ambragriesea, Anthracinum, Eel serum, Cholestrinum, Lyssin, Maladrinum, Diphtherinum, Malaria officinalis, Pertussin, Scirrhinum, Variolinum, Vaccininum, Carcinocin.

Indications of nosodes:

- 1. As a constitutional remedy.
- 2. Well chosen remedies do not act.
- 3. When there is a lack of symptoms.
- 4. "Never well since syndrome" (NWSS).
- 5. When partial picture of the constitutional remedies manifest yet no one remedy completely fits the case.
- 6. The Miasmatic Intercurrent.
- 7. Related to genus disease pertussin Clarke's whooping cough.
- 8. As a homoeopathic prophylaxis.

9. As an Auto – Nosodes.

Contra-indications of nosodes:

- 1. In the active phase of acute disease
- 2. In the explosive stage of miasm
- 3. During the active phase of recurrent attacks.
- 4. In an infectious stage i.e. do not use Tuberculinum in established tuberculosis.

Constitutional features:

- Generally old people Maltreated & chronic diseases.
- Lean, thin, emaciated persons in great debility. Individuals who are weak, nervous & exhausted.
- Offensive odor of the body.
- Loss of vital fluids and vital energy.
- Diathesis Tubercular, scrofulous
- Thermal Chilly.

CHARACTERISTICS: (Physicals)

- All nosodes are indicated whenever there is a family history.
- In chronic diseases
- Tendency towards malignancy
- Suppressed or ill treated skin disorders
- All nosodes crave alcohol
- Profuse perspiration with relief of symptoms.
- Offensiveness
- Haemorrhages
- Chronic catarrhal condition of the lungs
- Marked tachycardia
- Remarkable action on glandular system
- Cancerous conditions



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THE USE OF NOSODES IN HOMEOPATHY

'Nosodes' is the term used for a specific group of remedies widely used in homeopathic prescribing. Results from clinical trials and data collection in homeopathic practice show a long track record of safety for these products. Typically, homeopathic medicinal products originate from plants, animals, organic and inorganic substances. The first step in the preparation of a homeopathic medicine is the preparation of the 'mother tincture', its most concentrated liquid form. The second step is a process of systematic serial dilution and 'succussion' (vigorous shaking with impact) known as 'potentisation'. The more physically dilute the solution, the higher the potency. Nosodes are made from disease products of human or animal origin, or from pathogens or from products derived from the decomposition of animal organs, cultured microorganisms or body fluids containing pathogens or pathological agents. They are prepared according to standard methods of manufacture for homeopathic medicinal products. The Pharmacopoeias in current use include additional rules to produce safe, noninfectious starting material by different sterilisation methods. The subsequent serial dilution adds further safety and renders them as safe as other homeopathic remedies. Nosodes are manufactured and prescribed in higher potencies (i.e more dilute) only. The track record of safety of these products is reinforced by clear and regulated manufacturing processes. ensuring that they are safe and meet the EU definition of a homeopathic product: 'any medicinal product

prepared ... in accordance with a homeopathic manufacturing procedure described by the European Pharmacopoeia or, in the absence thereof, by the pharmacopoeias currently used officially in the Member States'. Nosodes are prescribed by homeopathic doctors, practitioners and veterinarians worldwide for the treatment of acute as well as chronic diseases. Remedies made from the supposed causative agents or products of a disease are usually prescribed to a patient suffering from that same disease. They may be used to treat residual problems when an illness has been overcome in earlier life and to reduce hereditary problems. This school of homeopathy is known as Isopathy.

In 2005, a survey of homeopathic doctors found that 95% considered nosodes to be important in their clinical practice. Similarly a 2005 study reported that nosodes had been of vital importance for successful homeopathic treatment of chronic ailments in an average of 33% of patient cases. Nosodes also play an essential role in the successful homeopathic treatment of farm livestock. Nosodes have a clear place in the European regulatory context. For patients, practitioners and professional organisations, they will continue to play an essential role in homeopathic treatment.

In current scenario, cancer become more common. So, certain homoeopathic medicines which are used for specific cancers. Certain homoeopathic nosodes are used for specific cancerous condition.

Carcinosins Nosodes in Homeopathy:

Sr. No.	Homoeopathic Nosodes With Source
1	Epitheliomine - extract of epithelioma.
2	Schirrinum- carcinoma schirrus (stomach).
3	Onkolysine- from a stock of OnkomyxaNeojormans
4	Carcinosin-hepatica-metastat
5	Carcinosinlaryngis
6	Carcinosinadenopapillary
7	Carcinosin adeno-stom-from adenocarcinoma of stomach.
8	Carcinosin adeno-vesica- papillary adenocarcinoma of bladder.
9	Carcinosinpulmonale- pulmonary cancer.
10	CarcinosinSchirr-mammae- schhirus of mammae.



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MEDORRHINUM CHILD

Hahnemann developed nosode remedies to counteract the miasms he believed to be responsible for sometimes "blocking" treatment. They were made from infected tissue or bacteria, but were perfectly safe, since the substances were sterilized and potentized. Medorrhinum is one of those nosode which is used very frequently during homoeopathic practice. Let's light up on it.

Medorrhinum was introduced as a homoeopathic medicine 100- odd years ago, by Dr. Swan, U.S.A., the great pioneer in the use of disease-products for the prevention and cure of disease.

Medorrhinum is best suited to people who feel hurried and anxious, yet simultaneously isolated and empty, in a dreamlike, detached state. They are passionate and experience life to the limit. Behavioural extremes are not uncommon, ranging from a withdrawn, aesthetically sensitive state to an egotistical, selfish one.

Medorrhinum individual has an enormous appetite for life, and for experiences of all kinds. As a result, he may be tempted to embrace all manner of experiences, both socially acceptable and otherwise, just to see what they are like.

Medorrhinum are adventurers. Some explore the physical world, fearlessly, some explore the world of emotion, forming one intense relationship after another, often with widely differing personalities. Others explore the vast vistas of intellectual ideas, devouring philosophies as eagerly as they devour scientific theories and developments. And some take heady excursions into the realms of imagination and

mystical insight. Most Medorrhinum are enthusiastic adventurers in all of these aspects of life, willing to learn from the unknown, and optimistic that they will survive its perils.

All children are adventurers, expanding their horizons with every new experience. The Medorrhinum child is particularly adventurous, constantly seeking more information about the world around him. He is liable to reach his developmental milestones relatively early, since he is in a hurry to explore more and more of his surroundings. Almost every Medorrhinum child I have seen has been precocious in some way. Most are particularly good at verbal skills, not only in terms of vocabulary and pronunciation, but also in terms of the maturity of their social interchange.

Medorrhinum children are amongst the most fearless of all youngsters. They are not shy, and they usually love to talk to complete strangers, providing the latter appear to be nice. Needless to say, this fearlessness causes their parents a few headaches. The Medorrhinum child is extremely inquisitive, asking a constant stream of "Whys?" and exploring the immediate environment with untiring zeal. He is likely to resent restriction, and ignore his parent's strictures when it suits him. At such times he will most probably come up with some clever justification for his disobedience, or alternatively charm his way back into favour by raving excitedly about his latest discoveries. Such children are a delight for the most part, but their boundless energy, combined with the insistence of their questioning and exploring, can be a little wearing.

MEDORRHINUM CHILD

Medorrhinum has something of a reputation for cruelty, very often Medorrhinum patients will confirm when asked that they enjoyed tormenting insects when they were young, or using a magnifying glass to fry them in the sun's rays. Some go as far as tormenting dogs or cats, by throwing them into the bath, or whirling them round by the tail. Generally, though this cruel streak does not extend to hurting people, except perhaps when the Medorrhinum toddler punches his playmate in order to steal his toy, and it has usually disappeared before the child reaches his teens. The reason for this cruelty to animals is not clear, in view of the sensitivity of the older Medorrhinum.

there is forgetfulness and confusion on the mental PLANE. This confusion is - an inability to understand or clearly express what is happening inside. The mental functions gradually diminish further, until it becomes evident that the patient may be sliding toward insanity.

other features of childrenare, Child lies on belly or on hands and knees during sleep. Craving: for salt;sweets; green fruit;ices; sour things; oranges. The complaints Better at the sea-side. Better in wet weather. Better lying on abdomen: bending backwards.

After completing case taking and forming totality of symptoms if it persist the same set of symptoms then we can think about this wonderful nosode.

Reference:

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- Homeopathic drug pictures, by m. L. Tyler, jain publishing co. New delhi-110055.
- · Essence of materiamedica, Vithoulkas
- · Homoeopathic psychology, by Philip m. Bailey,



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QUEEN OF ANTI-SYPHILITIC REMEDY —SYPHILINUM

SYPHILINUM Luesinum. Lueticum. Syphilitic virus. A nosode. Attenuations.

INTRODUCTION

Nosodes is derived from greek word "nosos" which means disease &prepared from disease product.It is provered byDr. Swan, Dr. Skinner, Dr. Thomas Wildes, Dr. E.B. Nash, Dr. H.C Allen, Dr. J.T Kent.Syphilinum causes dynamic and bodily reaction & restore the vital reaction &mains health state throughout. It is called the queen of antisyphilitic remedies, acts wherethe chancre is treated by local application causing suppression of diseases symptoms since long ago in mankind and resulted bodily sufferings with multi systemicinvolvement.

KEY WORDS

Cephalalgia, Diplopia, Leucorrhœa, Ozœna, Paralysis, Pemphigus, Strabismus, Sciatica.

Clinical - Alcoholism, Anus, fissure, Asthma, Bubo, Constipation, Deafness, Dentition, Diplopia, Dysmenorrhœa, Epilepsy, Iritis, Leucorrhœa, Myopia, Neuralgia, Ophthalmia, Otorrhœa, Pemphigus, Ptosis, Rheumatism, Pemphigus, Sleeplessness Spine caries, Strabismus, Syphilis, Ulcers.

Ailments from - Sun, Extreme of heat or cold, Damp weather, Thunderstorms.

Mind – Hopeless, behaves antisocial & inclines towards hurried depression.

Memory loss, easily forgets, weak minded &remembers everything previous to his illness.

Fear- going insane or being paralyzed.

Forgetful - faces, names, events, places etc.,makes him nervous & that's why he laughs or weeps without cause & he does not want to be soothed.

Head – Violent neuralgic headache, linear voilent pain at sides of head, forehead or temples with pain from temple to temple, from ear to ear.

Headache begins at 4 pm., gradually worse in midnight&ceases at daylight.Pain goes across from eyes to occiput or having supraorbital pains.

Eyes – Paralysis of eye muscles, strabismus, squint, eyes point in different directions, diplopia, one is image seen below other, impairs vision.

Sensation of cold air blowing on eye

Chronic recurrent phylyctenular inflammation of

cornea, recurrent conjunctivitis, ulceration of cornea, intense photophobia, profuse lachrymation.

Ears — Paralysis of auditory nerve, caries of mostoidindicates syphilitic origin. Sharp pain in ear with purulent water discharge

Abscess of middle ear, deafness, without obvious cause, calcareous deposit on tympanum.

Face—Old wrinkled, pale, papules, pustules, tubercles, copper coloured, shabby eruptions.

Neuralgia of face, paralysis at one side causes difficulty in speech, mastication & twitching of eyes & eye lids.

Ozaena with offensive, thick yellow-green discharges, ulceration, sinuses pain, caries of nasal bones leads to mal-presentation, depressed nose.

Septum of nose is perforated, epistaxis & dryness, obstruction of nose at night

Mouth & Throat —Tooth decay, gums edges serrated & dwarfed, tooth feels sticky as of a worm. children teeth deformed, distorted, cup shaped & decay, breaths foetid.

Taste putrid, copious viscid saliva, saliva flow excessively &runs out of mouth during sleep. Chronic hypertrophy of tonsils with syphilitic taint.

Severe pain in throat, whole throat covered with ulcers causes inflammation of throat & tonsillitis, pain while drinking colddrinks.

Respiratory — Dry, hard cough worse at night, lying on right side, windpipe is sensitive to touch with rawness in chest.

Thick purulent greyish, greenish, greenish-yellow, expectoration with tastelessness in mouth at the time of coughing.

Heart – Nightlancinating pains in heart from base to apex, large soft pulse. "sensations as if hot water flowing in the veins". valvular disease of heart.

Neck and back – In neck feels stiffness & lameness due to rheumatic affection, aching in whole spine, feel his bones are being cut by a saw

Extremities — Stiffness & lameness in back, inflammation, aching in the region of kidney worse when urinating.

Severe pain in long bones, nuraligia of limbs worse in night & ameliorates by day breaks. Tension of tendons



QUEEN OF ANTI-SYPHILITIC REMEDY -SYPHILINUM

of leg & soles, can not sit on low chair.

rheumatic pain & swelling of upper limbs with rheumatism of deltoid, painful while raising arms laterally or in front.

Abdomen - Capricious perverted appetite, craves alcoholic liquors, aversion to food &meat, no desire to eat, disagrees all kind of food. Copious bleeding, fissures, piles, ulceration in rectum, burning pain, sensation of tied up with strictures.

Constipation, prolapse of anus, relaxed protruding rectum, paralysis of rectum.

Urinary - Itching on urethral orifice, frothy, scanty, yellow urine.

In morning when urinate, male urethra is stuffed up or clogged about an inch away from orifice. Infrequent urine, not oftener than once in twenty-four hours, scanty & golden-yellow in colour. Nocturnal enuresis, passes urine better while standing.

Male - chancre on penis appears third time within a period of two years on same spot it first appeared. Chancroid on prepuce, phagedaenic, spreads rapidly, buboes commences in each groin, pricking &burning in chancre which is split pea size on prepuce above corona of glands penis, edges raised, bottom covered with lardaceous deposit. Diseases attack scrotum, nodular formation in testes, spermatic cord&scrotum are inflammated, induration of spermatic cord.

Female -Thick, acrid, yellow, offensive leucorrhoea, so profuse as it daily soaks through napkins & runs to heels of stockings if much on her feet. Painful menstruation, two weeks too soon, characteristic of blood is pink-red, bright, profuse, runs fee for some days. Ulcers on vulva, sharp knife-like pain in ovaries, sensitive to touch.

Skin - Reddish-brown eruption, disagreeable odour. Swollen & blotched like temporary mark or an area of different colour on skin surface, looks similar as biting from bugs.

Sleep -In night, impossible to keep leg in one position & get awakes soon after midnight &can't sleep again till 6 a.m.

Modalities

Worse - In night, In damp, extreme hot or cold weather, during every alternate of full moon, during

thunderstorms in any position, at sea shore & in motion.

Better —In slow motion with changing positions, at high altitude, with break out of daylight, during day time.

Conclusion —Syphilinum is indicated in all those cases where symptoms, which are the representative of persons state of well being or of deranged state of health have ever been suppressed. Suppressed symptoms of disease by local application causes state of impaired health & core cause of illnesses leading to development of bubo, which again suppressed leads to its secondary manifestation which is more towards destruction of health. The nosode, Syphilinum causes dynamic and bodily reaction & restores the state of health by removing syphilitic taint when prescribed according to the standard homoeopathic indication.

Doses - Prescribed in 200 to highest potencies only, as suitably required&in infrequent doses, as an intercurrent.

Repetition - Repetition after a weak 200 potency & of one single dose of CM in chronic cases, as suitably required.

Reference

- Lectures on homoeopathic materia medica by James Tyler Kent
- Pocket Manuel of homoeopathic materia medica by William Boericke
- A dictionary of practical materia medica by John Henry Clarke
- Materia Medica of homoeopathic medicines by S.R. Phatak



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TREATING OSTEOARTHRITIS IN HOMOEOPATHIC WAY

Introduction:

Osteoarthritis is a wear and tear type of the disease. The incidence of this type of arthritis is very common now a days. This generally occurs in old age people more with female group after menopause. In allopathy offers only knee replacement and good amount of pain killer drugs with no relief. Eventually disease progression leads to permanent disability.

Pathophysiology:

It involves a degradation of cartilage and remodelling of bone due to an active response of chondrocytes in the articular cartilages and the inflammatory cells in the surrounding tissues. After release of enzyme, there is sclerosis of bone followed by formation of osteophytes. Over the period of the time joint space is completely lost.

Clinical feature:

Main clinical features are pain swelling and stiffness of the joints. Crackling of the knee joint is also present as the disease advances.

Diagnosis:

Case taking and physical examination of the knee joint O/E: Redness, Swelling with cracking sound in both the knee joints. Patient had staggered gait.

Laboratory Investigations:

X-Ray of the knee joints

MRI of the knee joints

Complete blood count. ESR, RA factor, CRP, S. Uric acid to rule out other disease.

Homoeopathy treats the man in the disease not the disease. So, the therapeutic approach varies from person to the person. But sometimes there is in need of intercurrent drug. Intercurrent remedy can be any nosode or any anti miasmatic remedy. Osteoarthritis nosode is very good remedy in cases of osteoarthritis of knee joint.

OA Nosode is prepared from synovial liquid of arthritis/joint. A proving of OA Nosode of the hip was

read in the 18th All India Homoeopathic Conference at Madras on 10th October 1970. The Osteoarthritis Nosode that originated from Dr. Foubister derives from the knee of a patient suffering from an osteoarthritis affection.

CaseAfemale patients.55yrs of age, housewife from kanbha village approached me on 21/01/19

Chief Complaints

Location	Sensation	Modality	Concomitant
B/L knee joint	Burning pain and	< standing,	Disturb sleep
since 6 months	redness	<motion, <<="" td=""><td></td></motion,>	
		Night >	
	Cracking sound felt while walking	cold application	

Personal History:

Appetite: Reduced

Desire: Spicy Averion : Sweet Thirst: Thirstless Thermal : Hot

Urine: 4-5 times per day

Mentals: She is very weeping in nature. Very mild and

timid in personality.

Menstrual History: Menopause at 45 yrs of age.

Obstetric History: G3P3A0L3

Physical Examination:

Pulse-108/min

BP-110/70

Height - 150 cm

Weight-55kg

Investigation:

X-RAY of the B/L Knee joints :-

1ST X-RAY DATE- 21/01/19 3rd Degree Osteo Arthritic Changes

2ND X-RAY DATE – 18/02/19 Space Increased Inbetween both Joints, Osteophytes Reduced.

Care Plan:

Maism: Syco-syphilitic Prescription: OAN 1M 1 dose.



TREATING OSTEOARTHRITIS IN HOMOEOPATHIC WAY

Follow up.

SR NO	DATE	SYMPTOMS	% OF RELIEF	TREATMENT
1	28/01/19	KNEE PAIN REDUCED,REDNESS OF KNEE JOINT REDUCED. CRACKING SOUND REDUCED	30%	SL 30/1DRAM BD X 7 DAYS
2	18/02/19	KNEE PAIN REDUCED, NO BURNING PAIN	50%	SL 30/1DRAM BD X 7 DAYS
3	25/02/19	KNEE PAIN REDUCED, PT CAN STAND FOR A LONG TIME	75%	SL 30/1DRAM BD X 7 DAYS
4	6/3/2019	NO PAIN IN KNEE JOINT. COMPLETE RELIEF IN PAIN, WALKING AS WELL AS STANDING COMFORTALBE FOR PATIENT	100%	SL 30/1DRAM BD X 7 DAYS
5	13/03/19	NO SUCH SYMPTOMS PERSIST	PATIENT CALLED FOR OBSERVATION	NO MEDICINE GIVEN



BEFORE 21/01/2019



AFTER: 06/03/2019

CONCLUSION:-

On concluding the above case it is observed that the selection of **OSTEO- ARTHRITIC NOSODE** was selected in the basis of Anti miasmatic treatment. When there is a partial portrait of the disease and no medicine completely fits the case

As the miasmatic block was removed by prescribing only a single dose of the remedy in high potecy, patient started getting reversed back as the osteophytes reduces as well as increased in space of both the knee joint was visible Symptoms wise also the cracking sound, burning sensation, redness in joints decreased as well as standing capacity of patient increased. The gait of patient also changed to normal instead of limping So this medicine O A NOSODE gives a hope of light to the suffering

humanity for avoiding surgical process & lead a painless life.

Thus Osteoarthritis nosode is an excellent remedy in cases of osteoarthritis of joints.



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BOWEL NOSODES

"The medicines prepared from cultures of nonlactose fermenting bacterial flora of the intestinal tract are called intestinal Bowel Nosode."

WHEN & HOW TO USE BOWEL NOSODE

- 1. When the mentals, physical general and particular symptoms of patient indicate a bowel Nosode.
- 2. When the well-chosen remedy does not act.
- 3. When the symptoms picture of patient is covered by many medicines but no one covers the whole.
- 4. On the basis of stool culture report of patient, the corresponding bowel Nosode can be prescribed.
- In chronic case, when the prescribed medicines have given only partial relief to patient but could not cure him completely, a BOWEL Nosode can be administered.
- 6. Paterson divided cases in 2 groups:
 - 1. New case : when pt. has not taken hom. treatment.
 - 2. Old case: Pt. under treatment, but not responding well.

COMPOSITION OF NORMAL BOWEL FLORA

- Human microbiota is comprised of bacteria, archaea, bacteriophage, a smaller number of yeasts, and some protozoa.
- A large no.of species of bacteria lives and grow in human intestine.
- The intestinal habitat of an individual contains 300-500 different species of bacteria and the no.microbial cells are present within the gut lumen is about 10 times greater than the no. of eukaryotic cells in the human body.
- About 1-2 kg of bacteria are present within the adult gut.

- The mucosal surface of the human GI-tract is about 300m2 and colonized by 10 13 - 10 14bacteria consisting of hundreds of different spices.
- Colonization of GI-tract of new born infant start immediately after birth and completes within a few days.

Microbial Type in large intestine:

- Lactobacilli
- Streptococci
- Bifidobacterial
- Clostridia
- Propionibacterium
- Eubacterium
- Bacteroides
- Fusobacterium
- Veillonella
- Staphylococcus
- Coliforms
- Bacillius sp
- Yeasts
- Spiral shaped microbes
- Actinobacillius
- Enterobacteriaceae
- Enterococci

MAIN FUNCTION OF BOWEL FLORA:

Metabolic, Trophic, Protective

HISTORICAL CONTRIBUTION OF DIFF. AUTHORS:

CSF. Hahnemann - the Father of Bacteriology

Louis Pasteur

Edward Bach - the Father of the bowel Nosode



BOWEL NOSODES

Sir Arbuthnot lane

C. E. Wheeler

Era of John Paterson (1890 - 1955)

Edward Bach (1886 - 1936)

HOW BOWEL NOSODESWORKS:

Are group of remedies essentially made from cultures of non-lactose fermenting flora of intestinal tract.

After the administration of the suitable Nosode, the curative process begins, the non-lactose fermenting bacteria begin to mutate to other group and ultimately disappear, these happenings occur simultaneously with the disappearance of the symptoms and the efflorescence the skin eruption with ultimate clearing and associated with a marked increase in the vitality of the patient.

The bacilli change with the patient. This mutation of the non-lactose fermenting bacteria back to normal coli has been demonstrated in the laboratory.

IMPORTANT BOWEL NOSODES:

B. Morgan (Bach)

Morgan pure (Paterson)

Morgan gartner (Paterson)

Dysntry.co (Bach)

B. Proteus (Bach)

Gartner (Bach)

Sycoti co (Paterson)

Bacillus No.7 (Paterson)

B. Mutabile (Bach)

B. Feacalis (Bach)

Bacillus No.10 (Paterson)

Cocalco



Akanshya Vyas 4th BHMS Student, PIHR, Parul University.

A NOTE ON BOWEL NOSODE

A nosode prepared from bowel flora i.e. microorganism of gut. Antonie Van Leeuwenhoek was first to describe these microorganisms as "animalcules". This bowel flora has three main functions such as metabolic, trophic and protective. Hahnemann, the father of bacteriology had published the article "The mode of propagation of Asiatic Cholera".

Dr. Edward Bachand his co-workers prepared vaccine autogenous vaccine from pure cultures of non lactose fermenting bacteria isolated from stool. After joining London Homoeopathic Hospital, he could appreciate the resemblance between vaccine therapy and homoeopathic treatment. Dishington's paper mentioned cases treated with Gaertner, Morgan, Mutabile and Proteus. John Paterson and his wife Elizabeth Paterson continued research for 33 years and published in the journal named, 'The Potentised Drug and its Action on the Bowel Flora'

Nomenclature:-

- 1. Bacillus Morgan(Bach)
 - I. Morgan pure (Paterson)
 - II. Morgan gaertener (Paterson)
- 2. Proteus(Bach)
- 3. Dysenteriae(Bach)
- 4. Gaertner(Bach)
- 5. Mutabile(Bach)
- 6. Faecalis(Bach)
- 7. Sycotic co. (Paterson)
- 8. Bacillus No. 7(Paterson)
- 9. Bacillus No. 10(Paterson)
- 10. Coccal co. (Paterson)

Dose, Potency and Repetition:

Dr. John Paterson observed that the selection of the nosodes depends on the following categories of the case:

New case

 Where the 'totality of the symptoms' point towards similimum, then not to give bowel nosode Where the totality of symptom point towards the similar drugs then one may use the list of medicines and the associated bowel nosode, to decide the first prescription.

2. Old case

Which has had potentised medicine within one month, it is advisable to use a nosode in 6c potency inthe first instance, in order to avoid any negative reaction.

Where there is outstanding mentals are elicited then go for 1M or higher potency. Cases with organic changes go for lower 6c potency. In combined acute and chronic cases, 30c potency may be selected.

Don't repeat until improvement becomes standstill. When there is administration of higher potency, not to repeat frequently.

Bacillus Morgan Pure

'Congestion' is keyword.Resemblance with Sulphur. Anxious about health; when alone. Hot patient. Desires butter, egg, salt, sweet, Intolerance to fatty rich food. Dryness of mouth; Corners of mouth are cracked. Good medicine for peptic ulcer. Diarrhoea in morning after eating. Itching of piles. Nails are brittle. Marked irritability during menopause.Bronchitis in winter.

Bacillus Morgan Gaertner

'Inflammation' is keyword. Resemblance with Lycopodium. Fear of company. A/F mental shock. Hot patient. Biting of nails. H/O recurrent tonsillitis. Irritability before menses. All complaints are aggravated during 4 to 8 p.m. right sided affection.

Proteus

'Brainstorm' is keyword. Resemblance with Natrum Muriaticum. Aversion to company. Suicidal tendency. Anger from contraindication. Consolation ameliorates. Chilly patient. Desire salt, butter, fatty food, egg. Aversion to berries, chocolate, onion, garlic, cucumber, pork. Hiccough and nausea after eating. Constipated bowel habits. Leucorrhoea before menses.



A NOTE ON BOWEL NOSODE

Dysenteriae

'Nervous tension' is keyword. Resemblance with Arsenicum Album. Suited to people with fair complexion. A/F embarrassment, anticipation. Stammering speech with excitement. Fear of being alone and of narrow spaces. Restlessness. Chilly Patient. Desires salts, milk, sweets, sugar and fatty food. Diarrhoea from taking fatty and sweet food. Headache with constipation. Distended abdomen. Diarrhoea in morning. Menses are irregular and painful. Crusty eruption.

Gaertner

'Malnutrition' is keyword. Resemblance with Merc. Viv., Phosphorus, Silicea. Suited to lean, thin, pale people. Fear of being alone; desire company. Restlessness when alone. Anxious when alone. Great sensitive towards all external impression, noise. Desire for pudding, porridge, oatmeal, sugar, milk, sweets. Aversion to bread, butter, fish and meat. Intolerance from fatty rich foods. Vomiting after taking sweet food. Ravenous appetite and emaciation. Leucorrhoea copious and foul smelling. Rheumatic pains are aggravated at night.

Mutabile

Main sphere of action is on urinary organs. Compare this drug with ferrum phos, kali sulph, pulsatila. Suited for cystitis with asthma. Skin complaints are alternated with asthma. Sallow coloured skin. Marked malnutrition.

Faecalis

This nosode has not much value in treatment, but Dr. John Paterson found the organism in the stool, the clinical symptoms led him to choose Sepia as the indicated remedy.

Sycotic co.

'Irritability mentally and physically' is keyword. Resemblance with Thuja. Irritability with nervousness. Anger from indignation. Fear of being alone, dogs and darkness. Fastidious. Dreams of deaths and dead bodies. Desires salt, sweets, butter, cheese, milk. Aversion to egg, tomato, meat, potatoes, tea, vegetables. Intolerance to fat, onion.

Nausea from smell of food. Nausea and vomiting after taking the egg. Diarrhoea in morning. Hairfalling; growth of hair on upperlip of the women. Perspiration during sleep. Splinter like pain in the rectum. During menses, there is pain in left ovary. Skin of feet are cracked. Restless feet at night. Skin of feet are cracked. Warts are flat. Asthma in warm wet weather.

Bacillus No. 7

'Extreme mental and physical fatigue' is a keyword. Resemblance with lodium. Suited to elderly and lean person. Marked mental fatigue. Chill patient. Faint on exertion. Copious perspiration. Profuse menses. Aversion to fatty food. Stiffness in the cervical region. Slow pulse. Joints painful and swollen. Aggravation in cold damp weather.

Bacillus No. 10

Main sphere of action is on locomotor and respiratory system. Compare this with AraliaRacemosa, Calc Phos, Kali Bi-Chromicum,Nat. Sulph, Sepia, Thuja. Irritability, anxiety and sadness. Suited to dark complexion as well as fair complexion. Desires fish, sweets, chocolates. Intolerance to fatty food and eggs and has complaint of nausea after taking it.

Coccal co

Lithigo Wilson had used this nosode in septic condition such as boils and found excellent result. John Paterson also used this in case of carbuncle in 30th potency and successfully treated the case. He also used this in case of recurrent boils and relates this drug to the Tuberculinum. He suggested using this remedy in 30C potency for three times a day in case of recurrent boils.



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PIHR EXTRACURRICULAR ACTIVITIES



Workshop-FMT-29/01/21



Expert lecture by Dr. Shaikh Iftekhar Ali -Obstetrics& Gynecology-4/2/21



visit of Dr R PPatel Museum 18/2/21 Repertory &MateriaMedica



Visit of NICU- 4th BHMS-PRACTICE OF MEDICINE



Visit of NICU- 3RD BHMS-Obstetrics& Gynecology-9/3/21



Dr.P.S.Mandal –EXPERT TALK— ORGANON-25/2/21



Dr.Amar Thakkar-EXPERT TALK-ORGANON-4/3/21



Dr.SandipJha-EXPERT TALK ORGANON-4/3/21



visit of Dr R P Patel Museum-18/2/21 -REPERTORY



HOM MATERIA MEDICA EXPERT LECTURE BY PROF DR CHITRA

PIHR EXTRACURRICULAR ACTIVITIES



12th January 2021
NATIONAL YOUTH DAY



REPUBLIC DAY 26 TH JAN 2021



WORLD LEPROSY DAY 30 TH JAN 2021



Sexual and Reproductive Health Awareness Day-12/2/21



VASANT PANCHMI-16/2/21



EDC Sensitization Campaign on healthcare innovation-3/2/21



Women's day CELEBRATION 8/3/21



BIRTH ANNIVERSARY-DR.J T KENT-31/3/21



WORLD ORAL
HEALTH DAY-20/3/21COMMUNITY MEDICINE

PIHR EXTRACURRICULAR ACTIVITIES



Camp on /world health day 7/4/21



World Kidney Day celebration



Winners of cricket team in Projection 21



Runners up winner team in foot ball



Case taking done by students in PIHRH college IPD



Hahnemanns Day
OATH TAKING 10/04/21

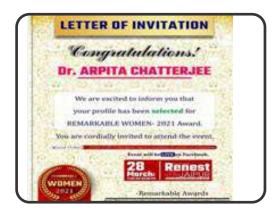
FACULTY AND STUDENTS ACHIEVEMENT



Felicitation of Dr. Arpita
on International Women's day
for social activities
in Covid pandemic.



Prof Dr. Hasina receiving letter of seed money for intramural research



Dr. Arpita Awarded as remarkable women



Prof Dr. Lipika receiving letter of seed money for intramural research



Prof Dr. Lipika receiving Leadership award on international woman day

Managing Editor : **Dr. B. P. Panda** (Prof./Principal)

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