

CERTIFICATE COURSE **IN** **FIRST AID MANAGEMENT WITH CPR**



BENEFICIARIES

Industrial Workers, Teachers and other working professional

ABOUT COURSE

First Aid Management with CPR certificate course designed for laymen to manage various emergencies at the workplace or at home.

COURSE BENEFITS

- Learning experience by a Certified trainer
- Hands-on experience in management
- Certification on successful completion of the course

COURSE OBJECTIVES

- Explain basic principles of first aid and law related to first aid.
- Describe various first aid techniques such as basic CPR, recovery position, top-to-toe assessment, hygiene, and hand washing.
- Identify common emergencies that require immediate attention and first aid.
- To preserve life, perform basic first aid techniques to deal with specific and common emergencies.
- Perform first aid measures such as dressings, bandages, and safe transportation.
- Prepare first aid kit for emergency

COURSE CONTENT

CPR Technique

• Basic CPR-Adult & baby/child	• Recovery position
• Securing open airway	• Initial top-to-toe assessment

First aid management of Common emergencies

• Chocking	• Stroke
• Foreign bodies in eye, ear, nose, or skin	• Bleeding
• Burns or Heatstroke	• Head, neck & spinal injuries
• Fever	• Injuries & fractures to bones, and muscles
• Poisoning	• Diarrhea
• Unconsciousness	• Food poisoning

Selected First Aid Techniques

• Dressing	• Transportation of patients
• Bandaging	

DEPARTMENT

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CONSULTANCY CENTRE

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